



February 22, 2019

INSIDE CHARLESTON CATHOLIC HIGH SCHOOL

Teaching character, compassion, and confidence to the youth of West Virginia for over 90 years

Dear parents and students:

A few weeks ago we welcomed David Flood, a motivational speaker for young people. Mr. Flood spoke to both our high school students and our middle school students about the importance of kindness, compassion, and respect. He issued three challenges to our students: 1) look at people on the inside; 2) thank two adults in the school building for caring about them, and; 3) no one eats lunch alone. Mr. Flood’s stories were engaging and well-received by our students. They seemed to hear his message. I am optimistic that they will meet his challenges.

Then, last week, Fr. Binu’s homily at our school mass seemed to echo the same sentiment. While speaking about Mark 7:14-23 and Jesus’ teaching that what defiles a person is not what one puts into his/her body, but instead what comes out of it, from a person’s heart, Father Binu reminded us to be aware of what is on our insides. How we treat others, what words we speak to people’s faces and behind their backs, and what is in our hearts are areas for us to focus on. We must be ever aware of what we project and direct toward others. Are we constantly critical of others and negative toward any new ideas? Are we quick to judge and ready to exclude? Or, do we meet the challenge to look at each other with compassion and acceptance and willingly open our hearts to others?

As we look toward the beginning of Lent, may we examine what is on our insides and be willing to look at each other’s hearts, as well. May we all be open to accepting Mr. Flood’s challenges to us.

Warmly,

Colleen M. Hoyer

CONDOLENCES – We express our sympathy to one of our students and her family who lost a loved one recently. May the soul of the departed rest in peace: Emilie McNeil’s paternal grandmother. Please keep the McNeil family in your thoughts and prayers.

WELCOME- We welcome Naomi Grace Walker, daughter of high school theology teacher Ted Walker and his wife Amy, to the Charleston Catholic community. Naomi was born on February 11 and joins older siblings Eli and Penny. We’re excited to meet our newest addition!

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ACADEMIC UPDATES

THIRD QUARTER PROGRESS- The Ren Web report that you receive this weekend will include grades through the halfway point of the third quarter. Students were given printouts from their teachers in their classes this week. Please

thoughtfully review the report with your children. Identify areas of strength and determine if there are areas that can be improved on. Set realistic goals that can be achieved by the end of the quarter (March 22).

SECOND SEMESTER EXAM SCHEDULE – Although it still seems a long way away, March is just around the corner and spring exams will be here before we know it. All classes have exams and exams must be taken at the scheduled times. Students who miss semester exams for reasons other than illness (who will be given the opportunity to make up the exams) will receive an F for those examinations. Just a reminder regarding the **seniors- only exam exemption policy**: Seniors may be exempt from second semester exams if: 1) the course is a two-semester course; 2) the teacher chooses to allow exam exemptions; 3) third and fourth quarter grades average to at least a 93; **4) fine arts requirements must have been completed by Friday, March 22, and community service requirements by Tuesday, May 7, 2019.** Students enrolled in AP courses must take the AP exam AND teacher-developed final exams. Seniors who meet exam exemption requirements for their AP classes may be exempt from teacher- developed final exams. Seniors in non-AP classes who choose to take AP exams will also take teacher-developed final exams unless they meet the exemption standards. Non-seniors who choose to take an AP exam for an AP class in which they are not enrolled must take the final exam for their class.

Seniors:	Tuesday/Wednesday, May 21/22 (schedule to be announced)	
Sixth grade:	Monday, 6/3	exams for periods 8 and 7; 11:15 dismissal
	Tuesday, 6/4	exams for periods 5 and 3; 11:15 dismissal
	Wednesday, 6/5	exams for periods 1 and 2; 11:15 dismissal
7th/8th grade:	Friday, 5/31	exam for period 2 (8- 9:30 a.m.); 2:45 dismissal
	Monday, 6/3	exams for periods 7 and 8; 11:15 dismissal
	Tuesday, 6/4	exams for periods 1 and 4; 11:15 dismissal
	Wednesday, 6/5	exams for periods 3 and 5; 11:15 dismissal

**Please note that 7th and 8th grade students will NOT take an exam in their foreign language or exploratory class. During that scheduled exam time, they will use the time to prepare for other exams. **

High school:	Friday, 5/31	exam for period 2 (8 – 9:30 a.m.); 2:45 dismissal
	Monday, 6/3	exams for periods 7 and 8; 11:15 dismissal
	Tuesday, 6/4	exams for periods 1 and 4; 11:15 dismissal
	Wednesday, 6/5	exams for periods 3 and 6; 11:15 dismissal

SCHEDULING AND ADMISSIONS FOR 2019-20

2019-2020 SCHEDULING FOR CURRENTLY ENROLLED STUDENTS –Scheduling/ registration forms for returning students will be distributed to returning students the first week of March. Mrs. Aubel and Mrs. Herrick will meet with high school classes to discuss course requirements and options for next year. Grades are an important factor in course placement so students should continue to work hard until the end of the school year.

NEW STUDENTS FOR 2019-2020 – We are in the midst of the admission process and application due dates are quickly approaching. **Applications for all grade levels are available online (www.charlestoncatholic-crw.org).** **Mail completed applications directly to CCHS.**

Saturday, February 23 – admissions test for prospective students from 10:00 a.m. – noon - CCHS Commons

Monday, February 25 – deadline for receipt of applications of students currently attending Catholic schools who wish to be given first consideration. Applications from area Catholic schools received after this date lose “first consideration” status and are placed in the general pool of applicants.

Tuesday, February 26 - first day applications will be processed from students in non-Catholic schools

Friday, March 1 – deadline for all non-Catholic school students to submit applications who want to be considered in the first round of acceptances

Friday, March 15 – first round of acceptance letters mailed (for applicants whose files are completed by Friday, March 1 – applications received after March 1 will be reviewed periodically by the Admissions Committee and notification as to enrollment status will be mailed at that time).

NOTE – It is rare for CCHS to accept students as juniors and seniors. Only juniors and seniors moving into the area will be considered.



UPCOMING EVENTS

HIGH SCHOOL SCIENCE SEMINAR- The CCHS science department will be having a science seminar for high school students on Wednesday, March 20, at 7 p.m. The speaker for the seminar is Aaron Smith who is a manufacturing engineer at Alcon in Huntington, WV. Aaron graduated from WVU with a bachelor's degree in aerospace engineering and will graduate with a master's in engineering management in December. One of Aaron's most recent projects was developing an automated vision measuring system for Alcon. At the seminar Aaron will be speaking about his work at Alcon and his experience as an engineering student.

SOPHOMORE SUMMIT— Our sophomores are joining sophomores across the diocese for The Sophomore Summit on Leadership, a 3-day, 2-night program at Camp Bosco in Huttonsville. The program will equip sophomores with skills and principles drawn from the Jesuit tradition of Leadership: Self-Awareness, Ingenuity, Love and Heroism. Our sophomores will be attending from Monday, April 8, through Wednesday, April 10. Students will depart from school at lunch time on Monday and will return to school on Wednesday afternoon. **Permission forms will be sent home on Friday, March 8, and will be due on Wednesday, March 13.** Activities will be led by diocesan personnel, but faculty and parent chaperones will be engaged in monitoring students. An informational parent meeting to share more details will be held on **Thursday, March 7, at 7 p.m.** in the fourth floor chapel.

THE HIGH SCHOOL SCIENCE BOOK CLUB-- reading selection for the second semester is *The Tales Teeth Tell: Development, Evolution and Behavior* by Tanya Smith. Mrs. Arnold has been in touch with Dr. Smith, a biological anthropologist, who has offered to Skype with the book club members. Any high school student may join this club. We will meet four times this semester during lunch to discuss sections of the book. Please contact Mrs. Arnold for more information.

TUITION AND CALENDAR INFORMATION FOR 2019-20

TUITION RATES FOR 2019-20—will be released in mid-April. Invoices and loan information from Premier Bank will be mailed on April 12. **Tuition payment in full is due June 15** (late charge assessed at \$1.00 per day after June 15).

DIOCESAN TUITION ASSISTANCE-- For the twenty-eighth year, the Diocese of Wheeling- Charleston will continue its tradition of offering the Tuition Assistance Program (TAP) in an effort to keep Catholic school education affordable for Catholic families who desire it but may need some financial assistance to make the dream a reality. Thanks to Most Reverend William Lori's commitment to Catholic education, funds have once again been allocated for distribution to Catholic families in need of assistance. Awards are based upon a family's degree of need relative to all other applicants. Apply on-line at <https://www.factsmgt.com>. Click on "Grant and Aid Assessment" and log in. Have your 2018 tax information available. Families with children currently enrolled or who are applying to enroll for the 2019-2020 school year should apply ASAP. **The deadline is April 30.** No assistance will be available from the Diocese or from any school unless an application and all required documentation is submitted, and the fee has been paid. The application fee is \$30. The Diocese will pay \$15 and families must pay \$15.

TENTATIVE CALENDAR FOR 2019-20 – Please keep this calendar in mind as you plan for next year. Please remember that **exams must be taken on scheduled exam days** and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester.



Monday, August 19	first day of school, 11:30 dismissal
Tuesday, August 20	first full day of school
Monday, September 2	Labor Day-no school
Monday, October 14	no school for students
	Professional Development Day for teachers
Thursday, November 7	Parent Teacher Conferences
Monday, November 11	Veterans Day-no school
Wed./ Thurs./ Friday, November 27- 29	Thanksgiving Break
Wed./ Thurs./ Friday, December 18- 20	exams, 11:15 dismissal
Monday, December 23-	Christmas Break
Friday, January 3	
Monday, January 6	classes resume
Monday, January 20	Martin Luther King, Jr. Day-no school
Monday, February 17	Presidents' Day-no school
Monday, April 6-	Easter Break
Monday, April 13	
Tuesday, April 14	classes resume
Friday, May 22	graduation
Monday, May 25	Memorial Day-no school
Mon./ Tues./ Wednesday June 1- 3	exams, 11:15 dismissal
Wednesday, June 3	8 th grade moving up ceremony

NOTES FROM THE ACADEMIC ADVISOR

- 1) **West Virginia Governor's Schools:** The State of West Virginia is proud to offer The Governor's Honors Schools, residential summer sessions for academically and/or artistically talented students from across West Virginia. The programs are based on the premise that West Virginia's youth must be provided with special opportunities for learning and personal development in order for them to realize their full potential. There is no cost to families of students who are accepted to these competitive programs. Those who have attended the programs in the past describe them as "life-changing." It is time to start thinking about whether this might interest your child. For more information, visit <http://www.govschools.wv.gov/>.
 - **Governor's STEM Institute (formerly GSMS)** - current 7th grader sessions at WVU (June 25-July 3; July 5-13); current 8th graders at the Green Bank Observatory (July 22-August 4th)
This program encourages students to delve into projects that allow them the time and opportunity to think and work like scientists, using high level mathematics and thinking skills. Current 7th and 8th graders may apply. Please let Mrs. Herrick know if you are applying.
 - **Governor's School for Entrepreneurship (WVGSE)** - West Virginia University (June 13-July 3)
In an effort to provide a dream-realizing experience, WVGSE offers high-school students the chance to dream about a new business or product and then make it happen. Young innovators are thrown into an "accelerator" atmosphere where in three short weeks, they

learn about business models, design thinking, and scaling new startup ventures. There are team competitions, a pitch competition, and the opportunity to actually launch a new business venture. In fact, every young innovator will be an entrepreneur by the end of GSE. Please let Mrs. Herrick know if you are applying.

- 2) **PROMISE scholarship and FAFSA deadline** – March 1. All students in the class of 2019 must complete BOTH the PROMISE and the FAFSA applications in order to be considered for the PROMISE scholarship. Additionally, colleges and universities throughout the country use FAFSA information to determine scholarships and financial aid. Go to www.cfwv.com then Financial Aid Planning. (Note: Please use all zeros for the student ID number.)
- 3) Students wishing to take AP tests for AP courses we do not offer (e.g., foreign languages, chemistry, etc.) may choose to do so and must notify Mrs. Herrick or Mrs. Thomas by Friday, March 8.
- 4) Reminder - Mrs. Herrick handles college visit requests. Students should get the forms from her and return the completed forms to her at least 2 days before the trip. **Seniors are allowed 2 college visit days; juniors are allowed 2 college visit days. College visits must be made before May 1.**
- 5) CCHS encourages students to take both the ACT and the SAT before the end of their junior year. Doing this allows students to get a baseline score and to prepare for future tests. Both tests are accepted by all colleges and universities for admission. We have found that students perform better on these tests if they are taken before the end of the school year. By the June testing dates, students tend to be tired and not as fresh. So, if possible, consider an earlier test date. Students may also take SAT II subject tests which are best taken at the end of the junior year or upon completion of courses being tested e.g., Biology, World History, U.S. History.

HANDBOOK REMINDERS

ATHLETIC FEES AND PHYSICAL EXAMINATIONS- In order to try-out for a team, a student must have a WVSSAC doctor's physical examination form on file in the CCHS athletic office. Physical forms completed after June 1st of a particular year are accepted for the school year commencing in August. Once selected as a member of a team, all athletic fees must be paid (\$75 per sport) before a student will be issued a uniform. Based on their best judgment, coaches will determine how much playing time athletes receive. Once a student has been selected as a team member, payment of fees enrolls the student on a team but does not guarantee playing time.

UNIFORM SHOES- Shoes must be leather dress shoes that are primarily black, brown, gray, or navy in color. Shoelaces must be the same color as the shoe and must be tied. Shoes that have a place for shoelaces are required to have shoelaces. Soles may not exceed 1 inch, and heels may not exceed 1½ inches. All shoes must be closed at the toe and heel and have a hard sole. Shoe tops must be below the ankle bone. The following type of footwear is not permitted: sandals, moccasins (soft or hard soled), athletic shoes (even if leather), platform shoes, fleece-lined shoes/slippers, wedges, clogs, or boots.

FROM THE SCHOOL OFFICE

HOMEWORK HOUR- The school library is open to all students for distraction-free homework completion and study each week on Monday - Thursday afternoons from 3-4 p.m. Mrs. Shindle is in the library to supervise students while they work.



SCHOOL SAFETY- Our central downtown location offers many benefits. However, it also brings challenges at times. We must be diligent in a continuous review of our safety measures. The school administration regularly reviews and makes modifications to safety plans as they become necessary. Additionally, all doors to the school building are locked during the school day. Entry is granted only through the main Virginia Street doors. For safety reasons, students and faculty are instructed not to open ANY door to let visitors into the building. The office staff works hard to respond to

the doorbell when it chimes and to receive and welcome all guests, but it may take a moment or two before you are admitted. You may be asked to identify yourself before being permitted entry—this is for everyone’s safety. Please don’t take it personally! Upon entry, please report directly to the office to sign in and receive a visitor’s pass.

VIRTUS— Be sure you are able to help! All parents or other adults who volunteer, coach, drive students, chaperone, etc., are required by the Diocese to complete the diocesan sexual abuse awareness training before being allowed to work with our students. Training is available online or at sessions periodically scheduled. To begin, visit the VirtusOnline.org and choose the online option. Allow 1- 1½ hours to complete the program. Print out the certificate of completion and submit it to Mr. Villers. It is still necessary to complete the background check and sexual abuse awareness statement which can be done by clicking on the link at the school website at www.charlestoncatholic-crw.org. If you have questions, please call Mr. Villers.

Adults who volunteer, coach, or chaperone, may be asked to update background and policy forms. Background checks must be updated every three to five years depending on your role in the school. Policy questionnaires should be updated if they were signed before 2014. Current Diocesan guidelines do not require volunteers to update the training portion of VIRTUS. Please contact Mr. Villers with any questions and to update your forms.

PARENT ALERT COMMUNICATION TOOL—We will continue to use our Parent Alert text system (a Ren Web component) as a means of communication in addition to the school website (www.charlestoncatholic-crw.org), Twitter feed (text “follow cchsnews” to 40404), and RenWeb email. Be on the lookout for these texts with important school updates including announcements from the school office AND ALL WEATHER RELATED CLOSINGS/ DELAYS.

GLOVES?— The science department is in need of rubber, latex gloves for students to use during lab work. Donations would be much appreciated. Please coordinate with Amy Arnold or drop gloves off in the school office.

PEER TUTORING- One on one peer tutoring is available after school in the library from 3-4 p.m. at a cost of \$10 an hour. Students are matched up on a first-come, first-serve basis based off of grade level and subject. Please keep in mind that many of our high school students participate in extracurricular activities outside of the normal school day, and because of that, there are limited numbers of tutors. If there are no peer tutors available, your child will be put on a waiting list and will be matched as soon as a tutor becomes available. Please call the school office and ask for Mrs. Aubel if you are interested.

The Mu Alpha Theta honor society offers free math tutoring Tuesdays and Wednesdays after school to any student, grades 6-12. Tuesdays’ tutoring sessions are held in room 313 and Wednesdays’ sessions are held in room 205.

GOING OUT OF TOWN? – If parents are going to be out of town, please leave contact information with Mrs. Lovejoy in the office. In case of an emergency, we need to be able to contact you.

IMMUNIZATIONS--The health department asks all schools to keep students’ immunization records updated. If your child has had recent shots, please send CCHS a copy of new health records. **All rising 7th and 12th graders are required to have updated Tdap and meningococcal vaccines before they enter school in August. Once your child has these vaccines, an updated immunization record must be submitted to Mrs. Thomas.**

IF YOUR LAST NAME IS DIFFERENT FROM YOUR CHILD’S NAME – please put the child’s full name on all checks issued to CCHS and to any correspondence sent to the school.

PROOF OF ENROLLMENT FORMS -- for drivers’ licenses and permits may be requested in the school office using the CCHS request form. It will take two school days for the forms to be completed by office staff.



WE WANT YOUR PHOTOS IN THE YEARBOOK! - Students, parents, and teachers can contribute content to the yearbook staff by uploading photos directly to our website for potential use in the book. You can share photos of sporting events, performances, school & community events, or shots of you and your friends our staff photographers might have missed. Start sharing today! **Share images directly from your phone by downloading the FREE hjeShare app using school code: goirish**

OR:

- 1) Go to www.hjeshare.com
- 2) Enter the school code: goirish
- 3) Locate the picture (file) you want to upload. You can Ctrl+click to upload as many as 10 photos at a time.
- 4) Click Open.
- 5) Click each thumbnail to select and enter any relevant information about the images.
- 6) Click Submit Image Information when you are done.

Be sure to share photos as soon as possible so that our staff can integrate them prior to their quarterly deadlines!

MIDDLE SCHOOL UPDATES

GOLDEN HORSESHOE - A highlight of the eighth-grade year is the opportunity for a student to become a Knight or Lady of the Golden Horseshoe. Named for the golden horseshoes given to the early explorers of what is now West Virginia by Alexander Spotswood, the Governor of the Virginia colony, the program recognizes students for their knowledge of West Virginia history. Next week, eighth-grade students from all over the state will take a computerized assessment on West Virginia history, facts, and trivia. Top scorers from each county are awarded a golden horseshoe by the governor in a ceremony at the capitol in May. Kanawha County's date for the Golden Horseshoe test is Wednesday, February 27th. There is no make-up date, so please make sure that your child does not have an appointment scheduled that day! Our eighth-graders will be taking the test in the school computer lab during their WV Studies class. Students have been gathering information in WV Studies class, but additional practice quizzes can be found on the WV Culture and History website (wvculture.org) and the WV Department of Education website. Ms. Phebus will hold study sessions after school from 3:00-3:30 every Thursday until the test.



SOCIAL STUDIES FAIR - Social studies education is essential for the preservation and improvement of our society. Effective social studies education requires the engagement of the learner in the investigation of history and its relationship to current events. The West Virginia Social Studies Fair provides this opportunity for students. All seventh graders will participate in a School Fair on Tuesday, February 26. Presentations and judging will take place in the Commons from 3:00-5:30. Winners will move on to compete in the County Fair on Saturday, March 9, at DuPont Middle School. An information packet was sent home with students in December. Please contact Ms. Phebus if you have any questions.

COMMUNITY SERVICE AND GIVING

SUPPORT CCHS AS YOU SHOP— Please consider supporting Charleston Catholic through Kroger and Amazon rewards programs. Your support is very much appreciated!

- 1.) The **Kroger Community Rewards** program can be used every time you grocery shop. To enroll, go to www.krogercommunityrewards.com and use the Charleston Catholic organization number **LH615**. Be sure you have your Kroger Plus card available when you register. Kroger Plus Cards are available at the Customer Service desk at any Kroger. To participate in the program, just register your **Kroger Plus Shopper's Card (as outlined above)**, use the card when you checkout, and Charleston Catholic will receive a check from Kroger on a quarterly basis.

- 1.) When you shop at Amazon.com, the AmazonSmile program will donate 0.5% of your purchases to CCHS when you log in to your Amazon account using the address <http://smile.amazon.com/ch/55-0630688> (or by clicking on the link on the School Home section of RenWeb) to enroll in the program.

BOXTOPS FOR EDUCATION AND SERVICE TO OTHERS!—Don't forget to clip your Box Tops for Education and send them in to the sixth grade theology classes. Money raised through the Box Tops will be used to help local nonprofit agencies that the students will be learning about in theology class. Box tops don't have to be trimmed neatly - simply tear them off and stick them in an envelope or sandwich bag. Please check the top to make sure it has not expired!

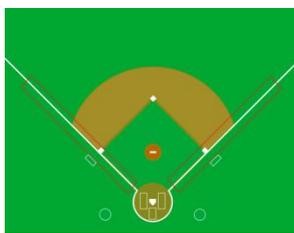
BECOME A BASEBALL FIELD SPONSOR-- Over the last year and a half, the Kanawha County Commission embarked on an ambitious effort to revitalize Shawnee Park in Dunbar into an impressive multi-sport complex. The first phase of the Shawnee Sports Complex, the soccer fields, opened this past summer and the baseball/softball complex is currently under construction. Thanks to the good work and vision of Kanawha County Commissioners Kent Carper, Ben Salango, and Henry Shores, the Shawnee Sports Complex is an impressive new resource for our community.

We are pleased to announce that, thanks to the generous support of CCHS alumni, Greg and Kim Burton, along with their sons Nick and Nate, **our baseball team will have a future home at Shawnee.**

The Burton Family's significant financial contribution was the major factor in enabling us to secure a field sponsorship at Shawnee. The sponsorship gives our high school baseball team scheduling priority on the field for our home games and post season games during the high school season for the next 15 years. And our **IRISH logo** will be proudly displayed in the Field Turf behind the home plate circle.

We are in need of others to join the Burton Family in support of this field sponsorship. Our goal is to raise **\$50,000**. We invite you to consider becoming a sponsor for our IRISH Baseball Field at the Shawnee Sports Complex. **Your financial support will help make the new home for Charleston Catholic Baseball a reality.**

Please consider joining us in this new adventure. Sponsor forms are available on the school website's Athletics page. Please contact Mrs. Hoyer if you have any questions or would like additional information.



HOPE 2019 – Planning is underway for our 15th summer of HOPE. This year we will partner with Cabwaylingo Appalachian Mission and serve in Wayne and Mingo counties. Our group of juniors, seniors, college age alumni and adult work crew leaders will make significant repairs at the homes of low income families and seniors during the week of **June 23-28, 2019**. We need to raise **\$25,000** to purchase building materials to make these homes warmer, safer, and drier. Please consider making a **tax deductible donation, 100% of which will go toward the purchase of construction supplies.** Checks can be made payable to Charleston Catholic and sent to the school office to the attention of Bill Mehle, HOPE Coordinator, or donate online at www.charlestoncatholic-crw.org and search “Donate to HOPE.”





CAMPUS MINISTRY

- 1) **Updated:** The HOPE Spaghetti Dinner is scheduled for **Saturday, March 2, from 5:30 to 7:30 p.m.** in the CCHS Commons. Dinner will include salad, pasta, meat or meatless sauce, bread, and dessert. All of the proceeds from the dinner will go toward the costs for the week-long HOPE project in June to help make homes of low income families in Wayne and Mingo Counties warmer, safer, and drier. Tickets can be purchased for \$7 (children under 5 eat for free) in the CCHS office ahead of time or at the door on March 2.



- 2) The WV Humanities Council is sponsoring “Who Is My Neighbor?” hosted by Blessed Sacrament Church on Saturday, March 2, 9:00 a.m. – 4:00 p.m. Speakers will include Dr. Fred Barkey, long-time West Virginia resident, historian, and Professor Emeritus at Marshall University who will discuss the history of immigration to West Virginia and labor conditions; Ms. Rajia Hassib, author and teacher, who will discuss growing up in Alexandria, Egypt, finding her way to West Virginia, and educational experiences that shaped her life as an author, and; Rabbi Victor Urecki who will discuss the contributions people of faith bring to West Virginia, his knowledge of visual art forms, and information about comic book illustrations that influence his life and work. There will also be a panel discussion between Dr. Anita Walz, Dr. Paulus Wahjudi, Ms. Maria Levin, and Mr. Anthony Kinzer. Interactive cultural experiences will follow each presentation. Lunch will be provided. You are welcome to come for a portion of the day or the entire event. This event is open to people of all ages.
- 3) Lent begins with Ash Wednesday on March 6. Lent is the 40 days of fasting, prayer and almsgiving that prepare us for Good Friday and then Easter. Each day of Lent, we will receive a Lenten challenge to reflect on ways that we can stretch ourselves as we live our faith with intention. We invite you to pray with us:

Oh Lord,

*May **prayer** awaken our compassion, give us clear lenses to see ourselves and strengthen our determination to overcome our shortcomings.*

*May **fasting** heighten our resolve and our empathy while rendering us alert to how our gifts can meet the world.*

*And may our **almsgiving** serve those in most need while ever stretching our hearts in generosity.*

Amen

Additionally, during Lent, Catholic Relief Services Rice Bowls will be available in all theology classes. Proceeds from the Rice Bowl reach communities in 101 countries.

- 4) Fish Fry volunteers are needed at St. Anthony Parish (1000 6th St.) from 5:00-8:30 p.m. each Friday of Lent (not including Good Friday): March 8, March 15, March 22, March 29, April 5 and April 12. Volunteers serve food and drinks, clean up and bus tables, and eat for free! Call Theresa Ashworth at 304-546-8186 if you have questions.

NOTES FROM THE PARENT VOLUNTEER ASSOCIATION (PVA)

All volunteers must be 100% VIRTUS compliant.

- 1.) **PVA Polos and Fleece** - Order forms for CCHS logo jackets (including the heavier weight grey jacket and a lighter weight black jacket, both in full zip and quarter zip), white uniform polo shirts, and green athletic/academic competition polo shirts are available on the CCHS website. For questions, please contact Kathy Atassi (304-415-0071) for jackets, Christi Preston (304-550-0239) for green polos, and Marsha Hoyer

(304-552-8065) for white polos. OFFICIAL UNIFORM POLOS MUST BE PURCHASED THROUGH PVA. Please note that students who are members of athletic teams and academic competition teams are permitted to wear an official CCHS kelly green polo shirt to school on designated dates – normally home games and post-season games designated by the principal.

2.) **CAFETERIA VOLUNTEERS** – Many thanks to those of you who volunteered to help in the cafeteria. Please be sure you report for duty on the days you are scheduled! **If an unforeseen conflict arises, please arrange for a substitute or call school ASAP at 304-342-8415 so alternate arrangements can be made.** If you would like to get involved, please submit a CCHS Cafeteria Volunteer Form to the office to the attention of Kim Javins (kim.javins@suddenlink.net or 304-549-3939).



3.) **Parent involvement** is critical for the successful operation of the CCHS athletic program. As we gear up for spring sports, please look for ways to get involved if your child is a spring athlete. Helping transport students to games and practices, working gates, being supportive of the players and coaches, attending games, and participating in the team lunch program are just a few ways that parents help. EVERY parent of an athlete is needed to support the teams! Each sport is allocated one team lunch, and guidelines and dates for these lunches will be distributed to parents at the beginning of each season, once team rosters have been established.

4.) **Athletic family passes** are available through the PVA. These passes are good for immediate family members only (not cousins, in-laws, ex-in-laws, grandparents, fiancées, etc.) to attend CCHS home games. The passes do not cover away games, tournaments played at home, or any SSAC tournaments (sectionals, regionals, etc.). Cost is \$150 for all home middle school games only, \$175 for all home high school games only, and \$200 for all home games (both levels). A \$100 student or senior citizen pass for all home games is also available. Please contact Lynn Brookshire at 304-541-4649 if you have questions about these passes.

5.) **PVA packets** including volunteer forms and all ordering forms for logo jackets, white polos, and green polos are still being accepted. Forms are available on the school website (www.charlestoncatholic-crw.org).

PARENT VOLUNTEERS NEEDED

KING CAKE VOLUNTEERS NEEDED-- The PVA King Cake Committee is seeking volunteers to bake King Cakes and bring them to school on "Fat Tuesday," March 5, 2019, for the students, faculty and staff to enjoy. A recipe will be provided. If you are interested in helping with this project, please contact Amy Tawney by email at atawney@bowlesrice.com or by cell at 304-546-7179.

ATTENTION: FRESHMAN PARENTS – The 9th grade class will continue the tradition of hosting the Baccalaureate reception for this year's graduating seniors and their families on Thursday evening, May 23, 2019. This event takes significant planning and input from all freshmen parents. We are in need of ninth grade parent volunteers to help. For more information, please contact Marilyn Ford at 304-610-4243 or Mford0487@gmail.com.

ATTENTION: SOPHOMORE PARENTS – Hosting Project Graduation is the tenth grade parent project. It is an all night lock-in aimed at giving the graduating class a safe and fun place to celebrate with their classmates and the junior class one last time. This year it is scheduled to be at the Charleston YMCA on Friday, May 24, 2019, from 10:30 p.m. - 4 a.m. We will need volunteers to help with this event and are looking for donations to use as prizes. For more information, please contact Stephanie Hopkins at Stephhopkins@frontier.com or 304-807-0052. Thank you in advance!

ATTENTION: JUNIOR PARENTS-- The juniors are moving from the planning to building phase for prom and are being encouraged to get their parents involved. Any parent who would like to help should pass the word along through their student or contact Mrs. Leven at avrah.leven@charlestoncatholic-crw.org or Mrs. Urecki

at marilyn.urecki@charlestoncatholic-crw.org. You can sign up for Remind for periodic updates by texting to the number 81010 with the message @cchsprom19.

ATHLETIC UPDATES

WINTER SPORTS UPDATE- Winter sports are wrapping up and high school teams moving into tournament play.

- The **high school swim team** finished the season with a strong showing at the State Meet in Morgantown. The boys finished fourteenth and the girls thirteenth (both as the top A school in a sport where all schools compete in the same division)! Congratulations to Mason Cormany, Ethan Malinoski, Sean Stricker, and Sean Kemp who finished 12th in the 200 medley and 11th in the 400 freestyle; to Mason Cormany who finished 4th in the 200 freestyle and 8th in the 500 freestyle; to Sean Stricker who finished 8th in the 100 butterfly and 13th in the 100 backstroke; to Ethan Malinoski who finished 20th in both the 50 and the 100 freestyle; to Olivia Lewis, Ava Delgra, Vivian Delgra, and Mackenzie Layne who finished 18th in the 200 medley relay and 200 freestyle relay; to Mackenzie Layne who finished 4th in the 200 individual medley and placed 3rd in the 100 backstroke; and to Olivia Lewis who finished 11th in the 50 freestyle and 14th in the 100 free. Congratulations to the swimmers and Coaches Garner Marks and Sam Kessler on a successful season!

- The **high school boys' basketball team's** regular season has come to a close. The boys finished with a 12-9 record and are ranked ninth in the state in Single A. Sectionals will begin February 25 with the first round being played at the Athletic Facility vs. Pocahontas County at 7 p.m. You can follow our twitter page for tournament information @cchssports.

- The **Lady Irish basketball team's** season concluded in the second round of sectional play this week when they lost on the road to #1 seed Pocahontas County. The young team played with heart throughout the season and shows tremendous potential as they gain experience. Good work, Irish!

- The **middle school boys' basketball team** finished the season strong with an upset over a top four team and a couple of close losses. The Irish showed major growth over the season, and the future is bright for a very young team. Thank you, Irish and Coach Blaydes, Coach Helmick, and Coach Baird, for your hard work this season!

- The **middle school girls' basketball team** finished fourth in the County Tournament! They had a huge upset in the first round over #2 seed Sissonville at Sissonville in a very loud environment. The Irish fell short in the semi-finals, but had a very successful season. Congratulations, Lady Irish and Coach Villers and Coach Welch.

Spring sports are here. All spring sports will start practice on the week of February 25. Good luck to all of our teams. Let's go Irish!

SPRING SPORTS – As we approach the beginning of spring sports, keep in mind that eligible students must have at least an unweighted 2.0 grade point average for the first semester and must be in good behavioral and academic standing at CCHS. All 6th grade athletes must have a 2.5 if competing in their second sport this school year. **Spring head coaches** are H.S. boys' and girls' tennis: David Sadd; H.S. baseball: Bill Mehle; H.S. softball: Kevin Corbett; H.S. track: Scott Welch; M.S. baseball: Andy Higginbotham; M.S. softball: Mark Henrich; M.S. track: Heidi Buscher ; M.S. golf: Charlie Jordan ; M.S. boys' and girls' tennis: contact Jacob Nelson. Families should feel free to contact coaches or the school office for additional information.



TRAVEL—Students may not drive to school events, such as field trips or “away” athletic events, taking place at locations other than Charleston Catholic facilities or other designated “home” locations. Students must ride to and from the event with adults (age 21 or older) who have met the Diocesan requirements for field trip drivers.

PARTICIPATION IN SCHOOL SPORTS – As we prepare for spring sports, it is good to review our attendance policy for participation. To participate in athletic events, students must be in school for the full school day on the day of the scheduled activity. If a student is late or absent for any part of the day on a game day, that student is not permitted to play that day. This “full day” policy includes leaving school for appointments, so students need to avoid scheduling appointments during the school day. Additionally, students are expected to be in school for the majority of a school day in order to be eligible for practice that day. Students are also expected to be on time each morning following an athletic event. Students who have long standing medical appointments, family funerals to attend, or other similar instances may be excused at the discretion of Mr. Villers.

BASEBALL GAME DAY SPONSORSHIP -- The high school baseball team is scheduled to play early 2019 home games at UC’s Triana Field until the Shawnee Complex is complete. **Please consider a Game Day Triana Field Sponsorship.** A \$200 donation covers the cost of the field rental for one game date. Your firm or company’s name will be displayed at the field on your game date. Game Day Sponsor Forms are available from our athletic director, Jacob Nelson, and on the school website. Click on the “Athletics Home” tab or search Triana.

CONGRATULATIONS

- to senior Cara Flanery for being selected as Charleston Catholic’s Aquinas Medal recipient, a recognition given to one student at each Catholic school in West Virginia recognizing faithful discipleship, academic excellence, leadership, and service. Cara will be recognized at the diocesan Bishop’s Dinner for Catholic Schools in Morgantown in April.
- to seniors Anna Hewitt and Ethan Malinoski who were selected as Charleston Catholic’s St. Sebastian Medal winners. The award recognizes high achieving student athletes from each of the state’s diocesan high schools who exhibit the qualities of sportsmanship, teamwork, academics, and a high respect for school, classmates, teammates, opponents, parish, and the community. They will receive their medals at the Bishop’s Dinner for Catholic Schools in Morgantown in April.
- to CCHS participants in the Kanawha County Math Field Day: Zach Harrison, Emilie McNeil, Noah McLaughlin (3rd place in 8th grade) Kevin Hayes (1st place in 9th grade), Mya Beasley, Sophia Veazey, Daniel Coffield, Cara Flanery, Sean Stricker (8th place in high school), and Anthony Wirts – (13th place in high school). Good luck to Noah, Kevin, and Sean as they move on to compete in Regional Math Field Day on March 12th.
- to sixth grader Jonah DiCocco who finished as the runner up in the Kanawha County Spelling Bee! Jonah advances to Regional competition next month. Good luck, Jonah!
- to the cast, crew, and faculty directors of *The Greek Mythology Olympiaganza* for their efforts to create such an entertaining show! Faculty directors Mr. Fix, Miss Elliott, and Mrs. Walter committed to a significant undertaking with over sixty students involved in the production, and they did not disappoint! Many thanks to cast members Grace Abdalla, Matthew Ayoob, Adam Boothroyd, Ellis Brown, Lindsay Carr, Hayden Carriger, Gabe Castro, Emma Cimino, Mollie Council, Simone Coustasse, Olivia Crews, Celina Delgra, Jenna De’Temple, Robbie Fink, Allyson Gardner, Sarrah George, Lauren Gillespie, Isabella Griffith, Iris Hoyer, Irene Jonathan, Josh Kardos, David Kershner-Leon, Cameron Kiss, Carter Kiss, Mo Kranwinkel, Kathryn Lakin, Stephen Lewis, Grace Litton, Rachel Mangano, Abigail Marcinkowsky, Victoria McKown, Madison Moore, Colleen O’Leary, Michael Ojeda, Isabella Paternostro, Aidan Paul, Ashton Rutherford, Elizabeth Shaf, Katie Spangler, Nathan Tran, Sophia Veazey, Delaney Wells, Alyssa Williams, Emma Wirts, Elizabeth Zacks; and to the crew: Parker Bragg, Drew Casingal, Abigail Cunningham, Ava Delgra, Vivian Delgra, Robbie Fink, Christina Gelmini, Audrey Keith, Kaitlyn Keith, Maria Kershner-Leon, Kathryn Lakin, Matthew Lewis, Ricky Lian, Tiffany Lian, Sydney Loew, Rachel Mangano, Duncan McMaster, Lilly Namsupak, Mia Pino, Elizabeth Shaf, Nick Shaf, Eva Toor, Nathan Tran, Seth Uy, Alyssa Williams, Anthony Wirts, Emma Wirts, Elizabeth Zacks.



MANY THANKS

- to the PVA hospitality committee for yummy Valentine's Day treats for the faculty that made us feel very loved!
- to all who have made financial contributions to HOPE. We appreciate the support that makes the project possible.
- to the parents of our student athletes who support the athletic program in many ways, beyond showing up and cheering on the teams! They spend their time transporting teams around the state, cooking team lunches, and working the scoreboard, manning the concession stand, and timing events. Your involvement is critical to the success of the program.
- to Diana and Bob Hypes for their dedication to Charleston Catholic. On Friday, February 15, our "Wear Red for Bobby Day," Mr. and Mrs. Hypes visited the school and provided free pizza to students, faculty, and staff for lunch. Many thanks to the students and faculty for their impressive showing of red and their \$2 donations which totaled \$766 to the Bobby Hypes Scholarship. The award is given to a rising 9th grader each year during the 8th grade moving up ceremony to a student who shares some of Bobby's personality traits- kindness, determination, optimism. Mr. and Mrs. Hypes' continued involvement in the life of Charleston Catholic is something we are grateful for. We can all learn a lot from Bobby's spirit.
- to Bill Mehle, Lisa Hayes, John Baird, Tommy Buscher, Dorothy Pile, Molly Linehan, and Sarah Elliott for their willingness to brave the elements (wind, rain, and cold this year!) and chaperone the ski club, giving students the opportunity to participate in this very popular activity.
- to all who supported this year's Catholic Schools Week project. This year we collected items for four different local charities during Catholic Schools Week, January 28-February 1, and the outcome was amazing! Each day students brought their donated items down to the Commons where items were sorted on labeled tables, counted, and organized into boxes. The eighth graders helped load the boxes of donations into the vehicles for delivery. The following is a list of items for each charity: Gabriel Project - 487 items, including diapers, formula, wipes, blankets, lotion and more, and a \$380 donation to help with carseats; Sojourners - 769 items of soap, deodorant, shampoo, twin sheets, pillows, and other toiletries; the Bob Burdette Center (over 3 days)- day 1: 524 items of sporting equipment (soccer balls, basketballs, kickballs, pumps) and packages of snacks and prizes; day 2: school supplies, including 882 items of pencils, crayons, copy paper, colored pencils, and a variety of science/craft supplies; day 3: 640 items of notebook paper, notebooks, folders, index cards, and glue sticks. Additionally, on Thursday, we collected \$835.75 from the \$2 dress down day for Trinity's Table. The generosity that has been shown by the families of Charleston Catholic is something special. Many, many thanks to project chairs Jessica Anton and Trina Smith who organized and managed this significant outreach and to the parent volunteers who helped each morning. Thank you again.



SCHOOL CLOSURE INFORMATION



SCHOOL CLOSINGS/DELAYS DUE TO SNOW/ICE –Please be sure you are familiar with our closing and delay procedures. **Remember that school closings and delays are announced on the CCHS website, are tweeted through cchsnews, and are shared through RenWeb Parent Alert.**

- 1) CCHS/SHGS will NOT follow ANY of the Kanawha County Schools' weather-related procedures.
- 2) Families may connect to the CCHS website or listen to the radio/television for changes to CCHS/SHGS schedules. The following stations will be notified by 6:15 a.m. if there are changes to be made: WV Public Radio, WCHS radio, WCHS-TV, WSAZ-TV, WOWK-TV, V100, 96.1, and WKAZ. **The CCHS website will be updated, a tweet will be sent through cchsnews, and a Parent Alert will be sent.**
- 3) If no announcements are made for CCHS/SHGS, classes will be held on the regular schedule.
- 4) **If a two-hour delay is announced, classes will start promptly at 10 a.m.** The building will not open until 9:30 to give staff time to get to school. Please do not drop off your children before 9:30!
- 5) As always, if you cannot get your child to school for health or safety reasons, notify the school.

SNOW E-DAY POLICY

While we plan in excess of 180 days for each school year and have not yet needed to use our extra days, we never know what the weather might bring. We have two days still allotted in our calendar, and hopefully we will not have to use them. However, if we use all of our days, whether for weather or any unforeseen reasons (i.e., water or power outages), we will activate our e-day plan. Though we hope not to need the “e-day plan,” we want to alert our school community to the possibility now. **In the event that the e-day policy becomes active, it will be noted on the school website, in the Parent Alert text, and in the cchsnews tweet that announces the school closing.**

If the e-day should become necessary, the following plan will be activated:

1) By 9 a.m. on days that school is closed, teachers will post instructions for their classes in the Lesson Plan section of Ren Web for the current day. Students can access this information through any internet connection, e.g., computer, phone, iPad, etc.

2) Assignments for each class will be about 30 minutes in length. Teachers will keep in mind what materials students would have available at home. Some assignments may be reading, watching videos, applying a concept, working problems, completing a worksheet, writing an essay, etc. Students without internet access may need to call a friend to get assignments. As is always the case, if students do not have access to printers at home, they can send the assignment to the CCHS printer on the school website.

3) **In order for a student to count the e-day as a day of attendance in each class, assignments must be submitted within two days of school’s reopening**. Because there may be rare cases in which families do not have home internet access, either through a computer, phone, or other device, this two-day allowance is being made to allow all students the opportunity to complete assignments and count toward attendance. Students who do not submit assignments within two days of the school’s reopening will be marked absent for each class for which an assignment was not completed.

4) Completion of each class’ assignments is required. Namely, as is the case in a regular instructional day, each e-day assignment counts for a grade in teachers’ gradebooks. Failure to complete an assignment will result in a zero for each assignment.

CALENDAR FOR 2018-19

FAMILY TRIPS, APPOINTMENTS, ETC. -- Please avoid taking students out of school for vacations, family trips, appointments, etc. If students miss school for any reason (including illness), it is their responsibility to find out what they missed. The policies for making up work are included in the Parent-Student Handbook. **If your child is ill or will miss school for any reason, please notify the school office by 8:30 a.m.** In addition, at the end of the semester, students will have to stay after school to make up any time missed during excessive absences/tardies.

Please use this calendar in your planning. Remember that exams must be taken on exam days, and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester. Note that, as is the case each school day, teachers administer tests/quizzes, have assignments due, and teach lessons on the days immediately preceding and following school holidays. Students who take extended holidays run the risk of affecting their grades.

Saturday, February 23	admissions test for prospective students from 10:00 a.m. – noon - CCHS Commons
Monday, February 25	deadline for receipt of applications of students currently attending Catholic schools for first consideration
Tuesday, February 26	first day applications will be processed from students in non-Catholic schools
Tuesday, February 26	7th grade Social Studies fair
Wednesday, February 27	Golden Horseshoe test date for eighth graders
Thursday, February 28	8th grade retreat
Friday, March 1	deadline for all non-Catholic school students to submit applications for the first round of acceptances
Saturday, March 2	HOPE Spaghetti Dinner, 5:30 – 7:30 p.m., CCHS Commons
Monday, March 4	8th graders visit the high school

Thursday, March 7	optional parent meeting re The Sophomore Summit, 7 p.m., the chapel
Mon – Fri, March 11-15	Terra Nova Testing for 6 th -10 th grades
Friday, March 15	first round of acceptance letters mailed
Friday, March 22	end of 3rd quarter
Mon- Wed, April 8-10	sophomore Summit at Huttonsville
Tuesday, April 9	SAT day for juniors
Monday, April 15	beginning of Easter vacation
Tuesday, April 23	classes resume
Friday, May 3	freshman retreat
Friday/Saturday, May 3-4	spring drama production
Monday-Friday, May 6-17	AP Testing
Saturday, May 18	prom
Thursday, May 23	baccalaureate, 7:30 p.m.
Friday, May 24	graduation, 7:30 p.m. and Project Graduation
Monday, May 27	Memorial Day holiday
Mon/ Tues/ Wed, June 3-5	exams for 6 th - 11 th graders
Wednesday, June 5	Moving Up Ceremony for 8th graders

FEBRUARY - MARCH MENU

NOTE: During Lent (which begins March 6), no meat is served at Charleston Catholic on Fridays. If you are preparing a team lunch on a Friday, please be sure to adhere to this expectation.

Monday	Tuesday	Wednesday	Thursday	Friday
25- Egg rolls, Spanish rice, corn Jennifer Scalzo Harmony Brown Susie Murad	26- Hot dogs, baked beans Amy Monday Heather Harrison Greg Bolles	27- Beef tacos, nachos Kathy Atassi Helen Kesari Cindy Keith	28- Stuffed shells, green beans Emilie Love Wendy Young Erica Baumgras	1- Spaghetti with meat sauce and garlic toast Mireille Hanna Brandy Messer Bill Flanery
4- Pizza Marie Green Heather Kittredge Julie Griffith	5- Chicken tenders, buttered noodles Sara Frame Wendy Johnson George Metz	6- Veggie soup, cheddar biscuits Susanne Coffield Annette Reynolds Kim Javins	7- Hamburgers, French fries Susan Jarvis Lynn Brookshire Feli McKown	8- Breaded fish, corn, and wild rice Alison Corbin Stefanie Henrich Morgan Griffith
11- Calzones, soup Jennifer Scalzo Harmony Brown Alex Macia	12- Ham and cheese on pretzel bread, smiley fries David Mitchell Sandra Hershberger Yolanda Tam	13- BBQ, buttered potatoes Karrah Pauley Cary Charbonniez Carrie Lakin	14- Biscuits and gravy, French toast, hash browns Jaime Bowman Chris Williams Uma Dave	15- Alfredo, green beans, and rolls Sheila Moran Kim Javins Ron Rushworth
18- Corn dogs, mac and cheese Kip Wilcox Mireille Hanna Nat Namsupak	19- Turkey on ciabatta, fresh fruit salad Gail Carter Shawna Meeks Betsy Cimino	20- Chicken wings, egg rolls Helen Kesari Cindy Keith Kim Javins	21- Bacon cheeseburgers, French fries Wendy Young Kristi Snyder Bill Flanery	22- Stuffed shells and garlic bread Tina Caldwell Kerri Linton Erica Baumgras

25- Pizza Brandy Messer Amy Monday Susie Murad	26- Spicy chicken sandwiches, smiley fries Jessica Griffith Kim Javins Paula Durst	27- Meatball subs, tater tots Greg Bolles Emilie Love Kathy Atassi	28- Chicken parm over pasta, corn Stephanie Sullivan Larra Winter Angela Stone	29 Fish sandwiches, mozzarella sticks Michelle Endicott Heather Harrison Susan Veazey
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Volunteers 1 and 2: 10:30- 12:45
Volunteer 3: 11:15- 12:45

Mass Day- Volunteers 1 and 2: 11:00- 1:15
Volunteer 3: 11:45-1:15