

JANUARY 2023

CHARLESTON CATHOLIC HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Fresh Fruit or Vegetables Offered Daily.
Cold Lunch Menu: Garden Salad, Chef Salad, Cheese Quesadilla, Chicken Quesadilla, Peanut Butter Sandwich, Peanut Butter and Jelly Sandwich, Ham Sandwich, and Turkey Sandwich

Menu subject to change due to availability.

	3 <u>Pepperoni or Cheese Pizza</u>	4 <u>Philly Cheese Sandwich</u> Tater Tots Green Beans	5 <u>Spaghetti & Meatballs</u> Roasted Vegetables Garlic Bread	6 <u>Chicken Tenders</u> Slaw Hash Browns
9 <u>Chili</u> Baked Potatoes Steamed Broccoli	10 <u>Chicken Parm Sandwich</u> Roasted Potatoes Corn	11 <u>Hamburger</u> Tater Tots Roasted Vegetables	12 <u>BBQ Baked Chicken</u> Loaded Mashed Potatoes Roasted Vegetables	13 <u>Baked Fish Tenders</u> Steak Fries Roasted Vegetables
16 <u>Martin Luther King Jr Holiday</u> <u>No School</u>	17 <u>E-Day For Students</u> Professional Development for Teachers	18 <u>Chicken Stir Fry</u> Rice Vegetable Egg Rolls	19 <u>Pork BBQ Sandwich</u> Cole Slaw French Fries	20 <u>Corn Dogs</u> Mac & Cheese Green Beans
23 <u>Tomato Soup</u> Grilled Cheese Roasted Vegetables	24 <u>Pinto Beans</u> Corn Bread Fried Cabbage	25 <u>Salisbury Steak</u> Mashed Potatoes Green Beans	26 <u>Spicy Chicken Sandwich</u> Roasted Potatoes Glazed Carrots	27 <u>Swedish Meatballs</u> Buttered Noodles Sweet Peas
30 <u>Pepperoni or Cheese Pizza</u>	31 <u>Chicken Enchilada</u> Spanish Rice Corn Black Beans			