



October 26, 2018

INSIDE CHARLESTON CATHOLIC HIGH SCHOOL

Teaching character, compassion, and confidence to the youth of West Virginia for over 90 years

Dear parents and students:

It was a very busy, but successful, week for several of our athletic teams. Tuesday night brought the regional championship games for our high school soccer teams. Fortunately, our boys and girls both prevailed, and the teams advanced to the state tournament next weekend in Beckley. On Wednesday evening, it was another soccer double header, this one featuring our middle school teams. Despite the chilly temperatures, the stands at the new Shawnee Sports Complex were crowded as fans from the other schools (Elkview girls and John Adams boys) and from CCHS gathered to cheer on their teams. The girls were up first and quickly jumped out to the lead. They played hard and capped their undefeated season with a Kanawha County Tournament Championship!

The highlight of my week came in the boys' game, the second game of the night. The teams were well matched, so the competition on the field was intense. As the clock ticked down, the fans grew more vocal. This is typically the time that elicits heightened awareness from me as I try to monitor our students' behavior. In my seat not far from the student section, I was adequately situated to monitor appropriately.

The Charleston Catholic student section was crowded and loud. What was most notable to me was the composition of the fans. Though it was a middle school game, there was a significant contingent of high school students present. And, not only were they there in body, their hearts were in it. When our boys tied the game toward the end of regulation, the students erupted in a beautiful way. They jumped and ran forward and cheered to celebrate the younger students! When the game went into overtime and then to a shootout, the high school students did not check the time, or sit down and play with their phones, or head out early. They moved from the stands to the edge of the field for a better view, and they clapped and yelled as the boys took their shots. When the middle school boys won the shootout (how fantastic!), the high school students ran onto the field to celebrate with them.

The energy, hustle, and determination of the middle school boys was impressive. The championship is tremendous! The spirit of support and the joy and enthusiasm demonstrated by the high school students was something I will not forget. May we all remember how to support others and share in their triumphs.

Warmly,

Colleen Hoyer

CONDOLENCES – We express our sympathy to a number of our students and their families who have lost loved ones recently. May the souls of the departed rest in peace: high school boys' assistant basketball coach Ben Shannon's mother; teacher Mark Ellis' father, and Elizabeth and Nicholas Sha's step-grandfather and teacher Jennifer Hurt's father in law. Please keep these families in your thoughts and prayers.

TABLE OF CONTENTS

Academic Updates.....	2-3	Athletic Updates.....	10-11
Upcoming Events.....	3-5	Handbook Reminders.....	11
From the School Office.....	5-6	Congratulations.....	11
Safety and Driving.....	6-7	Many Thanks.....	12
Notes from the Academic Advisor.....	7	School Closure Information.....	11-12
Notes from the PVA.....	7-8	Calendar.....	12-13
Campus Ministry.....	8	Menu.....	13-14
Community Service and Giving.....	8-10		

ACADEMIC UPDATES

FIRST QUARTER REPORT CARDS ARE ON THE WAY – First quarter report cards were mailed this afternoon (Friday, October 26). Please take some time to review quarter grades, conduct grades, and comments with your child. Consider whether any relationship exists between behavior and achievement. Quarter grade point averages are included at the bottom of the quarter one column. The cumulative GPA is based solely on semester grades. The cumulative GPA reported on the current report card is a student's grade point average as of June 2018. Remember, students must **have an unweighted 2.0 semester GPA (not cumulative)** in order to be eligible to participate in athletics. Freshmen and middle school students do not have cumulative GPAs at this time. Teachers have provided students with printouts that include details of first quarter grades which should offer additional information.

SET GOALS WITH YOUR CHILD(REN) FOR SECOND QUARTER ACHIEVEMENT—Begin by reviewing and discussing first quarter grades. Look at the printed grade sheets prepared by the teachers and sent home with your children. Do you see zeros or points recorded for one-half of the total possible? Zeros often indicate that an assignment/homework/paper/etc. was not turned in at all or was turned in more than one day late. Look at test grades and determine if study habits are working. Students should consider how hard they worked and what results they saw. Are they paying attention in class? Are they doing the reading assignments? Are they completing written assignments? Using this analysis, they are able to set realistic goals for the grades they would like to earn in each class this quarter.

STUDY SKILLS THAT MAY HELP YOUR CHILDREN STRENGTHEN THEIR GRADES – As we enter the second quarter, here are a few little things that can make a big difference. Please review this list and work with your children to make sure they're doing all they can (and should!) be doing.

- 1) Student should read the sections of the chapter BEFORE it is taught in class. By doing so, they develop mental hooks to hang information on during class presentations. Students sometimes consider reading assignments unnecessary- this couldn't be further from the truth!
- 2) Students should turn in ALL assignments. Often they haven't written them down in their assignment books so they completely forget they have them and fail to turn them in.
- 3) Students should take good notes in class. In many cases, they write down the outline a teacher has written on the board, but they don't fill it in with additional information that has been discussed or presented. Sometimes they believe that they can absorb the information just by sitting in class and listening. Research shows that students are more likely to remember information when they take notes in their own handwriting. Their notes should be meaningful to them and often need to be much more detailed than the teacher's general outline.
- 4) Students should review their notes before tests and quizzes. Similarly, they should use corrected past quizzes and tests as resources to review so that missed material is learned.
- 5) Studying is an active process. Staring at a textbook or notebook will not help students learn information. Try highlighting, making flash cards, creating graphic organizers, or writing and taking practice tests with the information.
- 6) Students must ask their teachers for help. If your child doesn't ask questions in class, then teachers will not know if or why the child is confused.

STUDENT BEHAVIOR – Teachers have established clear guidelines for students' in class and school behavior. Expectations for students – academically and behaviorally – are quite high, as they should be. Students with less than satisfactory conduct grades (i.e., N's or U's) on report cards will be assigned lunch detention or will lose off campus lunch privileges. Administrators will notify and work with students when such incidents occur and will set expectations needed to regain these privileges.

FIRST SEMESTER EXAM SCHEDULE – Although we've just finished the first quarter, it's time to look ahead to December's exams. **Keep in mind that we administer exams before Christmas, but the semester does not close until January 18.** From January 7 (when classes resume) through 18, teachers will be covering new material which will be calculated into the second quarter and first semester grade. All classes have exams and exams must be taken at the scheduled times. **If we have a two-hour delay due to weather, we will start that day's exams at 10 a.m. and school will be dismissed at 1:15 p.m. If school is cancelled on any exam day due to weather, exams for that day will take place on the next day the school is open, even if it means pushing exams to January 7. IN THE EVENT**

OF ANY WEATHER-RELATED CHANGES, CHECK THE SCHOOL WEBSITE OR TWITTER FEED FOR UP-TO-THE-MINUTE INFORMATION. Students should prepare for exams by reviewing past tests and quizzes, using study guides, rereading notes and homework/class assignments, reworking math problems, and so on. First semester report cards will be mailed no later than Monday, January 28, 2019.

6 th grade:	Wednesday, 12/19	exams for periods 1 and 2; 11:15 dismissal
	Thursday, 12/20	exams for periods 3 and 7; 11:15 dismissal
	Friday, 12/21	exams for periods 5 and 8; 11:15 dismissal
7 th /8 th grades*:	Tuesday, 12/18	exam for period 3 (8 – 9:30 a.m.); 2:45 dismissal
	Wednesday, 12/19	exams for periods 2 and 7; 11:15 dismissal
	Thursday, 12/20	exams for periods 4 and 8; 11:15 dismissal
	Friday, 12/21	exams for periods 1 and 5; 11:15 dismissal

*Please note that 7th and 8th grade students will NOT take an exam in their foreign language or exploratory class. During that scheduled exam time, they will use the period to prepare for other exams.

High school:	Tuesday, 12/18	exam for period 3 (8 – 9:30 a.m.); 2:45 dismissal
	Wednesday, 12/19	exams for periods 2 and 7; 11:15 dismissal
	Thursday, 12/20	exams for periods 4 and 8; 11:15 dismissal
	Friday, 12/21	exams for periods 1 and 6; 11:15 dismissal

RENWEB UPDATES – RenWeb has recently merged with FACTS, the online tuition payment system. This merger should not bring any significant changes to our usage. We will continue to use RenWeb in the same ways we have previously. Over the next several months, the RenWeb name will be phased out, but the system and your login information should not change.

Please make sure the demographic information you have entered in RebWeb is accurate. We use RenWeb to generate address labels for any school mailings, as well as for email addresses which we are increasingly using as a means of communication. Please update any medical information that we need to have regarding your child as well. We will also be testing out the Parent Alert Communication component of RenWeb in the next few weeks. Be on the lookout for a test message to come to your phone! Additionally, teachers post dates of tests, quizzes, and projects in the Lesson Plans section of RenWeb each week. You can access the information multiple ways: 1) Login to ParentsWeb and choose Classes under School Information. Click on a specific class and then choose the Lesson Plan tab to see the dates for each class. 2) Choose Student Home or Lesson Plans under Student Information and the week's due dates are visible. Assignments for each week should be posted by 8 a.m. Monday.



UPCOMING EVENTS

FALL DRAMA PERFORMANCE- Charleston Catholic Drama is proud to present *Sherlock Holmes* by Tim Kelly. This entertaining adaptation of Sir Arthur Conan Doyle's famed detective story combines mystery, romance, action, danger and laughter. Alice Faulkner has letters written by a dead girl that will cause grave international problems. Moriarty wants those letters; so does Holmes. The game's afoot! But not before the Professor's gang has London in its grip. Only young Holmes understands the true objective the professor has in mind (too sinister to reveal here), and he's

willing to put his own life on the line to stop it. Who will triumph - Holmes or Moriarty? Join us this weekend-- Friday, October 26, and Saturday, October 27, at 7:30 p.m. in the Commons.

DON'T MISS OUT!! JUNIOR CLASS FUNDRAISER -- The juniors are teaming up with Joe Corbi's this year as our vendor for fundraising. It is a one stop shop with items varying from pizza to pies to cheesecake. These items are great for afternoon snacks, football Sundays, and your holiday table. Additionally, they will also be selling pepperoni rolls from Marty's Italian Bakery. The juniors will be taking pre-paid orders through October 29 to support the 2019 prom. All juniors will have order forms and they would appreciate your support. Items can also be ordered through the school office.

PARENT-TEACHER CONFERENCES -- If you have not yet scheduled your parent teacher conference for Thursday, November 1, please call the office to make your appointments. **Parent conferences for all grades are scheduled for Thursday, November 1, from 8 a.m. to noon; 1 to 5 p.m.; and 6 to 9 p.m.** **There will be no school for students on this day.**

Parents will meet with seventh and eighth grade teachers for 5 minutes and with sixth grade and high school teachers for 10 minutes. Specific organizational details are posted on the CCHS website (www.charlestoncatholic-crw.org). **PLEASE BE ON TIME AND BRING YOUR APPOINTMENT SCHEDULE WITH YOU.** Know that serious problems cannot be dealt with in five or ten minutes! Please feel free to call individual teachers at school and talk to them on the phone if you cannot meet with them on November 1, or if you need to talk with them at length.

Teachers will begin conferences by asking you what you would like to know about your child. You will have just received the first quarter report card so your questions might focus on comments made on the report card, or on academic achievement, organizational skills (e.g., is child prepared for class, submitting work on time, etc.), or social aspects (e.g., getting along socially, asking content-specific questions, etc.).

HIGH SCHOOL SCIENCE SEMINAR-- The second high school science seminar for the year will be on November 14th at 7 p.m. in the fourth floor meeting area. The speaker is Stephen Saldanha, a 2010 CCHS graduate and fourth year medical student. His talk is titled "The Importance of Basic Science in Medical Practice." All high school students are invited to attend. See any science teacher for more information.

BASEBALL SPAGHETTI DINNER FUNDRAISER- The high school baseball team is sponsoring a spaghetti dinner, hosted by Paterno's at the Park on **Sunday, December 2, 2018, from 4-7p.m.** Dinner includes spaghetti, salad, bread, and drink (non-alcoholic). Takeout is available, as is a cash bar. Desserts are available for donations, as well. Dinner tickets are adults - \$10, and children (10 & under) - \$5. Tickets are available from baseball team candidates and in the school office. Please make checks payable to "CCHS" (memo line: Baseball Spaghetti). Enjoy a delicious meal prepared by Paterno's at the Park while supporting our baseball program.

SOPHOMORE CAMP—This year all sophomores enrolled in Catholic high schools in the Diocese will participate in The Summit, a 3 day 2 night camp at Camp Bosco in Huttonsville. Our sophomores will be attending from Monday, April 8, 2019, through Wednesday, April 10, 2019. Students will depart from school at lunch time on Monday and will return to school on Wednesday afternoon. The camp will be structured in a seminar style experience with speakers and breakout sessions focused on leadership. Activities will be led by diocesan personnel, but faculty and parent chaperones will be engaged in monitoring students. **Parent volunteers are needed!** More details will be shared as they become available.



CHARLESTON CATHOLIC HIGH SCHOOL SKI CLUB 2018-19 (grades 6 – 12) --



Ski dates: January 9, 16, 23, 30, & February 6 (February 13 make-up date)

- Optional parent information meeting - Tuesday, December 4, at 6:00 p.m. in CCHS library
- Mandatory student meeting – Tuesday January 8, at 3:00 p.m.-- Students will receive an overview of rules and responsibilities.
- Buses will leave school for Winterplace promptly at 3:30 p.m. and return to CCHS at 10:30 p.m.
- Ski Club members are expected to be on time when leaving CCHS and when leaving Winterplace. Students must be on the buses at Winterplace by 9:00 p.m.
- Please be on time to pick up your children. Buses drop off in front of Sacred Heart Co-Cathedral so please do not park on this side of the street.
- The decision to cancel Ski Club because of weather will be made the day of the trip by 11:00 a.m. Additional Wednesdays will be added to the end of the season if trips are cancelled due to weather. If school is cancelled on a Wednesday because of snow, do not assume we will cancel Ski Club. Conditions are probably good for skiing and, if it is possible to transport the students safely, we will have Ski Club. Check the CCHS website www.charlestoncatholic-crw.org or cchsnews tweet for the final word.
- Cost: \$280 for shaped skis rental or, if you are bringing your own equipment; \$350 for rental of blades or snowboard. These amounts include lift tickets and transportation for all five dates. Lessons are available for every level of skier each Wednesday at no extra cost. Students renting equipment from Winterplace must complete a liability form in its entirety, including credit card information. This form will be given to students after they register for ski club.
- **Helmets are strongly encouraged.**
- Students must submit ski club contract and a medical emergency form. These forms will be available by November 16. Forms and fees must be returned to school by December 14.

FROM THE SCHOOL OFFICE

HOMEWORK HOUR- The school library is open to all students for distraction-free homework completion and study each week on Monday - Thursday afternoons from 3-4 p.m. Mrs. Shindle is in the library to supervise students while they work.

IF YOUR LAST NAME IS DIFFERENT FROM YOUR CHILD'S NAME – please put the child's full name on all checks issued to CCHS and to any correspondence sent to the school.

SCHOOL COMMUNICATION – Make sure you are staying informed. A wealth of information is at your fingertips on the school website- from the school newsletter to athletic events to the school calendar. Take some time to become familiar with all the latest features on the school's website --www.charlestoncatholic-crw.org. Additionally, please be sure you follow CCHS news on Twitter for important announcements from the school office. **Text “follow cchsnews” to 40404 and you will receive all cchsnews tweets** as text messages. It's easy to stay informed!

PROOF OF ENROLLMENT FORMS -- for drivers' licenses and permits may be requested in the school office using the CCHS request form. It will take a few school days for the forms to be completed by office staff.

FORGOTTEN HOMEWORK?—While you are welcome to bring assignments that your children may have forgotten to the school office, the office staff will not deliver these items to students or interrupt class to call students to the office. Students may come to the office to retrieve items that they are expecting between classes, at lunch, or at break.

NON-CUSTODIAL PARENT MAILINGS -- Non-custodial parents who would like to receive copies of report cards and newsletters should notify Mrs. Lovejoy in the school office. The list is updated each year, so please be sure to notify Mrs. Lovejoy of your request to make sure you are on this year's list.

WANT YOUR PHOTOS IN THE YEARBOOK? - So do we! Students, parents, and teachers can contribute content to the yearbook staff by uploading photos directly to our website for potential use in the book. You can share photos of sporting events, performances, school & community events, or shots of you and your friends our staff photographers might have missed. Start sharing today! **Share images directly from your phone by downloading the FREE hjeShare app using school code: goirish**

OR:

- 1) Go to www.hjeshare.com
- 2) Enter the school code: goirish
- 3) Locate the picture (file) you want to upload. You can Ctrl+click to upload as many as 10 photos at a time.
- 4) Click Open.
- 5) Click each thumbnail to select and enter any relevant information about the images.
- 6) Click Submit Image Information when you are done.

Be sure to share photos as soon as possible so that our staff can integrate them prior to their quarterly deadlines!



VIRTUS– Be sure you're on board to help! All parents or other adults who volunteer, coach, drive students, chaperone, etc., are required by the Diocese to complete the diocesan sexual abuse awareness training before being allowed to work with our students. Training is available online or at sessions periodically scheduled. To begin, visit the VirtusOnline.org and choose the online option. Allow 1- 1½ hours to complete the program. Print out the certificate of completion and submit it to Mr. Villers. It is still necessary to complete the background check and sexual abuse awareness statement which can be done by clicking on the link at the school website at www.charlestoncatholic-crw.org. If you have questions, please call Mr. Villers.

Adults who volunteer, coach, or chaperone, may be asked to update background and policy forms. Background checks must be updated every three to five years depending on your role in the school. Policy questionnaires should be updated if they were signed before 2014. Current Diocese guidelines do not require volunteers to update the training portion of VIRTUS. Please contact Mr. Villers with any questions and to update your forms.

SOCIAL MEDIA- Our school Facebook and Instagram accounts have been activated. Like us on Facebook (facebook.com/charlestoncatholicwv) and Instagram (@charlestoncatholicwv) to stay connected with us on social media!

SAFETY AND DRIVING

SAFETY MATTER– Our central downtown location offers many benefits. However, it also brings challenges at times. We must be proactive in our safety measures. As students venture out in the community during lunch or after school, it is important that they are aware of their surroundings. Please review with your children the importance of leaving a place where they do not feel safe and making an adult aware of the uncomfortable situation. Student drivers must also be sure not to leave valuables in their cars and to lock their cars when they leave them for the day. All doors to the school building are locked during the school day. Entry is granted only through the main Virginia Street doors. Please be patient when awaiting entry to the building. For safety reasons, students and faculty are instructed not to open ANY door to let visitors into the building. The office staff works hard to respond to the doorbell when it chimes and to receive and welcome all guests, but it may take a moment or two before you are admitted. You may be asked to identify yourself before being permitted entry—this is for everyone's safety. Please don't take it personally! Upon entry, please report directly to the office to sign in and receive a visitor's pass.

STUDENT DRIVERS – Please encourage your student drivers to be responsible, safe drivers. Emphasize to them the importance of following the speed limit, wearing seatbelts, not reclining seatbacks, pulling into and out of parking lots cautiously, being aware of pedestrians. They should not be speeding through yellow lights, texting or talking on cell phones while driving, or fiddling with music. Lunch hour is a high traffic time around downtown and students should be especially cautious when driving and parking. Additionally, students should be cautious when driving to our Athletic Facility. There are offices and homes in the neighborhood and drivers must be aware of people and pets outside in their neighborhood. It is easy to get distracted from the enormous responsibility of driving. Tragedies happen in an instant. If you see inappropriate or reckless driving behavior while students are involved in school, please note the license plate and make of car and notify Mr. Villers. Otherwise, if you recognize an unsafe student driver, parents would appreciate knowing this information from you!

NOTES FROM THE ACADEMIC ADVISOR

- 1) **SAT and ACT** testing and registration information is available online at -- www.collegeboard.org and www.act.org (CCHS code: 490-205). All juniors should take each test at least once this year. All seniors should retake the tests before January if they would like to do better before applying to college.
- 2) **Junior and senior parents** – if you have not been receiving Mrs. Herrick's updates about college visits, scholarships, etc., please email her at andrea.herrick@charlestoncatholic-crw.org to be added to her list.
- 3) **Lunchtime College Counseling Sessions** -- Throughout the month of November, Mrs. Herrick will be available to work with seniors and answer all college counseling questions during lunch in the computer lab. Students can come work on applications, essays, practice interviews, etc. Listen to the announcements and check your email for specific dates, or stop by her office to schedule a session.



NOTES FROM THE PARENT VOLUNTEER ASSOCIATION (PVA)

All volunteers must be 100% VIRTUS compliant.

- 1) **PVA Polos and Fleece** - As the weather gets cooler, it is time to think about ordering uniform jackets and long sleeve polo shirts. Order forms for CCHS logo jackets (including the heavier weight grey jacket and a lighter weight black jacket, both in full zip and quarter zip), white uniform polo shirts, and green athletic/academic competition polo shirts are available on the CCHS website. For questions, please contact Kathy Atassi (304-415-0071) for jackets, Christi Preston (304-550-0239) for green polos, and Marsha Hoyer (304-552-8065) for white polos. OFFICIAL UNIFORM POLOS MUST BE PURCHASED THROUGH PVA. Please note that students who are members of athletic teams and academic competition teams are permitted to wear an official CCHS kelly green polo shirt to school on designated dates – normally home games and post-season games designated by the principal.
- 2) **CAFETERIA VOLUNTEERS** – Many thanks to those of you who have already volunteered to help in the cafeteria. If you would like to be placed on the schedule during the second semester, please contact Kim Javins (kim.javins@suddenlink.net or 304-549-3939). **SECOND SEMESTER VOLUNTEERS ARE NEEDED!** In order to comply with the Kanawha-Charleston Health Department's requirement that all cafeteria volunteers have a food handler card, all CCHS cafeteria volunteers must complete a 75 minute online training course and 30 question assessment with a score of 70%. The PVA will pay the registration cost and will provide volunteers with an access code to participate in the course. Please contact Stephanie Sullivan (wvsteph23@yahoo.com) for information on the Food Handler's Card and Kim Javins (kim.javins@suddenlink.net or 304-549-3939) for

information on scheduling. If you are unable to attend on your scheduled day, please find a sub and let the kitchen staff at school know by calling the school at 304-342-8415.

- 3) **Parent involvement** is critical for the successful operation of the CCHS athletic program. Helping transport students to games and practices, working gates, being supportive of the players and coaches, attending games, and participating in the team lunch program are just a few ways that parents help. EVERY parent of an athlete is needed to support the teams! Each sport is allocated one team lunch, and guidelines and dates for these lunches will be distributed to parents at the beginning of each season, once team rosters have been established.
- 4) **Athletic family passes** are available through the PVA. These passes are good for immediate family members only (not cousins, in-laws, ex-in-laws, grandparents, fiancées, etc.) to attend CCHS home games. The passes do not cover away games, tournaments played at home, or any SSAC tournaments (sectionals, regionals, etc.). Cost is \$150 for all home middle school games only, \$175 for all home high school games only, and \$200 for all home games (both levels). A \$100 student or senior citizen pass for all home games is also available. Please contact Lynn Brookshire at 304-541-4649 if you have questions about these passes.
- 5) **PVA packets** including volunteer forms and all ordering forms for logo jackets, white polos, and green polos are available on the school website (www.charlestoncatholic-crw.org). Completed forms will be accepted throughout the school year. Please drop off in the school office.



- 1) With the observance of All Saints' Day and All Souls' Day, the month of November is a time to remember those who have gone before us. Charleston Catholic has a Book of Remembrance, with names of deceased loved ones, which will be located in the chapel all month. Over the years, students have shared names of loved ones they would like remembered in prayer by our school community. This month, students can include additional names when they visit the chapel for class mass or other occasions. Your loved ones will be kept in our prayers throughout November.
- 2) TEC (Teens Encounter Christ) is a three-day, two-night (overnight) retreat weekend designed for high school sophomores, juniors and seniors as well as freshmen in college. The weekend will take place November 10-12 (Veterans' Day Weekend so no school is missed) at John XXIII Pastoral Center. Mark Haas, Molly Linehan and Fr. Leon Alexander are just some of the fantastic set of directors who will lead the retreat. TEC applications are in theology classes.
- 3) Hope Village will open at First Presbyterian Church beginning the week of November 11. Hope Village features many exquisite fair trade items during the Christmas season. By making a purchase from Hope Village, you are directly and profoundly impacting the lives of each artisan and their families. One hundred percent of the proceeds received from Hope Village go directly to the artisans to help support their families with food, clothing, shelter, and education which enables them to live a more sustainable life. Hope Village will be open Thursdays, Fridays and Saturdays from 10:00 a.m. – 3:00 p.m. November 15-17, 23-24, 29-30 and December 1. They will also be open after Sunday worship until 2:00 p.m. on November 18 and 25 and December 2. Since Hope Village is open fewer days this year, everyone is encouraged to shop early and shop often!
- 4) The CCHS Annual Woodcutting day to Big Laurel in Mingo County will be Saturday, December 8. This day is a service opportunity for juniors and seniors. See Mr. Mehle or Ms. Linehan for more details.

COMMUNITY SERVICE AND GIVING

BOXTOPS FOR EDUCATION AND SERVICE TO OTHERS—Don't forget to save and send in your pink Box Tops for Education for our sixth grade Theology classes. Our goal is to use the money raised through the Box Tops to help local nonprofit agencies that the students will be learning about in Theology class. Box tops don't have to be trimmed neatly - simply tear them off and stick them in an envelope or sandwich bag. Please check the top to make sure it has not expired!

CLAY COUNTY CHRISTMAS PROJECT--Plans are progressing for our annual Clay County Christmas Party! Each year approximately 500 children and their families are served through this project which highlights the bond between families in Clay County and the CCHS/ SHGS community. Anyone willing to donate goods or funds should contact the school office -- cash donations are needed to assist with extra stocking stuffers, a special something extra for the food boxes, and miscellaneous needs. The entire school is involved in the project: getting stockings, providing stocking stuffers and gifts for specific children, stuffing stockings, bagging gifts by family, loading trucks, and on and on. The party will take place in Clay County on Saturday, December 1. Two groups of seniors actually go to the party: 1) morning helpers -- truck unloaders and organizers (who leave CCHS around 7 a.m. and then return midmorning to CCHS); 2) day-long helpers -- seniors who represent a variety of clubs and have specific tasks to perform. We'd like to take more students but the church facility in Maysel is very small. The timetable for the Clay County Christmas Project is:

- 1) **Friday, November 16 - \$2 jeans day** - to raise money for photo paper and ink -- each Clay County child gets his/her picture taken with Santa during our party!
- 2) **Tuesday, November 20 (at the latest)**- Students will receive the name and other information about their Clay County children. Students are asked to purchase a \$35 gift. Please do not exceed the \$35 limit but buy as much as you can for \$35. Try to hit right at the mark! It is very difficult on families when children within the same family do not receive "equitable" gifts. If a CCHS student is unable to participate in this aspect of the Clay County Christmas Project, please alert Mrs. Colleen Hoyer. Parents wishing to help with gifts for additional children are encouraged to inquire in the office.
- 3) **Tuesday, November 20** - Stockings and stocking stuffers are due to theology teachers. We try to fill 500 stockings, so we count on each student to bring in the requested items. Each student needs to bring a 12-14 inch stocking (about \$2) along with their grade level's stocking stuffer assignment. The dollar store is a great resource for these items. We are providing this information now so you can keep an eye out for bargains!
Each 6th, 7th, and 8th grader: One 12 to 14 inch stocking to be filled, 3 small boxes of crayons (8 or 16 count), 3 thin coloring books, 4 mechanical pencils, 2 chapsticks and 1 pair of stretchy gloves-one size fits all.
Each high school student: One 12 to 14 inch stocking to be filled, 3 hairbrushes, 2 tubes of toothpaste, 3 toothbrushes individually packaged, 2 chapsticks and 2 pairs of stretchy gloves-one size fits all. **EXTRA ITEMS ARE ALWAYS WELCOME!**
- 4) **Tuesday, November 27**- Food items are due -- Each homeroom will be preparing food boxes. Each student will be asked to provide specific food items. The majority of the food boxes are being provided by Sacred Heart Grade School children. CCHS students help fill the remainder of the boxes required by the number of families participating. Students will sign up for food items in their homerooms.
- 5) **Wednesday, November 28** - Wrapped gifts are due with the family number and Clay County child's name securely taped on the front.
- 6) **Various dates** -- Our student activity groups, service clubs, and other student groups are also participating by donating cookies, candy canes, etc. These students will receive specific information from their sponsors.

Thank you for your generosity to the children of Clay County!



SUPPORT CCHS AS YOU SHOP— For those of you planning to get a jumpstart on your holiday shopping, please keep Charleston Catholic in mind. It's easy to do!

- 1) It is simple to use the **Kroger Community Rewards program, and it greatly benefits the school.** To enroll, go to www.krogercommunityrewards.com and use the Charleston Catholic organization number **LH615**. Be sure you have your Kroger Plus card available when you register. Kroger Plus Cards are available at the Customer Service desk at any Kroger. To participate in the program, just register your **Kroger Plus Shopper's**

Card (as outlined above), use the card when you checkout, and Charleston Catholic will receive a check from Kroger on a quarterly basis.

- 2) When you shop at Amazon.com, the **AmazonSmile program** will donate 0.5% of your purchases to CCHS when you log in to your Amazon account using the address <http://smile.amazon.com/ch/55-0630688> (or by clicking on the link on the School Home section of RenWeb) to enroll in the program.

HOPE 2019 – Planning is underway for our 15th summer of HOPE. This year we will partner with Cabwaylingo Appalachian Mission and serve in Wayne and Mingo counties. Our group of juniors, seniors, college age alumni and adult work crew leaders will make significant repairs at the homes of 8-10 low income families and seniors during the week of **June 23-28, 2019**. We need to raise **\$25,000** to purchase building materials to make these homes warmer, safer, and drier. Please consider making a **tax deductible donation, 100% of which will go toward the purchase of construction supplies**. Checks can be made payable to Charleston Catholic and sent to the school office to the attention of Bill Mehle, HOPE Coordinator, or donate online at www.charlestoncatholic-crw.org and search “Donate to HOPE.”



ATHLETIC UPDATES

SPORTSMANSHIP AT CCHS – As we approach the beginning of a new athletic season, it is a good time to review our expectations for our student athletes, coaches, fans, and parents. The success of our program leads to increased attention on our athletes, coaches, and families. While it is easy to get swept up in the emotion of the moment, our athletes, coaches, parents, and fans should demonstrate the values of integrity, respect, and community at all times. People judge our school by viewing the behavior of those who represent it most visibly. Charleston Catholic is committed to ensuring that sportsmanship is always a part of our athletic programs. We will require participation in the National Federation of State High School Association’s sportsmanship course in the event that a student athlete, student, parent, or fan is ejected from a contest by an official of the sport. The course must be completed for further participation or admittance to athletic contests. In addition, the person ejected from a game must sit out 10% or more of the total number of regular season games (e.g., 2 soccer/basketball, 3 baseball/softball, etc.) following the ejection. For more information about the NFHS course, which gives a better understanding of sportsmanship and how it impacts the educational process, go to www.mfhslearn.com. Please talk to Jacob Nelson for additional information.

FALL SPORTS UPDATE-- The fall sports season is coming to an end, and what a season it has been! Congratulations are in order for the following teams who have wrapped up their season already:

- The **middle school girls’ cross country** finished their season with a second place finish in the Kanawha County championship meet!
- The **middle school boys’ cross country** had a 4th place finish in the county meet! Congratulations to the runners!
- The **middle school volleyball** team finished their season in an 8th place tie, just missing the county tournament in a tie breaker. It was a great season for the volleyball team.
- The **high school golf** team finished 3rd in the state this year! Thank you, seniors, for an amazing four years with the golf program.
- The **middle school boys’ soccer team** finished the regular season in 2nd place. They won the County Championship over John Adams in amazing fashion in a double overtime game that was decided by penalty kicks! This win is the boys’ second county championship in three years!
- The **middle school girls’ soccer team** finished the season UNBEATEN with a record of 14-0! Coach Reed and the Lady Irish were both Kanawha County regular season and tournament champions with only 2 goals scored on them all season!

The high school cross country, high school soccer, and high school volleyball teams are still competing. The **volleyball team** will compete in sectional play October 29, October 31, and November 1 at the Athletic Facility. The Irish will be the #1 seed in the section entering the tournament. The cross country girls', girls' soccer, and boys' soccer teams are the regional champions with boys' cross country finishing as regional runner up! The **girls' and boys' cross country teams** will compete in the state meet on Saturday, October 27, at Cabell Midland High School! The boys will run at 10:00 a.m. and the girls will run at 10:45 a.m.! Good luck! The **boys' soccer team** will be taking on East Fairmont in the first round of the state tournament in Beckley at 9:30 a.m. on Friday, November 2! The **girls' soccer team** will also be competing in the first round of the state tournament on Friday, November 2, at 4:30 p.m. vs Oak Glen! Good luck to all! Let's finish the fall season strong! GO IRISH!

CCHS BASEBALL FAN GEAR 2019-- is now on sale through **Tuesday, November 6**. Order forms are available in the school office.

TRAVEL—Students may not drive to school events, such as field trips or “away” athletic events, taking place at locations other than Charleston Catholic facilities or other designated “home” locations. Students must ride to and from the event with adults (age 21 or older) who have met the Diocesan requirements for field trip drivers.

ADVERTISING OPPORTUNITY – Are you looking for a new way to advertise your business? Take advantage of The Wall in the competition gym at the CCHS Athletic Facility. We already have several advertising banners on display. If you're interested in adding a banner promoting your business or well wishes to the wall, 3 foot by 6 foot customizable banners are available. What a great way to reach out to the Charleston Catholic community! To learn more and order a banner for your business, contact Kathy Crain at (304)541-4182.

HANDBOOK REMINDERS

PLANNED ABSENCES - While the school does not encourage students to miss school for any reason, there is a procedure to follow when students know of absence(s) in advance. The purpose is to notify school personnel of a student's planned absence. **School-sponsored activities are excused (e.g., academic competitions, post-season sports play). All other absences are unexcused (e.g., doctor appointments, performances, funerals).** It is the student's responsibility to make up all class work, assignments, and tests missed due to the absence, according to school guidelines. Student must obtain an “Out of School Notification” form from the office for all planned absences.

- 1) Parent/Guardian must complete the form and indicate specific date(s) and reason(s) for the absence.
- 2) Student must present the form to teachers and obtain signatures indicating that the teachers are aware of the absence.
- 3) The form must be turned into the office. Official school records will reflect the status of the absence, i.e., excused for school-approved activities or unapproved for all other absences. If a school-sponsored excused form is not completed and turned into the office prior to the absence, it will be treated as an unexcused absence.

CONGRATULATIONS

- to junior Elizabeth Kay on her selection by MaxPreps as the High School Volleyball Player of the Week for the week of September 24-28 for the state of West Virginia. Elizabeth's stats for the week include 60 kills, 27 digs, 4 aces, and 31 blocks.

- to the high school Quiz Bowl team whose year is off to a strong start with first and second place finishes in the first two tournaments of the school year!

- to middle school cross country team members who were named to the first team All County: Gabbie Custer, Zoe Charbonniez, and Raymond Keith and to second team honorees Hayden Kreitzer, Iris Charbonniez, and Emerson Sadorra.

MANY THANKS

- to the PVA and all of our parent volunteers. We are so grateful for their involvement and their commitment to support the students and teachers. We are especially appreciative of the PVA's sponsorship of the much desired Wish List items- those "extra" items for the teachers to use in their classrooms!
- to Thad Settle who joined the senior theology classes to share his insights on the Buddhist tradition.
- to the fall coaches for their efforts to instill the values of hard work, teamwork, and sportsmanship in our student athletes while also ensuring a positive athletic experience for our young people.
- to all who purchased the tasty food items to support the junior class prom fundraiser. The items will be delivered to juniors on November 14. Juniors will deliver to customers immediately after school the same day.
- to Dr. Jackie Fannin, CCHS physics teacher, for the high school science seminar presentation of her doctoral research entitled "Efficacy of Female Rat Models in Translational Cardiovascular Aging Research." Over 60 students attended this informative and interesting lecture.

SCHOOL CLOSURE INFORMATION

SCHOOL CLOSINGS/DELAYS DUE TO SNOW/ICE –I know it seems early to think about snow, but the recent frosty mornings have forced me to face the fact that winter is just around the corner. Here's a brief reminder of the CCHS weather policy. **Remember that school closings and delays are announced on the CCHS website and are tweeted through cchsnews.**

- 1) CCHS/SHGS will NOT follow ANY of the Kanawha County Schools' weather-related procedures.
- 2) Families may connect to the CCHS website or listen to the radio/television for changes to CCHS/SHGS schedules. The following stations will be notified by 6:15 a.m. if there are changes to be made: WV Public Radio, WCHS, WCHS-TV, WSAZ-TV, WOWK TV, V100, 96.1, and WKAZ. **The CCHS website will be updated and a tweet will be sent through cchsnews.**
- 3) If no announcements are made for CCHS/SHGS, classes will be held on the regular schedule.
- 4) **If a two-hour delay is announced, classes will start promptly at 10 a.m.** The building will not open until 9:30 to give staff time to get to school. Please do not drop off your children before 9:30!
- 5) As always, if you cannot get your child to school for health or safety reasons, notify the school.

CALENDAR

FAMILY TRIPS, APPOINTMENTS, ETC. -- Please avoid taking students out of school for vacations, family trips, appointments, etc. If students miss school for any reason (including illness), it is their responsibility to find out what they missed. The policies for making up work are included in the Parent-Student Handbook. If your child is ill or will miss school for any reason, please notify the school office by 8:30 a.m. In addition, at the end of the semester students will have to stay after school to make up any time missed during excessive absences/tardies.

Please use this calendar in your planning. Please remember that exams must be taken on scheduled exam days, and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester.

Please note that, as is the case each school day, teachers administer tests/quizzes, have assignments due, and teach lessons on the days immediately preceding and following school holidays. Students who take extended holidays run the risk of affecting their grades.

Friday/Saturday October 26-27
 Tuesday, October 30
 Thursday, November 1
 Monday, November 12
 Friday, November 16
 Tuesday, November 20
 Wednesday, November 21

Fall drama production
 6th grade retreat
 Parent-teacher conferences, NO SCHOOL for students
 Veterans' Day holiday- NO SCHOOL
 \$2 Jeans day for Clay County Christmas
 stocking stuffers due to Theology classes
 11:30 dismissal for Thanksgiving holiday

Thursday/Friday, November 22-23	Thanksgiving holiday
Tuesday, November 27	food items due to homerooms
Wednesday, November 28	wrapped gifts due to homerooms
Saturday, December 1	Clay County Christmas party
Tuesday, December 4	optional ski club parent meeting
Wed/ Thurs/ Friday, December 19-21	exams
Saturday, December 22	beginning of Christmas vacation
Monday, January 7	classes resume
Wednesday, January 9	Ski Club
Wednesday, January 16	Ski Club
Friday, January 18	end of the first semester
Monday, January 21	Martin Luther King, Jr. holiday- NO SCHOOL
Wednesday, January 23	Ski Club
Wednesday, January 30	Ski Club
Monday, January 28- Friday, February 1	Catholic Schools Week
Friday/Saturday, February 1-2	winter drama production
Wednesday, February 6	Ski Club
Saturday, February 9	HS Winter Waltz
Monday, February 18	Presidents' Day holiday- NO SCHOOL
Thursday, February 28	8th grade retreat
Monday – Friday, March 11-15	Terra Nova Testing for 6 th -10 th grades
Friday, March 22	end of 3rd quarter
Tuesday, April 9	SAT day for juniors
Monday- Wednesday, April 8-10	Sophomore Summit at Huttonsville
Monday, April 15	beginning of Easter Vacation
Tuesday, April 23	classes resume
Friday, May 3	freshman retreat
Friday/Saturday, May 3-4	spring drama production
Monday-Friday, May 6-17	AP Testing
Saturday, May 18	prom
Thursday, May 23	Baccalaureate, in evening
Friday, May 24	Graduation and Project Graduation, in evening
Monday, May 27	Memorial Day holiday
Mon/ Tues/ Wed, June 3-5	Exams for 6 th - 11 th graders
Wednesday, June 5	Moving Up Ceremony for 8th graders

LUNCH MENU

LUNCH PROGRAM –We continue to make adjustments to our school lunch program, hoping to encourage students to follow the healthful eating practices established in their homes. If you have suggestions, please share them with us! The school lunch program offers a variety of foods -- salads, sandwiches, microwavable items, fruit, cereal, etc. -- on a daily basis in addition to a rotating menu. We do not sell sodas – our drink selection includes milk, water, flavored water, and juice. **Students are certainly encouraged to bring bag lunches from home.** Middle school students have a snack time during the course of the day at which time they may eat snacks brought from home or purchased in the Commons. **Students are not permitted to have food deliveries (e.g., pizza, fast food) made to the school.** If you have questions about the food program, please contact Mr. Villers.

OCTOBER- NOVEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
29- pizza, taco soup Kip Wilcox Niki Kurten Mireille Hanna	30- chicken parm subs Jaime Bowman Chris Williams George Metz	31- bloody joe's, full moon fries, graveyard dirt Mary Collins Karrah Pauley Kathy Atassi	1 NO SCHOOL	2- pizza Stefanie Henrich Brandy Messer Bert Fredeking
5- hot dogs, coleslaw, tots Marie Green Julie Griffith Wendy Young	6- stuffed shells, garlic twists Sara Frame Cary Charbonniez Erica Baumgras	7- chicken alfredo, cheesy rolls Jessica Griffith Shawna Meeks Betsy Cimino	8- hot ham and cheese on pretzel bread Uma Dave Wendy Johnson Lynn Brookshire	9- meatball subs, potato triangles Leroy Dumm Denise Dumm Ron Rushworth
12 NO SCHOOL	13- pizza, minestrone soup Yolanda Tam Feli McKown Kim Javins	14- grilled chicken sandwiches, mozzarella sticks Susanne Coffield Karrah Pauley Carrie Lakin	15- turkey, dressing, mashed potatoes with gravy, pumpkin bars, green beans, rolls Alison Corbin Jaime Bowman Chris Williams	16- baked pasta with meat sauce, garlic toast Sheila Moran Mary Collins Greg Bolles
19- calzones, potato soup Alex Macia Nat Namsupak Susie Murad	20- cooks' choice David Mitchell Sandra Hershberger George Metz	21 EARLY DISMISSAL	22 NO SCHOOL	23 NO SCHOOL
26- pizza, pasta salad, Greek orzo salad Bert Fredeking Heather Kittredge Jennifer Scalzo	27- chicken noodle soup, chili, cheesy chicken enchilada soup, baked potatoes Harmony Brown Kim Javins Paula Durst	28- chicken tenders, fries Helen Kesari Cindy Keith Kathy Atassi	29- beef tacos, taco salad, nachos Larra Winter Stephanie Sullivan Susan Jarvis	30- spicy chicken sandwich, tots Mireille Hanna Tina Caldwell Susan Veazey

Volunteers 1 and 2: 10:30- 12:45
Volunteer 3: 11:15- 12:45

Mass Day- Volunteers 1 and 2: 11:00- 1:15
Volunteer 3: 11:45- 1:15