

October 3, 2016



INSIDE CHARLESTON CATHOLIC HIGH SCHOOL

Teaching character, compassion, and confidence to the youth of West Virginia for over 90 years

Dear parents and students:

Last week during Homecoming week, our students participated in numerous fun activities. They had the opportunity to dress down every day of the week- a rarity at Charleston Catholic. They participated in door decorating, lunch contests, costume parades, and a high school pep rally. One of the highlights of the week, in my opinion, was the high school Walk for Adele on Thursday afternoon. Of course, the day we planned to take 200 high school students on a walk along the boulevard was the first rainy day in almost a month!

So, we spent the morning anxiously watching hourly weather predictions and radars of the precipitation and made the decision around lunchtime that, despite the downpours and thunder, the weather would cooperate from 1:00 until 2:30 when we would be outside, and we would walk. Luckily around 1:15, when we headed out the doors, the sky began to clear and by the time we were about a block into our walk, there were patches of blue sky and glimpses of sunshine.

The annual event is a wonderful way for the high school to enjoy some time together and to remember Adele Bobinger, a member of the Charleston Catholic Class of 2002. Adele fought a life long battle with cystic fibrosis but did not let the disease define her. After her graduation from Charleston Catholic, Adele attended the University of Charleston and then worked as a staff member at Charleston Catholic. Adele died in 2010 after complications from surgery, but she left a permanent mark on the Charleston Catholic community. Each year after our final mass of the year, a scholarship in Adele's name and supported by Adele's family is presented to a rising senior who embodies some of Adele's beautiful personal characteristics- enthusiasm for Charleston Catholic, positive energy and an optimistic outlook, and endless compassion for others.

There was no doubt that Adele was smiling down on us and encouraging our optimism and positive outlook. May we carry her spirit with us each day.

Warmly,

Colleen Hoyer

CONDOLENCES – We express our sympathy to a number of our students and their families who have lost loved ones recently. May the souls of the departed rest in peace: sixth grade teacher Ali Shultz's grandmother, Georgia Mincer's paternal grandmother, Parker Bragg's great grandmother, and Shreyes Jogenpally's paternal grandfather. Please keep these families in your thoughts and prayers.

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ACADEMIC UPDATES

NATIONAL MERIT SCHOLARSHIP NEWS – Congratulations to seniors Kayce Boggess, R.E. Hamrick, Catherine Herlihy, Georgia Payne, Kathryn Wantlin, and Andrew Willis, who have been named National Merit Semifinalists by the College Board. More than 1.6 million juniors in 22,000 high schools across the country entered the 2016 National Merit Scholarship Program by taking the PSAT in October 2015. This honor is bestowed upon less than one percent of U.S. high school seniors! These seniors have the opportunity to continue in the competition for the National Merit Scholarships worth approximately \$33 million that will be offered next spring. We wish Kayce, R.E., Catherine, Georgia, Kathryn, and Andrew success as they continue in the next phase of the scholarship competition.

FIRST QUARTER PROGRESS REPORTS – As hard as it is to believe, Friday, September 23, marked the mid-way point of the first quarter, so the October 2 email contained the halfway point “progress report.” Please review this information with your children. Teachers have also distributed grade sheets to their students, detailing student information on homework, labs, quizzes, tests, etc. Please ask your children to see this information. As you review your children’s progress reports, take time to help them focus on their successes and analyze areas of difficulty. Help them find balance in their lives, so they can manage academics, athletics and other extracurricular interests, social and religious activities, and family. Help them determine their “personal best.” There is plenty of time to make adjustments. Keep in mind, too, that students’ **cumulative averages are based on semester, not quarter, grades.**

RENWEB UPDATES- Efforts have been made over the last year to make RenWeb our “one stop shop.” If you have forgotten your login information, email Mr. Hoffmann at admin@charlestoncatholic-crw.org, and he can help. Teachers post dates of tests, quizzes, and projects in the Lesson Plans section of RenWeb. You can access the information multiple ways: 1) Login to ParentsWeb and choose Classes under School Information. Click on a specific class and then choose the Lesson Plan tab to see the dates for each class. 2) Choose Student Home or Lesson Plans under Student Information and the week’s due dates are visible. Assignments for each week should be posted by 8 a.m. Monday morning. Your email information must be updated in the system in order to receive weekly progress reports.

ADDRESS CHANGES -- If there are mistakes on address labels or if you have moved, please log in to ParentsWeb through RenWeb and update your address information by choosing WebForms under School Information. Address information is located in the family demographic form.

ASSESSMENT OF CATECHESIS/RELIGIOUS EDUCATION (ACRE) – is a nationally-normed test that helps school, parish, and diocesan leaders evaluate the faith knowledge and attitudes of students in our Catholic schools. The test, administered annually to eighth graders and juniors, measures religious knowledge related to God, the Church, Liturgy and Sacraments, Revelation, Life in Christ, Church History, Prayer/Religious Practices and Catholic Faith Literacy. Our CCHS students, regardless of faith tradition, again performed impressively. A tremendous 84.5% of our juniors scored at the Advanced or Proficient level in all domains. Similarly, 80% of our eighth graders scored at the Advanced or Proficient levels in all domains. Bravo!



STUDY SKILLS THAT MAY HELP YOUR CHILDREN STRENGTHEN THEIR GRADES – As we enter the second half of the first quarter, here are a few helpful tips of little things that can make a big difference! Please work with your children to make sure they’re doing all they can (and should!) be doing.

- 1) Student should read the sections of the chapter BEFORE it is taught in class. By doing so, they develop mental hooks to hang information on during class presentations. Students sometimes consider reading assignments unnecessary- this couldn’t be further from the truth!
- 2) Students should turn in ALL assignments. Oftentimes they haven’t written them down in their assignment books so they completely forget they have them and fail to turn them in.
- 3) Students should take good notes in class. In many cases, they write down the outline a teacher has written on the board, but they don’t fill it in with additional information that has been discussed or presented. Their notes should be meaningful to them and often need to be much more detailed than the teacher’s general outline.

- 4) Students should review their notes before tests and quizzes. Similarly, they should use corrected past quizzes and tests as resources to review so that missed material is learned.
- 5) Studying is an active process. Staring at a textbook or notebook will not help students learn information. Try highlighting, making flash cards, creating graphic organizers, or writing and taking practice tests with the information.
- 6) Students must ask their teachers for help. If your child doesn't ask questions in class, then teachers will not know if or why the child is having problems.

HIGH EXPECTATIONS FOR OUR STUDENTS – are a given. They are an impressive group of young people, and we are proud of their many accomplishments. We encourage our students to achieve their personal best academically, personally, and extra-curricularly. We have clear expectations for students and their behavior. Students and parents should not be surprised when school administrators, teachers, and coaches make decisions from time to time to rule students ineligible to participate in extracurricular activities, athletic practices and contests, off-campus lunch, etc. based on students' behavior. Administrators will notify and work with students and their parents when such incidents occur and will set expectations needed to regain these privileges. Our goal is to help guide our students as they grow and learn how to make good decisions and be the best people they can be.

UPCOMING EVENTS

BUILDING ON EXCELLENCE- Please consider a gift to our Building on Excellence campaign to support our fourth floor addition, the Krupa Annex. There are several ways you can get involved.

- 1.) Receptions are scheduled on Sunday, October 16, and Sunday, November 6, from 6- 7:30 p.m. to help you learn more about the project. Watch your mail for an invitation or email Simone Thomas at simone.thomas@charlestoncatholic-crw.org for more information.
- 2.) Purchase a keepsake Blenko glass brick etched with Charleston Catholic and customizable with graduation year. Samples are available in the school office. Ordering information is available on the school website and has been mailed.
- 3.) Pledges and payments can be made through the school website. Click on the Building on Excellence tab.



JUNIOR CLASS FUNDRAISER-- The juniors are teaming up with Joe Corbi's this year as our vendor for fundraising. It is a one stop shop with items varying from pizza to pumpkin rolls to cheesecake. These items are great for afternoon snacks, football Sundays, and your holiday table. Additionally, they will also be selling pepperoni rolls from Marty's Italian Bakery. The juniors will be taking pre-paid orders during October to support the 2017 prom. All juniors will have order forms and they would appreciate your support. Items can also be ordered through the school office.

PARENT-TEACHER CONFERENCES -- Parent conferences for all grades are scheduled for **Thursday, November 3**, from 8 a.m. to noon; 1 to 5 p.m.; and 6 to 9 p.m. There will be no school for students on this day. Please call the office beginning **Wednesday, October 19**, to schedule appointments for students in all grades. First quarter report cards will be mailed Friday, October 28, but please call before that time to ensure that you will be able to schedule conferences.

Specific organizational details will be posted on the CCHS website on Wednesday, October 19. Parents will meet with middle school teachers for 5 minutes and with high school teachers for 10 minutes. **PLEASE BE ON TIME AND BE CONSIDERATE OF PARENTS WAITING FOR THEIR DESIGNATED APPOINTMENTS.** Know that serious problems cannot be dealt with in five or ten minutes! Please feel free to call individual teachers at school and talk to them on the phone if you cannot meet with them on November 3, or if you need to talk with them at length.

Teachers will begin conferences by asking you what you would like to know about your child. Therefore, before your conference, it might be wise to take time to jot down a few questions. Do you want to know how your child is getting along socially? Do you want to know if work is being turned in? Do you have questions about grades or comments on the report card? Remember, it's your five or ten minutes, and you need to spend your time learning answers to your questions!

MIDDLE SCHOOL UPDATES

HOMEWORK CLINIC- Middle school science teacher Toni Erby offers this structured, teacher-supervised time dedicated to distraction-free homework completion and study. The clinic meets in Mrs. Erby's room on Monday, Tuesday, Wednesday, and Thursday afternoons from 3-4 p.m. At 4 p.m., Mrs. Erby will walk the students to the Leon Sullivan door for pick-up. The cost is \$10/ session. Students are encouraged to bring a snack.

MIDDLE SCHOOL ACTIVITIES -- Separate social activities for 6th graders and for 7th/8th graders are scheduled periodically throughout the year. These valuable opportunities enable middle schoolers to relax and enjoy time with their peers in a safe, supervised setting. How generous of the teachers to volunteer extra time to plan and conduct these activities with our students! For everyone's well-being, **it is important that students be picked up on time.** If a student needs to leave an event held at CCHS earlier than the designated ending time, a parent must send a note and a teacher will escort the child to the Virginia Street entrance. When an activity in the Commons is over, students will leave through the Virginia Street doors only and may be picked up there. For events held at other facilities (e.g., bowling), parents need to arrive on time also and, if picking up a student early, must enter the facility and inform a teacher before taking a child.



FROM THE SCHOOL OFFICE

FORGOTTEN HOMEWORK?—While you are welcome to bring assignments that your children may have forgotten to the school office, the office staff will not deliver these items to students or interrupt class to call students to the office. Students may come to the office to retrieve items that they are expecting between classes, at lunch, or at break.

DEPARTMENT OF AGRICULTURE ANNOUNCEMENT – The Department of Agriculture visited the school earlier this month to monitor our compliance with laws related to pesticide use in schools. As a result of the visit, you will find in this mailing a request for notification for you to complete if you would like to be notified if certain pesticides are used in the building. Notification would occur in the case of Level 3 and Level 4 pesticides which are outlined on the notification request. At this point, we have no need to use such pesticides. Please complete and return the enclosed form if you would like to be notified.

TELEPHONE MESSAGES -- Because of the number of students enrolled and the limitations on office staff and telephone lines, **we strongly urge parents to make arrangements with their students regarding transportation, appointments, etc. before students leave home.** If you must leave a message for your child, call the office. The names of students who have messages are announced at the end of each school day. Please remember that students' cell phones are required to be turned off during the school day. They should not be checking phones- even to get messages from you- between the hours of 7:45 and 2:45!

APPOINTMENTS -- We strongly encourage you to make doctor's appointments after the school day so that students do not miss valuable instructional time. However, we know that this is not always possible. If your child must leave school for an appointment during the school day, **PLEASE SEND A NOTE** with your child in the morning. The student should come to the office before 8 a.m. to get an appointment slip from the office enabling him/her to leave class at the specified time. He/she will check out in the school office and will sign in upon returning from the appointment.

WANT YOUR PHOTOS IN THE YEARBOOK? - So do we! Students, parents, and teachers can contribute content to the yearbook staff by uploading photos directly to our website for potential use in the book. You can share photos of sporting events, performances, school & community events, or shots of you and your friends our staff photographers might have missed. Start sharing today! **Share images directly from your phone by downloading the FREE hjeShare app using school code cchs2017,**
OR:

- 1) Go to www.hjeshare.com
- 2) Enter the school code: cchs2017
- 3) Locate the picture (file) you want to upload. You can Ctrl+click to upload as many as 10 photos at a time.
- 4) Click Open.
- 5) Click each thumbnail to select and enter any relevant information about the images.
- 6) Click Submit Image Information when you are done.

Be sure to share photos as soon as possible so that our staff can integrate them prior to their quarterly deadlines!

LUNCH TIME DRIVING – High school students have less than 40 minutes for lunch. In addition to the CCHS lunch program which serves reasonably priced, tasty meals, there are a number of eateries within walking distance of school. Quite a few parents refuse to allow their children to drive at lunch time. Something to consider.

STUDENT DRIVERS – Please encourage your student drivers to be responsible, safe drivers. Talk to them about wearing seatbelts, not reclining seatbacks, speeding in general, speeding down the street in front of the school, pulling out of parking lots too quickly, ignoring pedestrians, changing lanes abruptly, speeding through yellow lights, texting or talking on cell phones while driving, fiddling with music, and so on. Tragedies happen in an instant. If you see our students engaged in inappropriate or reckless driving behavior during the school day or en route to a school activity, please note the license plate and make of car and notify Mr. Villers. Otherwise, if you recognize an unsafe student driver, parents would appreciate knowing this information from you.

VIRTUS – Be sure you're on board to help! All parents or other adults who volunteer, coach, drive students, chaperone, etc., are required by the Diocese to complete the diocesan sexual abuse awareness training before being allowed to work with our students. Training is available online or at sessions periodically scheduled. To begin, visit the VirtusOnline.org and choose the online option. Allow 1- 1½ hours to complete the program. Print out the certificate of completion and submit it to Mr. Villers. It is still necessary to complete the background check and sexual abuse awareness statement which can be done by clicking on the link at the school website at www.charlestoncatholic-crw.org. If you have questions, please call Mr. Villers.

PROOF OF ENROLLMENT FORMS -- for drivers' licenses and permits may be requested in the school office using the CCHS request form. It will take two school days for the forms to be completed by office staff.

SCHOOL COMMUNICATION – A wealth of information is at your fingertips on the school website- from the school newsletter to athletic events to the school calendar! Take some time to become familiar with all the latest features on the school's website --www.charlestoncatholic-crw.org. Additionally, please be sure you follow CCHS news on Twitter for important announcements from the school office. **Text "follow cchsnews" to 40404 and you will receive all cchsnews tweets** as text messages. It's easy to stay informed!

IF YOUR LAST NAME IS DIFFERENT FROM YOUR CHILD'S NAME – please put the child's full name on all checks issued to CCHS and to any correspondence sent to the school.

NOTES FROM THE ACADEMIC ADVISOR

- 1.) SAT and ACT testing and registration information is available online at --www.collegeboard.org and www.act.org (CCHS code: 490-205). All juniors should take each test at least once this year. All seniors should retake the tests before January if they would like to do better before applying to college.
- 2.) Wednesday, October 19 – sophomores and juniors will take the PSAT (an SAT-predictor test as well as a qualifier for National Merit Scholarship for juniors only), and 8th and 9th graders will take the PSAT 8/9 (a version of this test designed specifically for this age group).
- 3.) The COLLEGE FAIR is scheduled at the Civic Center on Tuesday, October 4. With parent permission, juniors will walk to and from the fair with Mrs. Vollmer and Mrs. Thomas. Permission slips were distributed in English class.
- 4.) Junior and senior parents – if you have not been receiving Mrs. Vollmer's updates about college visits, scholarships, etc., please email her at shannon.vollmer@charlestoncatholic-crw.org to be added to her list.
- 5.) Lunchtime College Counseling Sessions -- Throughout the month of October, Mrs. Vollmer will be available to work with seniors and answer all college counseling questions during lunch in the computer lab. Students can come work on

applications, essays, practice interviews, etc. Listen to the announcements and check your email for specific dates, or stop by her office to schedule a session.

NOTES FROM THE PARENT VOLUNTEER ASSOCIATION (PVA)

All volunteers must be 100% VIRTUS compliant.

1) **PVA Polos and Fleece** - Order forms for CCHS logo jackets (including the heavier weight grey jacket and also a lighter weight black jacket, both in full zip and quarter zip), white uniform polo shirts, and green athletic/academic competition polo shirts are available on the CCHS website. For questions, please contact Samantha McCarty (samccarty6@gmail.com or 304-964-2296) for jackets, Christi Preston (304-550-0239) for green polos, and Marsha Hoyer (304-552-8065) for white polos. OFFICIAL UNIFORM POLOS MUST BE PURCHASED THROUGH PVA. Please note that high school students who are members of athletic teams and academic competition teams are permitted to wear an official CCHS kelly green polo shirt to school on designated dates – normally home games and post-season games designated by the principal.

2) **CAFETERIA VOLUNTEERS** – Many thanks to those of you who have already volunteered to help in the cafeteria. A complete schedule for October 2016 through January 2017 has been distributed. If you have not received a schedule or have not yet volunteered but would like to be placed on the schedule during the second semester, please contact Kim Javins (kim.javins@suddenlink.net or 304-549-3939).

3) **Parent involvement** is critical for the successful operation of the CCHS athletic program. Helping transport students to games and practices, working gates, being supportive of the players and coaches, attending games, and participating in the team lunch program are just a few ways that parents help. EVERY parent of an athlete is needed to support the teams! Each sport is allocated one team lunch and guidelines and dates for these lunches will be distributed to parents at the beginning of each season, once team rosters have been established.

4) **Athletic family passes** are available through the PVA. These passes are good for immediate family members only (not cousins, in-laws, ex-in-laws, grandparents, fiancées, etc.) to attend CCHS home games. The passes do not cover away games, tournaments played at home, homecoming games, or any SSAC tournaments. Cost is \$150 for all home middle school games only, \$175 for all home high school games only, and \$200 for all home games (both levels). A \$100 student or senior citizen pass for all home games is also available. An order form for sports passes is also in the PVA Parent Registration Packet so you may order them later in the semester. Please contact Lynn Brookshire at 304-541-4649 if you have questions about these passes.

5) **PVA packets** including volunteer forms and all ordering forms for logo jackets, white polos, and green polos are available on the school website (www.charlestoncatholic-crw.org). Completed forms will be accepted throughout the school year. Please drop off in the school office.



1. Continuing our long-standing relationship with the people of Clay County, Charleston Catholic will help those affected by the floods through a winter boot drive later this fall. We have the shoe sizes of nearly 400 children who need boots. In the coming weeks we will share that information with our CCHS community and collect boots that will be matched with the child who needs them.
2. Labor 4 Neighbors (L4N) is an annual service project to winterize homes in southeastern Kanawha County, coordinated by Good Shepherd parish in Coalburg. This year L4N will be Sunday, October 16. Middle school and high school students from all over the Charleston Vicariate perform the service, attend mass and have dinner around a campfire. Parent volunteers are needed too! For more information on how to join, contact Ms. Linehan at m.linehan.cchs@gmail.com.
3. The CCHS Annual Woodcutting day to Big Laurel in Mingo County will be Veteran's Day, Friday, November 11. This is an opportunity for juniors and seniors. Look for more information in the coming weeks.
4. TEC (Teens Encounter Christ) is a Catholic retreat experience designed for high school juniors and seniors as well as freshmen in college. At TEC the retreatant will experience a new environment in which to learn and grow and will find time to reflect on life, relationships with others and relationship with God. The next TEC Retreat in our region will be November 19-21 at St. Anthony's Church in Charleston. For more information, see Ms. Linehan, Mrs. O'Leary or a Theology teacher.

5. There will be a N.E.T. Retreat on Sunday, October 23, at Our Lady of Fatima in Huntington. N.E.T. is a traveling youth ministry group who leads retreats across the country. For more information, see Ms. Linehan.
6. The Diocesan Middle & High School Rally will be February 12, 2017, from 9 am until 4 pm at St. John XXIII Pastoral Center in Charleston. The cost is \$20 per student and \$10 per adult which includes lunch. Cathy and Joe Savilla will be the keynote speakers. Students interested in attending should see Ms. Linehan.
7. Interested CCHS students can apply to join the Diocesan Youth Board. Catholic youth representing different geographical regions of the Diocese (State) will comprise the Diocesan Youth Board. Candidates for Youth Board membership should demonstrate: 1. parish or high school leadership ability; 2. responsibility and dedication as evidenced by follow-through on commitments; 3. ability to fulfill the time commitment involved; 4. recognition of responsibilities as a representative for their area/schools. The primary responsibility of each Board member is to attend all meetings and the Senior High Conference, held in Huttonsville, WV, along with four Confirmation Retreats in locations around the state. For more information on joining the Youth Board, please see Ms. Linehan.

COMMUNITY SERVICE AND GIVING

BOXTOPS FOR EDUCATION AND SERVICE TO OTHERS!-- Charleston Catholic High School is now collecting the pink Box Tops for Education that can be found on many different products. The sixth grade Theology classes will be coordinating the program, but we need the help of everyone in the school community to make the program a success! Our goal is to use the money raised through the Box Tops to help local nonprofit agencies that the students will be learning about in Theology class. Box tops don't have to be trimmed neatly - simply tear them off and stick them in an envelope or sandwich bag. We just ask that you check to make sure the date on the Box Top hasn't expired yet.

CLAY COUNTY CHRISTMAS PROJECT— We will continue our long-term (almost 30 years!) relationship with the families of Clay County through our Christmas Party again this year. Each year approximately 500 children and their families are served through this project which highlights the bond between families in Clay County and the CCHS/ SHGS community. Our summer HOPE project to make houses warmer, drier, and safer has focused on Clay County for the past twelve years, further strengthening our commitment to the residents there. Parents and businesses willing to donate goods or funds should contact the school office -- cash donations are needed to assist with extra stocking stuffers, a special something extra for the food boxes, and miscellaneous needs. The entire school is involved in the project: getting stockings, providing stocking stuffers and gifts for specific children, stuffing stockings, bagging gifts by family, loading trucks, and on and on. The party will take place in Clay County on Saturday, December 3. Two groups of seniors actually go to the party: 1) morning helpers -- truck unloaders and organizers (who leave CCHS around 7 a.m. and then return midmorning to CCHS); 2) day-long helpers -- seniors who represent a variety of clubs and have specific tasks to perform. We'd like to take more students but the church facility in Maysel is very small. The timetable for the Clay County Christmas Project is:



- 1) **Friday, November 18 - \$2 jeans day** - to raise money for photo paper and ink -- each Clay County child gets his/her picture taken with Santa during our party!
- 2) **Tuesday, November 22 (at the latest)**- Students will receive the name and other information about their Clay County children. Students are asked to purchase a \$35 gift. Please do not exceed the \$35 limit. Try to hit right at the mark! It is very difficult on families when children within the same family do not receive "equitable" gifts. If a CCHS student is unable to participate in this aspect of the Clay County Christmas Project, please alert Mrs. Meredith Aubel, Director of Student Support. Parents wishing to help with gifts for additional children are encouraged to inquire in the office.
- 3) **Tuesday, November 22** - Stockings and stocking stuffers are due to theology teachers. We try to fill 500 stockings, so we count on each student to bring in the requested items. Each student needs to bring a 12-14 inch stocking (about \$2 from K-Mart) along with their grade level's stocking stuffer assignment. The dollar store is a great resource for these items. We are providing this information now so you can keep an eye out for bargains!

Each 6th, 7th, and 8th grader: One 12 to 14 inch stocking to be filled, 3 small boxes of crayons (8 or 16 count), 3 thin coloring books, 3 mechanical pencils, 2 chapsticks and 1 pair of stretchy gloves-one size fits all.

Each high school student: One 12 to 14 inch stocking to be filled, 3 hairbrushes, 3 tubes of toothpaste, 3 toothbrushes individually packaged, 1 chapstick and 2 pairs of stretchy gloves-one size fits all. EXTRA ITEMS ARE ALWAYS WELCOME!

4) **Tuesday, November 29-** Food items are due -- Each homeroom will be preparing food boxes. Each student will be asked to provide specific food items. The majority of the food boxes are being provided by Sacred Heart Grade School children. CCHS students help fill the remainder of the boxes required by the number of families participating. Students will sign up for food items in their homerooms.

5) **Wednesday, November 30** - Wrapped gifts are due with the family number and Clay County child's name securely taped on the front.

6) **Various dates** -- Our student activity groups, service clubs, and other student groups are also participating by donating cookies, candy canes, etc. These students will receive specific information from their sponsors.

Thank you for your generosity to the children of Clay County!

SUPPORT CCHS AS YOU SHOP— It is always possible (and easy) to support CCHS when you shop.

- 1.) The **Kroger Community Rewards is a simple but beneficial program.** Accounts must be updated each school year. Please check your account and re-enroll for this school year. To update your card, go to www.krogercommunityrewards.com and use the Charleston Catholic organization number **83696**. Be sure you have your Kroger Plus card available when you register. Kroger Plus Cards are available at the Customer Service desk at any Kroger. To participate in the program, just register your **Kroger Plus Shopper's Card (as outlined above)**, use the card when you checkout, and Charleston Catholic will receive a check from Kroger on a quarterly basis.
- 2.) When you shop at Amazon.com, the AmazonSmile program will donate 0.5% of your purchases to CCHS when you log in to your Amazon account using the address <http://smile.amazon.com/ch/55-0630688> (or by clicking on the link on the School Home section of RenWeb) to enroll in the program.

HOPE 2016 RECAP – During the week of June 12-18, 2016, Charleston Catholic students, teachers, and alumni helped make the homes of **eleven** Clay County low-income families warmer, safer and drier. Participating from Charleston Catholic were 26 junior and senior class members, 9 college-age alumni, and 22 older adults. In addition, 3 other adults assisted with daily construction supply deliveries and debris removal. Families were selected after home visits during the winter months. Applications were distributed through the Clay County office of the Department of Health and Human Services, Central WV Aging Services, and the food pantry at the Church of the Risen Lord in Maysel, WV. This year, the 12th of HOPE, 36 applications were received. Repairs made at the houses include:

- A complete reconstruction of a house exterior: new metal roof installed, new footers and piers constructed around the house perimeter, 8 new windows and 2 new entrance doors installed, new siding installed, an entrance deck built, dirt access road graveled.
- A complete reconstruction of a roof over a mobile home and its room additions with new metal roofing installed, 10 windows replaced, siding on the room additions replaced.
- Replacement of most windows at 5 additional mobile homes and houses.
- 3 mobile home roof coats.
- Construction of handicap accessible ramps at 3 houses.
- Floor replacement and repair at 4 mobile homes.
- A bathroom renovated with a repaired floor and a new commode and sink installed.
- Installation of a new wood burner vent pipe system at 1 house.

A total of 61 windows were either newly installed or replaced at 7 houses and mobile homes. We installed single hung vinyl windows with trim which make a significant difference in making the homes warmer in the winter and cooler in the summer, while also reducing energy bills in the process.

All repairs, totaling over **\$36,000**, were made at no cost to the families. All labor was donated. Funds for the building materials were provided by donations from members of the Charleston Catholic community, four different grants, and direct fundraisers by student participants.

We thank the following folks for helping make HOPE 2016 possible: Jim Weimer - construction plans and supervision; Bill Mehle- project coordination; Work Team leaders: Nick Casey, Fred Armstrong, Sarah Joseck, Jeff Joseck, Jonathan Santmyer, Andrew Neff, Mike Sokolosky, Dave Russo, Mackenzie Helmick, David Zekan, Tommy Buscher, Emily Sokolosky, David DePasquale, Todd Witsberger, Sam Umstot, Greg Hoyer, Richard Umstot, Hannah Gallian, Adam Buscher, Mike Covelli, Todd DePond, Haley Santmyer, Jordan Covelli, Joe Ward, Molly Linehan, Garner Marks, Tara Garvin, Paul

Sheridan, Margaret Santmyer, Casey Garvin, Emma Umstot; Diana Mehle, and Emily Neff for supplies delivery; Rick Aguilar for his dump truck runs; and Melinda Isaacs, Clay County High School Principal, for the use of the high school as a HOPE center for the week.

Plans are underway for HOPE 2017. Once again we will count on the generosity of the Charleston Catholic community to help several of our Clay County neighbors make their homes warmer, safer, and drier.

ATHLETIC UPDATES

PARTICIPATION IN SCHOOL SPORTS – To participate in athletic events, students must be in school for the full school day on the day of the scheduled activity. If a student is late or absent for any part of the day on a game day, that student is not permitted to play that day. This “full day” policy includes leaving school for appointments, so students need to avoid scheduling appointments during the school day. Students are also expected to be on time each morning following an athletic event. Students who have long standing medical appointments, family funerals to attend, or other similar instances may be excused at the discretion of Mr. Villers. Although suspensions are rare at CCHS, when a student is suspended at school, that student is also suspended from athletic practices, games, etc. for the FULL DAY on the day(s) suspended (i.e., if a student is suspended for a Tuesday, the suspension includes involvement in any school activities -- sports, social, etc. -- for Tuesday evening also). In addition, if a student is suspended for a Friday, the suspension holds for Friday evening but does not continue for Saturday unless the student is also suspended for Monday.



SPORTSMANSHIP AT CCHS – With almost 100% of CCHS students involved in extracurricular activities, athletics play a role in the lives of many of our families. The success of our program leads to increased attention on our athletes, coaches, and families. We must consistently uphold the Charleston Catholic High School values of scholarship, integrity, respect, and community in representing CCHS. While it is easy to get swept up in the emotion of the moment, our athletes, coaches, parents, and fans should demonstrate those values at all times. People judge our school by viewing the behavior of those who represent it most visibly. Charleston Catholic is committed to ensuring that sportsmanship is always a part of our athletic programs. We will require participation in the National Federation of State High School Association’s sportsmanship course in the event that a student athlete, student, parent, or fan is ejected from a contest by an official of the sport. The course must be completed for further participation or admittance to athletic contests. In addition, the person ejected from a game must sit out 10% or more of the total number of regular season games (e.g., 2 soccer/basketball, 3 baseball/softball, etc.) following the ejection. For more information about the NFHS course, which gives a better understanding of sportsmanship and how it impacts the educational process, go to www.mfhslearn.com. Please talk to Lee Bradley for additional information.

SPORTS-RELATED CONCUSSIONS – Several years ago, we began participating in ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing), a program used to track sports-related or other head injuries, including concussions. ImPACT uses a computerized system to determine a baseline for each individual, which can then be used by health care professionals to evaluate a person after an injury. Many students found the test “fun” because it tested memory, coordination, and reaction time and have compared it to a puzzle. Sixth graders and those new to the school this year will be taking ImPACT in the coming weeks. Please look for permission slips to come home soon. In the event of a head injury to your child (in sports or otherwise), please call the school to inform us and to request a post-injury assessment. Jason Villers will administer a computerized follow up test and will provide a report to you which will compare the baseline reactions to the reactions following the injury. The information in the report can be used by you and your doctor to help determine severity of the injury.

TRAVEL—Students may not drive to school events, such as field trips or “away” athletic events, taking place at locations other than Charleston Catholic facilities or other designated “home” locations. Students must ride to and from the event with adults (age 21 or older) who have met the Diocesan requirements for field trip drivers.

ADVERTISING OPPORTUNITY – Add your business to The Wall in the competition gym at the CCHS Athletic Facility. We already have several advertising banners on display. If you’re interested in adding your business or well wishes to the wall,

3 foot by 6 foot customizable banners are available. What a great way to reach out to the Charleston Catholic community! To learn more and order a banner for your business, contact Kathy Crain at (304)541-4182.

HANDBOOK REMINDERS

UNIFORM UPDATE – Uniform shorts will be permitted until October 15.

REMINDER: CELL PHONES, IPODS, SMARTWATCHES, AND OTHER TECHNOLOGY -- Students who are texting, checking messages, playing with, or otherwise handling cell phones or other electronics while entering the building, in the classroom, or in any location within the building between 7:45 a.m. and 2:45 p.m. will have these items confiscated (even if they are checking messages from their parents/guardians). Our policy states: **“Electronic devices must be out of sight and disabled upon entering the school building at 7:45 until the end of the day at 2:45.”** Students must disconnect from the virtual world and connect to what is going on in the classroom. If the electronic device is confiscated, the item will be returned after school to the parent/guardian of the student (**not** to the student) owning the item. A **\$25 fee** will be assessed for each additional infraction. Students who need to use the phone during the school day are welcome to use the phone in the office.

CONGRATULATIONS

-to Mrs. Arnold, Mr. Jones and the high school Quiz Bowl team for their recognition by the National History Bee and Bowl for their consistent support and participation.

MANY THANKS

- to PVA volunteers whose dedication makes the start of the year go so smoothly- from working registration tables to providing a terrific lunch for teachers on the first day of school to coordinating the Back to School night reception of lemonade and cookies with the sixth grade parents. We couldn't do it without you!
- to Dr. Billy Joe Peyton for spending an afternoon with our 8th graders sharing the history of Charleston with them and to Ken Sullivan and the West Virginia Humanities Council for hosting the 8th graders' visit, complete with a tour of the McFarland-Hubbard house and a treat of cookies and lemonade!
- to the parent drivers who transported seniors home from their retreat in early September and freshmen back to school from Ninth Grade Outdoor Day at Camp Virgil Tate.
- to Bert Fredeking and Krista Black for volunteering time to help clean library books of the dust created from our construction work this summer.
- to parents Tom Bloch, Matt Hayes, Amy Monday, Susie Murad, and Mark Strickland and faculty Mikey Dorsey, Molly Linehan, Josh Shindle, and Jason Villers for accompanying the seventh graders to Camp Magis in Huttonsville for the three day camp experience. Their sense of adventure helped make camp a super experience for the students!
- to our fall coaches for their commitment to our student athletes, offering opportunities to grow in athletic skill and teamwork.
- to Daniel Pickens, of the West Virginia Alcohol Beverage Control Administration for providing the “impaired driving” simulator and to the 9th grade teachers for their planning and participation in the 9th grade outdoor education day. What a great (though hot) day!
- to Dr. Surendra Verma for sharing his perspectives on the Hindu Tradition with the seniors in Theology class. Additional thanks to Dr. Verma for his donation of science books to our school library.
- to the India Center Community and the Meditation Circle of Charleston for welcoming members of the senior class to their services.

CALENDAR

FAMILY TRIPS, APPOINTMENTS, ETC. -- Please avoid taking students out of school for vacations, family trips, appointments, etc. If students miss school for any reason (including illness), it is their responsibility to find out what they missed. The policies for making up work are included in the Parent-Student Handbook. If your child is

ill or will miss school for any reason, please notify the school office by 8:30 a.m. In addition, at the end of the semester students will have to stay after school to make up any time missed during excessive absences/tardies.

Please use this calendar in your planning. Please remember that exams must be taken on scheduled exam days, and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester. Please note that, as is the case each school day, teachers administer tests/quizzes, have assignments due, and teach lessons on the days immediately preceding and following school holidays. Students who take extended holidays run the risk of affecting their grades.

Tuesday, October 4	6 th grade retreat
Thursday, October 6	11:30 dismissal for students, Professional Development for teachers
Friday, October 7	NO SCHOOL for students, Professional Development for teachers
Thursday, October 13	Flu Clinic
Wednesday, October 19	PSAT for 8 th , 9 th , 10 th , and 11 th graders
Friday, October 21	End of first quarter
Friday/Saturday October 21, 22	Fall play, 7:30 p.m., Commons
Thursday, November 3	Parent-teacher conferences, NO SCHOOL for students
Friday, November 11	Veterans' Day holiday- NO SCHOOL
Wednesday, November 23	11:30 dismissal for Thanksgiving holiday
Thursday/Friday, November 24-25	Thanksgiving holiday
Saturday, December 3	Clay County Christmas Party
Wednesday/Thursday/Friday, December 14-16	Exams
Saturday, December 17	Beginning of Christmas vacation
Tuesday, January 3	Classes resume
Friday, January 13	End of the first semester
Monday, January 16	Martin Luther King, Jr. holiday- NO SCHOOL
Sunday, January 29- Saturday, February 4	Catholic Schools Week
Monday, February 20	Presidents' Day holiday- NO SCHOOL
Tuesday, February 28	8 th grade retreat
Friday, March 17	End of 3 rd quarter
Wednesday- Friday, April 5-7	Sophomore Summit at Huttonsville
Saturday, April 8	Beginning of Easter Vacation
Tuesday, April 18	Classes resume
Friday, May 5	Freshman retreat
Saturday, May 20	Prom
Thursday, May 25	Baccalaureate, 7:30 pm
Friday, May 26	Graduation and Project Graduation, 7:30 pm
Monday, May 29	Memorial Day holiday
Wednesday/ Thursday/ Friday, May 31- June 2	exams for 6 th -11 th graders
Friday, June 2	Moving Up Ceremony for 8 th graders

LUNCH MENU

LUNCH PROGRAM –We continue to make adjustments to our school lunch program, hoping to encourage students to follow the healthful eating practices established in their homes. If you have suggestions, please share them with us! The school lunch program offers a variety of foods -- salads, sandwiches, microwavable items, fruit, cereal, etc. -- on a daily basis in addition to a rotating menu. We do not sell sodas – our drink selection includes milk, water, flavored water, and juice. Students may not “charge” their meals. **Students are certainly encouraged to bring bag lunches from home.** Middle school students have a snack time during the course of the day at which time they may eat snacks brought from home or purchased in the Commons. **Students are not permitted to have food deliveries (e.g., pizza, fast food) made to the school.** The average cost of a sandwich, drink, and chips is \$4. Prices will be adjusted throughout the school year to reflect the changes in market prices. If you have questions about the food program, please contact Mr. Villers.

October-November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3- Pizza, French onion soup, Pasta salad Uma Dave Sreedevi Jogenpally Nat Namesupak	4- Bread Soup Bowls, Chili, Potato soup, Chicken Noodle soup Susan Jarvis Stacie Mayhorn Shannon Elliot	5- Sweet and Sour Chicken on Rice, Egg Rolls Krista Black Kathy Atassi Noelle Starek	6- Half Day – no lunch	7- No school
10- Calzones, Chicken Gnocchi soup, Fresh fruit Dara Aliff Trina Smith Susie Murad	11- Pasta w/ Meatballs or Italian sausage, Antipasto salad Beth Cinco Pamela Delgra Lori Dalporto	12- Baked Chicken, Baked Potatoes, Broccoli & cheese Susanne Coffield Dena Peery Tasha Agnew	13- BBQ, Steak Fries, Cole Slaw Kim Uy Tamara Reese Mary Supcoe	14- Loaded Chicken Wraps, Cheesy Potatoes Melissa Beane Lia Palmer Shelly McCutcheon
17- Pizza, Cheesy Potato soup, Fresh vegetable Medley Salad Jennifer Scalzo Bill Flanery Michael Kawash	18- Cheeseburgers, Potato salad, Pasta salad David Mitchell Sandra Mitchell Barb Higgins	19- Chicken parm on Pasta w/ marinara, Cobb Salad Karrah Pauley Nichole Custer Vicki White	20- Chicken tacos, chips & salsa, taco salad Kent Boggess Angela Stone Rachael Carrico	21- Grilled Chicken Sandwiches, Smiley Fries Kim Smith Sherri Ferrell Jessica Litton
24- Cheddar Pretzel Bosco sticks, Chili soup, Vegetarian Chili soup Jamie Bowman Jennifer Rago Chris Williams	25- Hot dogs, Steak fries Amy Monday George Metz Carrie Lakin	26- Chicken Sliders, Chicken Caesar salad, Deviled eggs Cindy Keith Cathy Davis Helen Kesari	27- Hot Turkey & Swiss Ciabatta, Chicken craisin spinach salad Deborah Swiger Wendy Young Greg Bolles	28- Breakfast – Pancakes, Sausage, Cinnamon Rolls, Cheesy Eggs, Fresh Fruit Salad Ashley Patnoe Peggy Sadd Ron Rushworth
31- Pizza, Chicken cheese tortellini soup Melissa Castleberry Samantha McCarty Beth Bloch	1- Baked Pasta w/ meat sauce Lori Dalporto Wendy Johnson Noelle Starek	2- Chicken Alfredo, Fresh Veggies Susanne Coffield Pam Council Michael Kawash	3- No school	4- Tacos, Nachos, Taco Salad Molly Erlandson Sherri Ferrell Shelly McCutcheon

Volunteers 1 and 2: 10:30- 12:45
Volunteer 3: 11:15- 12:45

Mass Day- Volunteers 1 and 2: 11:00- 1:15
Volunteer 3: 11:45- 1:15