



September 29, 2017

INSIDE CHARLESTON CATHOLIC HIGH SCHOOL

Teaching character, compassion, and confidence to the youth of West Virginia for over 90 years

Dear parents and students:

I have spent an inordinate amount of time over the last year thinking about the Charleston Catholic building. During the construction and upgrades, there was much emphasis on the physical plant. And while we have talked a lot about the physical growth and expansion, I continually come back to the belief that Charleston Catholic is much more than a building. It is a community and a family of people who support and challenge one another, who celebrate each other in good times and who hold each other up when times are hard. It is composed of students and parents and grandparents and teachers and administrators and alumni and their families who proudly wear their green and white and cheer on the Irish.

As a community, may we work together on our mission of helping students fulfill the potential of their God-given talents and abilities. May we strive to guide students to become the best people they can be while also using their gifts and talents to better the world in which we live.

Warmly,

Colleen Hoyer

CONDOLENCES – We express our sympathy to a number of our students and their families who have lost loved ones recently. May the souls of the departed rest in peace: Thomas Bloch’s maternal grandmother, Chris Istfan’s paternal grandfather, Aidan Paul’s paternal grandmother, and teacher Ann Lucas’ grandmother. Please keep these families in your thoughts and prayers.

WELCOME TO THE WORLD- We are excited to welcome Margaret Facinoli Aubel, daughter of assistant principal Meredith Aubel and her husband Bill, to the Charleston Catholic community! Maggie was born August 22 weighing 7 pounds and 11 ounces and measuring 20 inches long. They are all happy and healthy. Mrs. Aubel will be on maternity leave through the end of the first quarter.

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ACADEMIC UPDATES

NATIONAL MERIT SCHOLARSHIP NEWS – Earlier this month, the College Board notified us that six of our seniors have earned the title of National Merit Semifinalist: Simon Agnew, Reuben Beasley, Katie Hayes, Joy Justice, Sydney Rashid, and Trenton Reed! This competition began in October 2016 when the juniors took the PSAT known as the national Merit Scholarship Qualifying Test. More than 1.6 million juniors in 22,000 high schools across the country entered the competition by taking that test. The nationwide pool of semifinalists includes the highest scoring entrants in each state and represents less than one percent of U.S. high school seniors. These seniors have the opportunity to

continue in the competition for the National Merit Scholarships worth approximately \$33 million that will be offered next spring. We congratulate Simon, Reuben, Katie, Joy, Sydney, and Trenton, and we wish them success as they continue in the next phase of the scholarship competition.

FIRST QUARTER PROGRESS REPORTS – As hard as it is to believe, Friday, September 22, marked the mid-way point of the first quarter, so the October 1 email contains the halfway point “progress report.” Please review this information with your children. Teachers have also distributed grade sheets to their students, detailing student information on homework, labs, quizzes, tests, etc. Please ask your children to see this information. As you review your children’s progress reports, take time to help them focus on their successes and analyze areas of difficulty. Help them find balance in their lives, so they can manage academics, athletics and other extracurricular interests, social and religious activities, and family. Help them determine their “personal best.” There is plenty of time to make adjustments. Keep in mind, too, that students’ **cumulative averages are based on semester, not quarter, grades.**

RENWEB UPDATES- RenWeb is a tool that we are working to utilize effectively. In addition to weekly grade reports that are emailed each Sunday at midnight, teachers post dates of tests, quizzes, and projects in the Lesson Plans section of RenWeb every week. You can access the information multiple ways: 1) Login to ParentsWeb and choose Classes under School Information. Click on a specific class and then choose the Lesson Plan tab to see the dates for each class. 2) Choose Student Home or Lesson Plans under Student Information and the week’s due dates are visible. Assignments for each week should be posted by 8 a.m. Monday. If you have forgotten your login information, email Mr. Hoffmann at admin@charlestoncatholic-crw.org, and he can help. Please remember that your email information must be updated in the system in order to receive weekly progress reports. We also use RenWeb for demographic and medical information which should be entered and updated by parents. We are beginning to utilize an email component of RenWeb, as well. Beginning with this newsletter, you should receive an electronic version of the newsletter in your inbox, in addition to the printed version in your mailbox.



ADDRESS CHANGES – We need your help keeping address information up to date. If there are mistakes on address labels or if you have moved, please log in to ParentsWeb through RenWeb and update your address information by choosing WebForms under School Information. Address information is located in the family demographic form.

ASSESSMENT OF CATECHESIS/RELIGIOUS EDUCATION (ACRE) – is a nationally-normed test that helps school, parish, and diocesan leaders evaluate the faith knowledge and attitudes of students in our Catholic schools. The test, created by the National Catholic Education Association (NCEA) and administered annually to eighth graders and juniors, measures religious knowledge related to God, the Church, Liturgy and Sacraments, Revelation, Life in Christ, Church History, Prayer/Religious Practices and Catholic Faith Literacy. Our CCHS students, regardless of faith tradition, again performed quite well. An impressive 84% of our juniors scored at the Advanced or Proficient level in all domains. Similarly, 78% of our eighth graders scored at the Advanced or Proficient levels in all domains. Well done!

HIGH EXPECTATIONS FOR OUR STUDENTS – are a given. They are an impressive group of young people, and we are proud of their accomplishments. We encourage our students to achieve their personal best academically, personally, and extra-curricularly. We have clear expectations for students and their behavior that are well communicated to them. Students and parents should not be surprised when school administrators, teachers, and coaches make decisions from time to time to rule students ineligible to participate in extracurricular activities, athletic practices and contests, off-campus lunch, etc. based on students’ behavior. Administrators will notify and work with students and their parents when such incidents occur and will set expectations needed to regain these privileges. Our goal is to help guide our students as they grow and learn how to make good decisions and be the best people they can be.

UPCOMING EVENTS

BUILDING ON EXCELLENCE- Fundraising efforts for the fourth floor addition continue as we strive to raise \$2 million. Please consider a donation or a pledge payable over three years to support the project. All families are asked to make a sacrificial gift. Not everyone can give the same gift, but everyone can make the same sacrifice. Naming opportunities are available. Please contact Simone Thomas in the school office for more information.



PARENT-TEACHER CONFERENCES -- Parent conferences for all grades are scheduled for **Thursday, November 2**, from 8 a.m. to noon; 1 to 5 p.m.; and 6 to 9 p.m. There will be no school for students on this day. Please call the office beginning **Wednesday, October 18**, to schedule appointments for students in all grades. First quarter report cards will be mailed Friday, October 27, but please call before that time to ensure that you will be able to schedule conferences.

Specific organizational details will be posted on the CCHS website on Wednesday, October 18. Parents will meet with seventh and eighth grade teachers for 5 minutes and with sixth grade and high school teachers for 10 minutes. **PLEASE BE ON TIME AND BE CONSIDERATE OF PARENTS WAITING FOR THEIR DESIGNATED APPOINTMENTS.** Know that serious problems cannot be dealt with in five or ten minutes! Please feel free to call individual teachers at school and talk to them on the phone if you cannot meet with them on November 2, or if you need to talk with them at length.

Teachers will begin conferences by asking you what you would like to know about your child. Therefore, before your conference, it might be wise to take time to jot down a few questions. Do you want to know how your child is getting along socially? Do you want to know if work is being turned in? Do you have questions about grades or comments on the report card? Remember, it's your five or ten minutes, and you need to spend your time learning answers to your questions!

JUNIOR CLASS FUNDRAISER -- The juniors are teaming up with Joe Corbi's this year as our vendor for fundraising. It is a one stop shop with items varying from pizza to pies to cheesecake. These items are great for afternoon snacks, football Sundays, and your holiday table. Additionally, they will also be selling pepperoni rolls from Marty's Italian Bakery. The juniors will be taking pre-paid orders October 16-30 to support the 2018 prom. All juniors will have order forms and they would appreciate your support. Items can also be ordered through the school office.

MIDDLE SCHOOL UPDATES

HOMEWORK CLINIC- Middle school science teacher Toni Erby offers this teacher-supervised time dedicated to distraction-free homework completion and study. The clinic meets in Mrs. Erby's room on Monday, Tuesday, Wednesday, and Thursday afternoons from 3-4 p.m. At 4 p.m., Mrs. Erby will walk the students to the Virginia Street door for pick-up. The cost is \$10/ session. Students are encouraged to bring a snack.

MIDDLE SCHOOL WORLD CULTURES CLUB- The next Middle School World Cultures Club will be Wednesday, November 1st, from 3-4 p.m. in the library. We will be celebrating Day of the Dead with a snack and numerous activities. All students in grades 6-8 are invited. Please RSVP to Mrs. Hurt at jennifer.hurt@charlestoncatholic-crw.org so we will have enough supplies. See you there!



FROM THE SCHOOL OFFICE

FORGOTTEN HOMEWORK?—While you are welcome to bring assignments that your children may have forgotten to the school office, the office staff will not deliver these items to students or interrupt class to call students to the office. Students may come to the office to retrieve items that they are expecting between classes, at lunch, or at break.

DEPARTMENT OF AGRICULTURE ANNOUNCEMENT – The Department of Agriculture requires updates regarding compliance with laws related to pesticide use in schools. You will find in this mailing a request for notification for you to complete if you would like to be notified if certain pesticides are used in the building. Notification would occur in the case of Level 3 and Level 4 pesticides which are outlined on the notification request. At this point, we have no need to use such pesticides. Please complete and return the enclosed form if you would like to be notified.

NON-CUSTODIAL PARENT MAILINGS -- Non-custodial parents who would like to receive copies of report cards and newsletters should send \$12 and a current mailing address to Mrs. Lovejoy in the school office. The list and labels are updated each year, so please be sure to notify Mrs. Lovejoy of your request.

APPOINTMENTS -- We strongly encourage you to make doctor's appointments after the school day so that students do not miss valuable instructional time. However, we know that this is not always possible. If your child must leave school for an appointment during the school day, **PLEASE SEND A NOTE** with your child in the morning. The student should come to the office between 7:45 and 8 a.m. to get an appointment slip from the office enabling him/her to leave class at the specified time. He/she will check out in the school office and will sign in upon returning from the appointment.

WANT YOUR PHOTOS IN THE YEARBOOK? - So do we! Students, parents, and teachers can contribute content to the yearbook staff by uploading photos directly to our website for potential use in the book. You can share photos of sporting events, performances, school & community events, or shots of you and your friends our staff photographers might have missed. Start sharing today! **Share images directly from your phone by downloading the FREE hjeShare app using school code: goirish**

OR:

- 1) Go to www.hjeshare.com
- 2) Enter the school code: goirish
- 3) Locate the picture (file) you want to upload. You can Ctrl+click to upload as many as 10 photos at a time.
- 4) Click Open.
- 5) Click each thumbnail to select and enter any relevant information about the images.
- 6) Click Submit Image Information when you are done.

Be sure to share photos as soon as possible so that our staff can integrate them prior to their quarterly deadlines!



LUNCH TIME DRIVING – High school students have less than 40 minutes for lunch. In addition to the CCHS lunch program which serves reasonably priced, tasty meals, there are a number of eateries within walking distance of school. Quite a few parents refuse to allow their children to drive at lunch time. Something to consider.

VIRTUS– Be sure you're on board to help! All parents or other adults who volunteer, coach, drive students, chaperone, etc., are required by the Diocese to complete the diocesan sexual abuse awareness training before being allowed to work with our students. Training is available online or at sessions periodically scheduled. To begin, visit the VirtusOnline.org and choose the online option. Allow 1- 1½ hours to complete the program. Print out the certificate of

completion and submit it to Mr. Villers. It is still necessary to complete the background check and sexual abuse awareness statement which can be done by clicking on the link at the school website at www.charlestoncatholic-crw.org. If you have questions, please call Mr. Villers.

Adults who volunteer, coach, or chaperone, may be asked to update background and policy forms. Background checks must be updated every three to five years depending on your role in the school. Policy questionnaires should be updated if they were signed before 2014. Current Diocese guidelines do not require volunteers to update the training portion of VIRTUS. Please contact Mr. Villers with any questions and to update your forms.

PROOF OF ENROLLMENT FORMS -- for drivers' licenses and permits may be requested in the school office using the CCHS request form. It will take two school days for the forms to be completed by office staff.

SCHOOL COMMUNICATION – A wealth of information is at your fingertips on the school website- from the school newsletter to athletic events to the school calendar! Take some time to become familiar with all the latest features on the school's website --www.charlestoncatholic-crw.org. Additionally, please be sure you follow CCHS news on Twitter for important announcements from the school office. **Text “follow cchsnews” to 40404 and you will receive all cchsnews tweets** as text messages. It's easy to stay informed!

IF YOUR LAST NAME IS DIFFERENT FROM YOUR CHILD'S NAME – please put the child's full name on all checks issued to CCHS and to any correspondence sent to the school.

NOTES FROM THE ACADEMIC ADVISOR

- 1.) SAT and ACT testing and registration information is available online at -- www.collegeboard.org and www.act.org (CCHS code: 490-205). All juniors should take each test at least once this year. All seniors should retake the tests before January if they would like to do better before applying to college.
- 2.) Wednesday, October 11 - sophomores and juniors will take the PSAT (an SAT-predictor test as well as a qualifier for National Merit Scholarship for juniors only), and 8th and 9th graders will take the PSAT 8/9 (a version of this test designed specifically for this age group). Please make sure they are well-rested and have eaten a good breakfast on the test day!
- 3.) The COLLEGE FAIR is scheduled at the Civic Center on Tuesday, October 3. With parent permission, juniors will walk to and from the fair with Mrs. Vollmer. Permission slips were distributed in English class.
- 4.) Junior and senior parents – if you have not been receiving Mrs. Vollmer's updates about college visits, scholarships, etc., please email her at shannon.vollmer@charlestoncatholic-crw.org to be added to her list.
- 5.) Lunchtime College Counseling Sessions -- Throughout the month of October, Mrs. Vollmer will be available to work with seniors and answer all college counseling questions during lunch in the computer lab. Students can come work on applications, essays, practice interviews, etc. Listen to the announcements and check your email for specific dates, or stop by her office to schedule a session.



NOTES FROM THE PARENT VOLUNTEER ASSOCIATION (PVA)

All volunteers must be 100% VIRTUS compliant.

- 1) **PVA Polos and Fleece** - Order forms for CCHS logo jackets (including the heavier weight grey jacket and also a lighter weight black jacket, both in full zip and quarter zip), white uniform polo shirts, and green athletic/academic competition polo shirts are available on the CCHS website. For questions, please contact Samantha McCarty (samccarty6@gmail.com or 304-964-2296) for jackets, Christi Preston (304-550-0239) for green polos, and Marsha

Hoyer (304-552-8065) for white polos. OFFICIAL UNIFORM POLOS MUST BE PURCHASED THROUGH PVA. Please note that students who are members of athletic teams and academic competition teams are permitted to wear an official CCHS kelly green polo shirt to school on designated dates – normally home games and post-season games designated by the principal. **Beginning with the winter sports season, middle school students will also be allowed to wear kelly green polos on designated dates. Order now so you are ready!**

2) **CAFETERIA VOLUNTEERS** – Many thanks to those of you who have already volunteered to help in the cafeteria. A complete schedule for October 2017 through January 2018 has been distributed. If you have not received a schedule or have not yet volunteered but would like to be placed on the schedule during the second semester, please contact Kim Javins (kim.javins@suddenlink.net or 304-549-3939).

3) **Parent involvement** is critical for the successful operation of the CCHS athletic program. Helping transport students to games and practices, working gates, being supportive of the players and coaches, attending games, and participating in the team lunch program are just a few ways that parents help. EVERY parent of an athlete is needed to support the teams! Each sport is allocated one team lunch and guidelines and dates for these lunches will be distributed to parents at the beginning of each season, once team rosters have been established.

4) **Athletic family passes** are available through the PVA. These passes are good for immediate family members only (not cousins, in-laws, ex-in-laws, grandparents, fiancées, etc.) to attend CCHS home games. The passes do not cover away games, tournaments played at home, homecoming games, or any SSAC tournaments. Cost is \$150 for all home middle school games only, \$175 for all home high school games only, and \$200 for all home games (both levels). A \$100 student or senior citizen pass for all home games is also available. Please contact Lynn Brookshire at 304-541-4649 if you have questions about these passes.

5) **PVA packets** including volunteer forms and all ordering forms for logo jackets, white polos, and green polos are available on the school website (www.charlestoncatholic-crw.org). Completed forms will be accepted throughout the school year. Please drop off in the school office.



1. Labor 4 Neighbors (L4N) is an annual service project to winterize homes in southeastern Kanawha County, coordinated by Good Shepherd parish in Coalburg. This year L4N will be Sunday, November 5 (rain date: Nov. 12). Middle school and high school students from all over the Charleston Vicariate perform the service, attend mass and have dinner around a campfire. Parent volunteers are needed too! For more information on how to join, contact Ms. Linehan at m.linehan.cchs@gmail.com.
2. The CCHS Annual Woodcutting day to Big Laurel in Mingo County will be Friday, November 10 (NO SCHOOL in honor of Veterans' Day). This is an opportunity for juniors and seniors. Look for more information in the coming weeks.
3. The sixth grade retreat will be on Thursday, October 26, at Blessed Sacrament Parish. Our theme will be "The Communion of Saints." On that day, sixth graders will need to be dropped off at Blessed Sacrament at 8:30 a.m. and picked up at 2:15 p.m. Permission slips and additional details will be provided in the coming weeks.
4. Interested CCHS students can apply to join the Diocesan Youth Board. Catholic youth representing different geographical regions of the Diocese (State) will comprise the Diocesan Youth Board. Criteria for Youth Board membership are: 1) Parish or high school leadership 2) Responsibility, dedication--evidence of follow-through on commitments. 3) Ability to fulfill the time commitment involved. 4) Recognition of responsibilities as a representative for their area/schools. The primary responsibility of each board member is to attend all meetings (held in Huttonsville, WV) as well as four Confirmation Retreats (held all around the state) and the Senior High Conference (held in Huttonsville). For more information on joining the Youth Board, please see Ms. Linehan.

COMMUNITY SERVICE AND GIVING

BOXTOPS FOR EDUCATION AND SERVICE TO OTHERS!-- Charleston Catholic High School is collecting the pink Box Tops for Education that can be found on many different products. The sixth grade Theology classes will be coordinating the program, but we need the help of everyone in the school community to make the program a success!

Our goal is to use the money raised through the Box Tops to help local nonprofit agencies that the students will be learning about in Theology class. Box tops don't have to be trimmed neatly - simply tear them off and stick them in an envelope or sandwich bag. We just ask that you check to make sure the date on the Box Top hasn't expired yet. Last year we raised over \$227, and the current seventh grade students will get to decide where that money is donated. Let's see if we can collect even more this year!

CLAY COUNTY CHRISTMAS PROJECT— Although it seems early, it is time to begin thinking Christmas! We will extend our long-term relationship with the families of Clay County through our Christmas party again this year. Each year approximately 500 children and their families are served through this project which highlights the bond between families in Clay County and the CCHS/ SHGS community. Parents and businesses willing to donate goods or funds should contact the school office -- cash donations are needed to assist with extra stocking stuffers, a special something extra for the food boxes, and miscellaneous needs. The entire school is involved in the project: getting stockings, providing stocking stuffers and gifts for specific children, stuffing stockings, bagging gifts by family, loading trucks, and on and on. The party will take place in Clay County on Saturday, December 2. Two groups of seniors actually go to the party: 1) morning helpers -- truck unloaders and organizers (who leave CCHS around 7 a.m. and then return midmorning to CCHS); 2) day-long helpers -- seniors who represent a variety of clubs and have specific tasks to perform. We'd like to take more students but the church facility in Maysel is very small. The timetable for the Clay County Christmas Project is:



- 1) **Friday, November 17 - \$2 jeans day** - to raise money for photo paper and ink -- each Clay County child gets his/her picture taken with Santa during our party!
 - 2) **Tuesday, November 21 (at the latest)**- Students will receive the name and other information about their Clay County children. Students are asked to purchase a \$35 gift. Please do not exceed the \$35 limit but buy as much as you can for \$35. Try to hit right at the mark! It is very difficult on families when children within the same family do not receive "equitable" gifts. If a CCHS student is unable to participate in this aspect of the Clay County Christmas Project, please alert Mrs. Colleen Hoyer. Parents wishing to help with gifts for additional children are encouraged to inquire in the office.
 - 3) **Tuesday, November 21** - Stockings and stocking stuffers are due to theology teachers. We try to fill 500 stockings, so we count on each student to bring in the requested items. Each student needs to bring a 12-14 inch stocking (about \$2 from K-Mart) along with their grade level's stocking stuffer assignment. The dollar store is a great resource for these items. We are providing this information now so you can keep an eye out for bargains!
 - Each 6th, 7th, and 8th grader: One 12 to 14 inch stocking to be filled, 3 small boxes of crayons (8 or 16 count), 3 thin coloring books, 3 mechanical pencils, 2 chapsticks and 1 pair of stretchy gloves-one size fits all.
 - Each high school student: One 12 to 14 inch stocking to be filled, 3 hairbrushes, 3 tubes of toothpaste, 3 toothbrushes individually packaged, 1 chapstick and 2 pairs of stretchy gloves-one size fits all. **EXTRA ITEMS ARE ALWAYS WELCOME!**
 - 4) **Tuesday, November 28**- Food items are due -- Each homeroom will be preparing food boxes. Each student will be asked to provide specific food items. The majority of the food boxes are being provided by Sacred Heart Grade School children. CCHS students help fill the remainder of the boxes required by the number of families participating. Students will sign up for food items in their homerooms.
 - 5) **Wednesday, November 29** - Wrapped gifts are due with the family number and Clay County child's name securely taped on the front.
 - 6) **Various dates** -- Our student activity groups, service clubs, and other student groups are also participating by donating cookies, candy canes, etc. These students will receive specific information from their sponsors.
- Thank you for your generosity to the children of Clay County!

SUPPORT CCHS AS YOU SHOP— Please keep Charleston Catholic in mind when you shop. It is easy to do!

- 1.) The **Kroger Community Rewards is a simple but beneficial program**. To enroll, go to www.krogercommunityrewards.com and use the Charleston Catholic organization number **83696**. Be sure you have your Kroger Plus card available when you register. Kroger Plus Cards are available at the Customer Service desk at any Kroger. To participate in the program, just register your **Kroger Plus Shopper's Card (as outlined above)**, use the card when you checkout, and Charleston Catholic will receive a check from Kroger on a quarterly basis.
- 2.) When you shop at Amazon.com, the AmazonSmile program will donate 0.5% of your purchases to CCHS when you log in to your Amazon account using the address <http://smile.amazon.com/ch/55-0630688> (or by clicking on the link on the School Home section of RenWeb) to enroll in the program.

HOPE 2017 RECAP – During the week of June 11-16, 2017, Charleston Catholic students, teachers, parents and alumni, helped make the homes of **eleven** Clay County low-income families **warmer, safer and drier**. Participating from Charleston Catholic were 26 junior and senior class members, 5 college-age alumni, and 19 older adults. In addition, 3 other adults assisted with daily construction supply deliveries and debris removal. Families were selected after home visits during the winter months. Applications were distributed to income-eligible heads of households through the Clay County office of the Department of Health and Human Services, Central WV Aging Services, and the food pantry at the Church of the Risen Lord in Maysel, WV. This year, the 13th of HOPE, 38 applications were received.



Substantial repairs were made at 11 houses including:

- An extensive reconstruction of a family's trailer that had suffered severe damage in the flood of June 2016 (installation of new water lines and pump, new sewer lines, and electrical meter base and panel box; replacement of windows and two exterior doors; and construction of a rear entrance deck).
- A complete reconstruction of a leaking roof on an older home which included installation of new decking over existing tin and new metal roofing.
- Replacement of windows at 4 additional mobile homes and houses.
- Application of roof coats at 5 mobile homes.
- Floor replacement and repair at 5 mobile homes.
- Floor replaced in a trailer which was flooded in June 2016.
- Construction of 2 access decks at the entrances to a mobile home.
- Installation of two high efficiency gas furnaces.
- Replacement of an entrance door at a home.
- Installation of insulation and protective plastic in the attic of a house.
- Replacement of ceilings damaged by leaky roofs at two mobile homes. The roofs are now repaired or replaced.
- Reconstruction of the porch at one mobile home.
- A total of 45 windows were either newly installed or replaced at 6 houses. Vinyl windows with trim were used which plays an important role in making the homes warmer in the winter, cooler in the summer, and reducing energy bills in the process.

All repairs were made at no cost to the families. All labor was donated. Funds for the building materials were provided by donations from members of the Charleston Catholic community, four different grants, and direct fundraisers by student participants. **Repairs to the 11 houses cost approximately \$36,000.**

A member of the class of 2017 shared the following as part of his reflection on his HOPE experience: "This was my second year participating in HOPE, and it was another amazing week. I had the unique experience of working on three separate houses this year, performing many different repairs, and I was extremely thankful for my unique experience. The experience of helping members of a community so close to our own home is both humbling and gratifying. One thing that will stick with me from this year's project was installing all new windows on one family's home. The young boy that lived there was overjoyed by the ability to open and close windows, something he had never been able to do. It is amazing that something as simple as functioning windows can seem like luxuries to some families, especially children. While this week is life changing for some families of Clay County, the impact this week has on the volunteers is equally life changing."

ATHLETIC UPDATES

PARTICIPATION IN SCHOOL SPORTS – To participate in athletic events, students must be in school for the full school day on the day of the scheduled activity. If a student is late or absent for any part of the day on a game day, that student is not permitted to play that day. This “full day” policy includes leaving school for appointments, so students need to avoid scheduling appointments during the school day. To be eligible for practice, students must be at school for the majority of the school day. Students are also expected to be on time each morning following an athletic event. Students who have long standing medical appointments, family funerals to attend, or other similar instances may be excused at the discretion of Mr. Villers. Although suspensions are rare at CCHS, when a student is suspended at school, that student is also suspended from athletic practices, games, etc. for the FULL DAY on the day(s) suspended (i.e., if a student is suspended for a Tuesday, the suspension includes involvement in any school activities -- sports, social, etc. -- for Tuesday evening also). In addition, if a student is suspended for a Friday, the suspension holds for Friday evening but does not continue for Saturday unless the student is also suspended for Monday.



SPORTSMANSHIP AT CCHS – With almost 100% of CCHS students involved in extracurricular activities, athletics play a role in the lives of many of our families. Because of the consistent success of our program, there is often increased attention on our athletes, coaches, and families. When representing CCHS, we must consistently uphold the Charleston Catholic High School values of scholarship, integrity, respect, and community. Though it is easy to get carried away with the emotion of the moment, our athletes, coaches, parents, and fans should remain positive and focus on supporting our student athletes. Charleston Catholic is committed to ensuring that sportsmanship is always a part of our athletic programs. We will require participation in the National Federation of State High School Association’s sportsmanship course in the event that a student athlete, student, parent, or fan is ejected from a contest by an official of the sport. The course must be completed for further participation or admittance to athletic contests. In addition, the person ejected from a game must sit out 10% or more of the total number of regular season games (e.g., 2 soccer/basketball, 3 baseball/softball, etc.) following the ejection. For more information about the NFHS course, which gives a better understanding of sportsmanship and how it impacts the educational process, go to www.mfhslearn.com.

SPORTS-RELATED CONCUSSIONS – Several years ago, we began participating in ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing), a program used to track sports-related or other head injuries, including concussions. ImPACT uses a computerized system to determine a baseline for each individual, which can then be used by health care professionals to evaluate a person after an injury. Many students found the test “fun” because it tested memory, coordination, and reaction time and have compared it to a puzzle. Sixth graders and those new to the school this year will be taking ImPACT in the coming weeks. Please look for permission slips to come home soon. In the event of a head injury to your child (in sports or otherwise), please call the school to inform us and to request a post-injury assessment. Jason Villers will administer a computerized follow up test and will provide a report to you which will compare the baseline reactions to the reactions following the injury. The information in the report can be used by you and your doctor to help determine severity of the injury.

TRAVEL—Students may not drive to school events, such as field trips or “away” athletic events, taking place at locations other than Charleston Catholic facilities or other designated “home” locations. Students must ride to and from the event with adults (age 21 or older) who have met the Diocesan requirements for field trip drivers.

ADVERTISING OPPORTUNITY – Add your business to The Wall in the competition gym at the CCHS Athletic Facility. We already have several advertising banners on display. If you’re interested in adding your business or well wishes to the wall, 3 foot by 6 foot customizable banners are available. What a great way to reach out to the Charleston Catholic community! To learn more and order a banner for your business, contact Kathy Crain at (304)541-4182.

HANDBOOK REMINDERS

UNIFORM UPDATE – Uniform shorts will be permitted until October 15. As the weather gets cooler, remember that team apparel (including sweatshirts and jackets) is not approved part of the uniform and should not be worn in the building during school hours. Uniform jackets are available through the PVA.

REMINDER: CELL PHONES, IPODS, SMARTWATCHES, AND OTHER TECHNOLOGY -- Students who are texting, checking messages, playing with, or otherwise handling cell phones or other electronics while entering the building, in the classroom, or in any location within the building between 7:45 a.m. and 2:45 p.m. will have these items confiscated (even if they are checking messages from their parents/guardians). Our policy states: **“Electronic devices must be out of sight and disabled upon entering the school building at 7:45 until the end of the day at 2:45.”** Students must disconnect from the virtual world and connect to what is going on in the classroom. If the electronic device is confiscated, the item will be returned after school to the parent/guardian of the student (**not** to the student) owning the item. A **\$25 fee** will be assessed for each additional infraction. Students who need to use the phone during the school day are welcome to use the phone in the office.

CONGRATULATIONS

-to the high school golf team for an outstanding season and for capturing the regional crown. We wish them success as the team travels to Wheeling to defend its title in the State Tournament next week.

MANY THANKS

- to sixth grade parents for providing tasty refreshments for Back to School night.
- to PVA volunteers for their support at beginning of the school year events. Their efforts working the tables at registration, providing lunch to the teachers on the first day of school, and coordinating the Back to School night reception are much appreciated!
- to the parent drivers who transported seniors home from their retreat in early September and freshmen back to school from Ninth Grade Outdoor Day at Camp Virgil Tate.
- to parents Nichole Custer, Leighann Hamrick, Cindy Keith, George Metz, Jennifer Scalzo, and Ned Whitaker and faculty Mikey Dorsey, Molly Linehan, Theresa O’Leary, Josh Shindle, and Jason Villers and chaplain Father Brian Crenwelge for accompanying the seventh graders to Camp Magis in Huttonsville for the three day camp experience. Their good attitudes and positive spirits helped provide students with a memorable growth experience.
- to our fall coaches for the countless sacrifices they make in order to support our student athletes and encourage them in their quest for excellence.
- to Dr. Surendra Verma for sharing his perspectives on the Hindu Tradition with the seniors in Theology class.
- to the India Center Community and the Meditation Circle of Charleston for welcoming members of the senior class to their services.

CALENDAR

FAMILY TRIPS, APPOINTMENTS, ETC. -- Please avoid taking students out of school for vacations, family trips, appointments, etc. If students miss school for any reason (including illness), it is their responsibility to find out what they missed. The policies for making up work are included in the Parent-Student Handbook. If your child is ill or will miss school for any reason, please notify the school office by 8:30 a.m. In addition, at the end of the semester students will have to stay after school to make up any time missed during excessive absences/tardies.

Please use this calendar in your planning. Please remember that exams must be taken on scheduled exam days, and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester. Please note that, as is the case each school day, teachers administer tests/quizzes, have assignments due, and

teach lessons on the days immediately preceding and following school holidays. Students who take extended holidays run the risk of affecting their grades.

Tuesday, October 3	College fair for juniors at Civic Center
Friday, October 6	NO SCHOOL for students, Professional Development for teachers
Wednesday, October 11	PSAT for 8 th , 9 th , 10 th , and 11 th graders
Saturday, October 14	Homecoming
Friday, October 20	end of first quarter
Thursday, October 26	6 th grade retreat
Friday/ Saturday, October 27-28	fall drama performance, "The Taming of the Shrew", 7:30 p.m., Commons
Thursday, November 2	Parent-teacher conferences, NO SCHOOL for students
Friday, November 10	Veterans' Day holiday- NO SCHOOL
Wednesday, November 22	11:30 dismissal for Thanksgiving holiday
Thursday/Friday, November 23-24	Thanksgiving holiday
Saturday, December 2	Clay County Christmas party
Wednesday/Thursday/Friday, December 13-15	exams
Saturday, December 16	beginning of Christmas vacation
Tuesday, January 2	classes resume
Friday, January 12	end of the first semester
Monday, January 15	Martin Luther King, Jr. holiday- NO SCHOOL
Saturday, January 20	HS Winter Waltz, 8-11 p.m.
Monday, January 29- Friday, February 2	Catholic Schools Week
Friday/Saturday, February 9-10	winter drama production
Monday, February 19	Presidents' Day holiday- NO SCHOOL
Tuesday, February 27	8th grade retreat
Friday, March 16	end of 3rd quarter
Friday, March 30	beginning of Easter Vacation
Monday, April 9	classes resume
Monday – Friday, April 16-20	Terra Nova Testing for 6 th -10 th grades
Wednesday- Friday, April 25-27	sophomore Summit at Huttonsville
Friday, May 4	freshman retreat
Friday/ Saturday, May 4-5	spring drama production
Monday-Friday, May 7-18	AP Testing
Saturday, May 19	prom
Thursday, May 24	baccalaureate, in evening
Friday, May 25	graduation and Project Graduation, in evening
Monday, May 28	Memorial Day holiday
Wednesday/ Thursday/ Friday, May 30- June 1	exams for 6th-11th graders
Friday, June 1	Moving Up Ceremony for 8th graders

LUNCH MENU

LUNCH PROGRAM –We continue to make adjustments to our school lunch program, hoping to encourage students to follow the healthful eating practices established in their homes. If you have suggestions, please share them with us! The school lunch program offers a variety of foods -- salads, sandwiches, microwavable items, fruit, cereal, etc. -- on a daily basis in addition to a rotating menu. We do not sell sodas – our drink selection includes milk, water, flavored water, and juice. Students may not “charge” their meals. **Students are certainly encouraged to bring bag lunches from home.** Middle school students have a snack time during the course of the day at which time they may eat snacks brought from home or purchased in the Commons. **Students are not permitted to have food deliveries (e.g., pizza, fast food) made to the school.** The average cost of a sandwich, drink, and chips is \$4. Prices will be adjusted throughout the school year to reflect the changes in market prices. If you have questions about the food program, please contact Mr. Villers.

October- November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2- Pizza Potato salad Niki Kurten Nat Namsupak Mary Supcoe	3- Bread Bowls Chili, chicken enchilada soup, potato soup Peggy Sadd Wendy Young Noelle Starek	4- Chicken sliders Deviled eggs Kathy Atassi Krista Black Tasha Agnew	5- Loaded chicken wraps Cheesy potatoes Barb Higgins Uma Dave Sheila Moran	6- NO SCHOOL Professional Development for teachers
9- Bosco sticks Taco soup Dirt cups Emily Bumgarner Kim Javins Michael Kawash	10- Bacon cheeseburgers Tots Lori Dalporto Sara Frame Pam Council	11- Hot ham & cheese on pretzel bread Chicken Caesar salad Cinnamon rolls Betsy Cimino Shawna Meeks Natalie Tennant	12- Cooks' Choice Julia Murphy Deborah Swiger Pat McCutcheon	13-Chicken Alfredo Garlic sticks Tina Caldwell Susan Veazey Cathy Davis
16- Pizza Minestrone Dara Aliff Alex Macia Feli McKown	17- Buffalo chicken dip w/ chips Italian Ciabatta Susan Jarvis Amy Monday Carrie Lakin	18- Chicken tenders Baked potatoes Broccoli & cheese Susanne Coffield Gail Carter Jennifer Rago	19- Ravioli w/ marinara Angela Stone Rachael Carrico Wendy Johnson	20- Steak hoagies Fries Corn Ron Rushworth Cindy Keith Lynn Brookshire
23- Calzones Veggie beef soup Susie Murad Melissa Castleberry Samantha McCarty	24- Hot dogs Chili soup Chili fries Stephanie Sullivan Larra Winter George Metz	25- Chicken parm sub Tots Jaime Bowman Chris Williams Josie Moore	26- Baked pasta Garlic sticks Nichole Custer Shannon Elliot Bill Flanery	27- Taco lasagna Nachos Spanish rice Tracy Zachwieja Leighann Hamrick Karrah Pauley
30- Pizza Jennifer Scalzo Harmony Brown Stacie Mayhorn	31- Grilled chicken sandwiches Potato salad David Mitchell Sandra Mitchell Greg Bolles	1-Meatball subs Cheesy potatoes Susanne Coffield Vicki White Tasha Agnew	2-NO SCHOOL PARENT- TEACHER CONFERENCES	3-Tacos Taco salad Chips and salsa Lynn Brookshire Laura Cunningham Ron Rushworth

Volunteers 1 and 2: 10:30- 12:45
Volunteer 3: 11:15- 12:45

Mass Day- Volunteers 1 and 2: 11:00- 1:15
Volunteer 3: 11:45- 1:15

