



September 27, 2019

# INSIDE CHARLESTON CATHOLIC HIGH SCHOOL

Teaching character, compassion, and confidence to the youth of West Virginia for over 90 years

Dear parents and students:

The 2019- 20 school year is off to a strong start! The teachers returned in August brimming with enthusiasm and energized with ideas of new strategies to try in their classrooms. Students quickly settled into their classroom routines and jumped into learning. They have been engaged, positive and up for challenges. Juniors and seniors opened up to opportunities presented during their retreats and ninth graders experienced Outdoor Day as a way to grow together as a class.

September has been a whirlwind! Two weeks of the month were focused on MAP Testing for sixth through tenth graders. Significant time was invested by all to prep for the tests— with administrators planning the logistical details and teachers familiarizing themselves and their students with procedures and the online platform. The time was well spent as all went smoothly. And, this week, we spent our days celebrating Charleston Catholic in Homecoming Week. Each day brought a new theme and an activity of some sort, from door decorating to relay races to mass. Students threw themselves into the fun and also managed to get their work done. As we left the high school pep rally today, a teacher looked at me with a smile and said, “It’s been a great week!”

Next week brings October and a return to our normal routine. For many of us it will be a relief to settle into the normal school rhythm. But while our routines are well established, each day brings its own unique joys and challenges.

May we take a moment to appreciate the gift of each day, whether it is a day full of Homecoming excitement or a day of regular homework and assignments. May we take advantage of each opportunity that we have together.

Warmly,

Colleen Hoyer

**CONDOLENCES** -- We express our sympathy to our students and their families who have lost loved ones recently. May the souls of the departed rest in peace: Jack Curry’s grandfather; Raegan and Tyler Good’s maternal grandmother; office staff Sue France’s sister-in-law. Please keep these families in your thoughts and prayers.

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## ACADEMIC UPDATES

**NATIONAL MERIT SCHOLARSHIP NEWS** – With great pleasure, we recognize five of our seniors (representing 8% of the senior class!) who earned the title of National Merit Semifinalist: **Matthew Ayoob, Adam Boothroyd, Cameron Kiss, Elizabeth Shaf, and Sophia Veazey!** The National Merit Scholarship competition began last October when the juniors took the PSAT known as the National Merit Scholarship Qualifying Test. More than 1.5 million juniors in 22,000 high schools across the country entered the competition by taking that test. The nationwide pool of semifinalists includes the highest scoring entrants in each state and represents less than one percent of U.S. high school

seniors. These seniors have the opportunity to continue in the competition for the National Merit Scholarships worth approximately \$31 million that will be offered next spring. We congratulate Matthew, Adam, Cameron, Elizabeth, and Sophia, and we wish them success as they strive to become National Merit Finalists.

**FIRST QUARTER PROGRESS REPORTS**—Though it is hard to believe, Friday, September 20, marked the mid-way point of the first quarter. That means that this weekend’s September 29 email contains the halfway point “progress report.” This week, teachers distributed grade sheets to their students, detailing student information on homework, labs, quizzes, tests, etc. Please go over this information with them. As you review your children’s progress reports, take time to help them focus on their successes and analyze areas of difficulty. Help them find balance in their lives, so they can manage academics, athletics and other extracurricular interests, social and religious activities, and family. Help them recognize the connection between hard work and learning.

**MAP TESTING-** All sixth through tenth graders have successfully completed their first round of MAP testing! Students appeared focused and worked diligently on their online tests. I am optimistic that teachers will gain valuable information to design instruction for their students and that students will be motivated to grow in knowledge throughout the year. Score reports and details for parents explaining scores will be sent home with first quarter report cards at the end of October. Students will test again in February and May.

**RENWEB UPDATES-** Please be sure you have updated your contact information in RenWeb since it is valuable means of communication between home and school. In addition to weekly grade reports that are emailed each Sunday at midnight, teachers post dates of tests, quizzes, and projects in the Lesson Plans section of RenWeb every week. You can access the information multiple ways: 1) Login to ParentsWeb and choose Classes under School Information. Click on a specific class and then choose the Lesson Plan tab to see the dates for each class. 2) Choose Student Home or Lesson Plans under Student Information and the week’s due dates are visible. Assignments for each week should be posted by 8 a.m. Monday. If you have forgotten your login information, email Mr. Hoffmann at [admin@charlestoncatholic-crw.org](mailto:admin@charlestoncatholic-crw.org), and he can help. Please remember that your email information must be updated in the system in order to receive weekly progress reports. **We also use RenWeb for demographic and medical information which should be entered and updated by parents.** Please log in to ParentsWeb through RenWeb and update your address information by choosing WebForms under School Information. Address information is located in the family demographic form. RenWeb will also be used for periodic emails from school administrators (like the one containing this newsletter!).



**HIGH EXPECTATIONS FOR OUR STUDENTS**— are a given. They are an impressive group of young people, and we celebrate their many accomplishments. We encourage our students to achieve their best academically, personally, and extra-curricularly. Our clear expectations for students and their behavior are well communicated to them. However, we recognize that students may occasionally fall short of the expectations. Students and parents should not be surprised when school administrators, teachers, and coaches make decisions from time to time to impose consequences (ineligibility for participation in extracurricular activities, athletic practices and contests, off-campus lunch, etc.) based on students’ behavior. Administrators will notify and work with students and their parents when such incidents occur and will set expectations needed to regain these privileges. Our goal is to help guide our students as they grow and learn from mistakes so moving forward they can make decisions to be the best people they can be.

## UPCOMING EVENTS

**HIGH SCHOOL SCIENCE SEMINAR**-- The high school science department provides quarterly seminars for interested high school students covering a wide range of science topics. The first seminar of the 2019-20 school year has been scheduled. On Wednesday, October 23rd, at 7 p.m. in the fourth floor gathering space Dr. Thomas Jones, an

environmental science faculty member at Marshall University, will be discussing his research interests and projects that cover stream, river, and tropical aquatic ecology.

**SEVENTH GRADE CAMP MAGIS** --Seventh graders enrolled in Catholic schools in the Diocese will again participate in Camp Magis, a three-day camp at the Mary Help of Christians Pastoral Center in Huttonsville. *Magis* is a Latin word meaning *more* and is related to the quality of our relationships. Camp Magis will focus on building relationships with people around us and with God and will emphasize the example of Pope Francis. Camp activities, such as archery, ropes courses, hiking and canoeing, will be combined with prayer, mass, and reflections to provide students with a fun-filled camp experience. Charleston Catholic's camp is scheduled for October 9-11. Students will depart school on charter buses on Wednesday morning and return to school on Friday afternoon. Activities will be led by diocesan personnel, but faculty and parent chaperones will be engaged in monitoring students. **Male chaperones are needed!**

**JUNIOR CLASS FUNDRAISER** -- The juniors are teaming up with Joe Corbi's this year as our vendor for fundraising. It is a one stop shop with items varying from pizza to pies to cheesecake. These items are great for afternoon snacks, football Sundays, and your holiday table. Additionally, they will also be selling pepperoni rolls from Marty's Italian Bakery. The juniors will be taking pre-paid orders October 11-28 to support the 2020 prom. All juniors will have order forms and they would appreciate your support. Items can also be ordered through the school office.

**PARENT-TEACHER CONFERENCES** -- Parent conferences for all grades are scheduled for **Thursday, November 7, from 8 a.m. to noon; 1 to 5 p.m.; and 6 to 9 p.m.** There will be no school for students on this day. Please call the office beginning at **8:30 a.m. on Wednesday, October 23**, to schedule appointments for students in all grades. Have a list of your child's teachers accessible when you call. First quarter report cards will be mailed Friday, November 1, but please call before that time to ensure that you will be able to schedule conferences. Conferences schedules fill up quickly. If you have limited availability, please call as soon as we start scheduling so that you are able to secure your preferred times.

**Specific organizational details will be posted on the CCHS website on Monday, October 21.** Parents will meet with seventh and eighth grade teachers for 5 minutes and with sixth grade and high school teachers for 10 minutes. **PLEASE BE ON TIME AND BE CONSIDERATE OF PARENTS WAITING FOR THEIR DESIGNATED APPOINTMENTS.** Know that serious problems cannot be dealt with in five or ten minutes! Please feel free to call individual teachers at school and talk to them on the phone if you cannot meet with them on November 1, or if you need to talk with them at length.

Teachers will begin conferences by asking you what you would like to know about your child. Therefore, before your conference, it might be wise to take time to jot down a few questions. Do you want to know how your child is getting along socially? Do you want to know if work is being turned in? Do you have questions about grades or comments on the report card? Remember, it's your five or ten minutes, and you need to spend your time learning answers to your questions!

**FALL DRAMA PERFORMANCE-** On a dark and stormy night, twenty unusual people are gathered together in a creepy room covered in knives. Why are they there? Who has called them together? As the evening unfolds, Mysterious Host begins to reveal his motives, but before he can reveal the ultimate truth, he's murdered! Now Inexplicably Omniscient Inspector must unravel the mystery and expose the murderer. Will the guilty guest be Plastic Politician? Will it be Santa Claus? Join CCHS Drama as they present the murder-mystery farce, "Murder in the Knife Room," on October 25-26, 2019 in the CCHS Commons. The show begins at 7:30 p.m. both nights, and tickets are available at the door - Adults \$10 and Students \$7.



## FROM THE SCHOOL OFFICE

**HOMEWORK HOUR**- The school library is open for distraction-free homework completion and study. The opportunity is available Monday, Tuesday, Wednesday, and Thursday afternoons from 3-4 p.m. to students in all grades. Mrs. Shindle is in the library to supervise students while they work.

**STUDENT PARKING** – Father Higgs has made parking spots available to our students on the gated lot on Quarrier St. across from the YWCA. Students will pay \$60/ month or \$240 for the first semester and \$300 for the second semester plus a \$10 deposit for a gate access card. Checks should be made out to Sacred Heart. Spots will be assigned on a first come, first serve basis. Interested students should sign up in the school office.

**FORGOTTEN HOMEWORK?**—While you are welcome to bring assignments that your children may have forgotten to the school office, the office staff will not deliver these items to students or interrupt class to call students to the office. Students may come to the office to retrieve items that they are expecting between classes, at lunch, or at break.

**SENIORS** – PhotoGrafix is the official CCHS yearbook photographer. Mike Hall will come to school on September 30 to take the official pictures for the yearbook (i.e., suit jacket, formal drape). Students who want clothing changes and/or indoor/outdoor shots can call and make appointments (304-768-2000). For pricing info, go to the website [www.wvphoto.com](http://www.wvphoto.com).

**GLOVES? GLOBE?**—Our high school science classes would welcome the donation of rubber gloves to be used during lab work. Additionally, Mrs. Arnold could use some student globes in her classroom. Please contact Mrs. Arnold to coordinate a donation or drop off any gloves in the office.

**NON-CUSTODIAL PARENT MAILINGS** -- Non-custodial parents who would like to receive copies of report cards and newsletters should send \$12 and a current mailing address to Mrs. Lovejoy in the school office. The list and labels are updated each year, so please be sure to notify Mrs. Lovejoy of your request.

**WANT YOUR PHOTOS IN THE YEARBOOK?** - So do we! Students, parents, and teachers can contribute content to the yearbook staff by uploading photos directly to our website for potential use in the book. You can share photos of sporting events, performances, school & community events, or shots of you and your friends our staff photographers might have missed. Start sharing today! **Share images directly from your phone by downloading the FREE hjeShare app using school code: goirish**  
OR:

- 1) Go to [www.hjeshare.com](http://www.hjeshare.com)
- 2) Enter the school code: goirish
- 3) Locate the picture (file) you want to upload. You can Ctrl+click to upload as many as 10 photos at a time.
- 4) Click Open.
- 5) Click each thumbnail to select and enter any relevant information about the images.
- 6) Click Submit Image Information when you are done.

Be sure to share photos as soon as possible so that our staff can integrate them prior to their quarterly deadlines!



**VIRTUS**— Be sure you're on board to help! All parents or other adults who volunteer, coach, drive students, chaperone, etc., are required by the Diocese to complete the diocesan sexual abuse awareness training before being allowed to work with our students. Training is available online. To begin, visit the [VirtusOnline.org](http://VirtusOnline.org) and choose the online option. Allow 1- 1½ hours to complete the program. Print out the certificate of completion and submit it to Mr. Villers. It is still necessary to complete the background check and sexual abuse awareness statement which can be done

by clicking on the link at the school website at [www.charlestoncatholic-crw.org](http://www.charlestoncatholic-crw.org). If you have questions, please call Mr. Villers.

**Adults who volunteer, coach, or chaperone, may be asked to update background and policy forms. Background checks must be updated every three to five years depending on your role in the school. Policy questionnaires should be updated if they were signed before 2014. Current Diocese guidelines do not require volunteers to update the training portion of VIRTUS. Please contact Mr. Villers with any questions and to update your forms.**

**APPOINTMENTS** -- We strongly encourage you to make doctor's appointments after the school day so that students do not miss valuable instructional time. However, we know that this is not always possible. If your child must leave school for an appointment during the school day, **PLEASE SEND A NOTE** with your child in the morning. The student should come to the office before 8 a.m. to get an appointment slip from the office enabling him/her to leave class at the specified time. He/she will check out in the school office and will sign in upon returning from the appointment.

**MEDICATIONS** --When students need to take prescription medication at school, the medicine must be sent to the office with a doctor's order in a plastic zip-lock bag with the student's name clearly labeled. Also, any medications kept at school for various reasons – e.g., asthma, allergies, etc. – should be sent to the office in a bag with the doctor's order, and an allergy or other medical plan, if applicable. Over the counter medicine such as Advil, cough drops, etc. need to be in a plastic bag with student's name clearly marked and with specific information stating when such items should be dispensed. **Additionally, the appropriate diocesan form (available in the office) for any medications must be completed by the parent/ guardian.** At the end of the school year, we will ask your students to stop by the office and pick up their plastic bags with last year's supplies. Medications are not stored from one school year to the next.

**PROOF OF ENROLLMENT FORMS** -- for drivers' licenses and permits may be requested in the school office using the CCHS request form. It will take two school days for the forms to be completed by office staff.

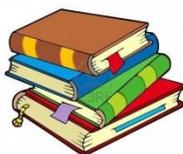
**SOCIAL MEDIA**- Our school Facebook and Instagram accounts are active. Like us on Facebook ([facebook.com/charlestoncatholicwv](https://facebook.com/charlestoncatholicwv)) and Instagram ([@charlestoncatholicwv](https://instagram.com/@charlestoncatholicwv)) to stay connected with us on social media and see some of our students' many activities!

**IF YOUR LAST NAME IS DIFFERENT FROM YOUR CHILD'S NAME** – please put the child's full name on all checks issued to CCHS and to any correspondence sent to the school.

## NOTES FROM THE ACADEMIC ADVISOR

1. SAT and ACT testing and registration information is available online at --[www.collegeboard.org](http://www.collegeboard.org) and [www.act.org](http://www.act.org) (CCHS code: 490-205). All juniors should take each test at least once this year. All seniors should retake the tests before January if they would like to do better before applying to college.
2. Wednesday, October 16 - sophomores and juniors will take the PSAT (an SAT-predictor test as well as a qualifier for the National Merit Scholarship for juniors only), and 8<sup>th</sup> and 9<sup>th</sup> graders will take the PSAT 8/9 (a version of this test designed specifically for this age group). Please make sure they are well-rested and have eaten a good breakfast on test day!
3. The COLLEGE FAIR is scheduled at the Civic Center on Tuesday, October 1. With parent permission, juniors will walk to and from the fair with Mrs. Herrick. Permission slips were distributed in English class.
4. Junior and senior parents – if you have not been receiving Mrs. Herrick's updates about college visits, scholarships, etc., please email her at [andrea.herrick@charlestoncatholic-crw.org](mailto:andrea.herrick@charlestoncatholic-crw.org) to be added to her list.
5. Lunchtime College Counseling Sessions -- Throughout the month of October, Mrs. Herrick will be available to work with seniors and answer all college counseling questions during lunch in the computer lab. Students can work on applications, essays, practice interviews, etc. Listen to the announcements and check your email for specific dates, or stop by her office to schedule a session.

6. College Visits: Mrs. Herrick handles college visit requests. Students should pick up the forms from her office and return the completed forms to her at least 2 days before the trip. Seniors are allowed 2 college visit days; juniors are allowed 2 college visit days. All college visits must be made before May 1.
7. Thursday, October 3rd - FAFSA Completion Workshop from 6-8pm in Computer Lab #214 (Representatives from the WV Higher Education Policy Commission will be here to answer all of your questions regarding the FAFSA--and we'll get it done that night!) A list of documents you'll need can be found at <https://studentaid.ed.gov/sa/fafsa>.



**(Corrected from August newsletter) ADVANCED PLACEMENT RESULTS** – Every year we look forward to receiving the results of AP exams that high school students take during May. This year is no exception! Our teachers and students work diligently all year long, and their efforts are consistently rewarded with outstanding results. Special congratulations to the following students who received the highest honors for their college-level achievements:

**AP Scholars** – Students who received scores of 3 or higher on three or more AP Exams.

|                 |                     |                 |
|-----------------|---------------------|-----------------|
| Jack Acord      | Mya Beasley         | Ashton Brown    |
| Tristan Carrico | Cara Flanery        | Thomas Flannery |
| Josh Kardos     | David Kershner-Leon | Sam King        |
| Stephen Lewis   | Rachel Mangano      | Katie Nester    |
| Elizabeth Shaf  | Sean Stricker       |                 |

**AP Scholars with Honor** – Students who received an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams.

|                |              |               |
|----------------|--------------|---------------|
| Adam Boothroyd | Chris Istfan | Carter Kiss   |
| Olivia Lewis   | Seth Uy      | Sophia Veazey |

**AP Scholars with Distinction** – Students who received an average score of at least 3.5 on all AP Exams taken, and scores of 3 or higher on five or more of these exams.

|                |                |              |
|----------------|----------------|--------------|
| Matthew Ayooob | Drew Casingal  | Mike Fox     |
| Kelly Hayes    | Irene Jonathan | Audrey Keith |
| Cameron Kiss   | Ricky Lian     |              |

**National AP Scholars** – The highest AP honor, National AP Scholar, is granted to students who receive an average score of at least 4 on all AP Exams taken, and scores of 4 or higher on eight or more of these exams.

|                 |                |               |
|-----------------|----------------|---------------|
| Daniel Coffield | Mollie Council | Anthony Wirts |
|-----------------|----------------|---------------|

## NOTES FROM THE PARENT VOLUNTEER ASSOCIATION (PVA)

**All volunteers must be 100% VIRTUS compliant.**

1. **PVA Polos and Fleece** - Order forms for CCHS logo jackets (including the heavier weight grey jacket and also a lighter weight black jacket, both in full zip and quarter zip), white uniform polo shirts, and green athletic/academic competition polo shirts are available on the CCHS website. For questions, please contact Kathy Atassi (304-415-0071) for jackets, Marilyn Ford (304-610-4243) for green polos, and Sara Frame (304-389-1241) for white polos. OFFICIAL UNIFORM POLOS MUST BE PURCHASED THROUGH PVA. Please note that students who are members of athletic teams and academic competition teams are permitted to wear an official CCHS kelly green polo shirt with khaki pants to school on designated dates – normally home games and post-season games designated by the principal.
2. **Cafeteria volunteers**– Many thanks to those of you who have volunteered to help. The schedule through December is complete and has been e-mailed to volunteers. Please take notice of the weekly reminder emails as the lunch times may vary based upon mass schedules and alternate bell schedules. If there is a change in schedule, it will be noted in the reminder email.  
**\*\*The Kanawha-Charleston Health Department requires all cafeteria volunteers to have a food handler card. Cards must be renewed every two years. In order to be in compliance with this requirement, all CCHS cafeteria volunteers must complete a 75 minute online training course and 30 question assessment with a score of 70%. The PVA will pay the registration cost and will provide volunteers with an access code to participate in the course. Please contact Stephanie Sullivan (304-807-0377 or wvsteph23@yahoo.com) for an access code. Upon completion please submit a copy to the office which will be kept on file at the school and Athletic Facility. \*\***
3. **Parent involvement** is a vital component of the successful operation of the CCHS athletic program. Helping transport students to games and practices, working gates and concession stands, being supportive of the players and coaches, attending games, and participating in the team lunch program are just a few ways that parents help. EVERY parent of an athlete is needed to support the teams! Each sport is allocated one team lunch, and guidelines and dates for these lunches will be distributed to parents at the beginning of each season, once team rosters have been established.
4. **Athletic family passes** are available through the PVA. These passes are good for immediate family members only (not cousins, in-laws, ex-in-laws, grandparents, fiancées, etc.) to attend CCHS home games. The passes do not cover away games, tournaments played at home, or any SSAC tournaments. Cost is \$150 for all home middle school games only, \$175 for all home high school games only, and \$200 for all home games (both levels). A \$100 student or senior citizen pass for all home games is also available. Passes may be purchased during registration days at the PVA table. An order form for sports passes is also in the PVA Parent Registration Packet so you may order them later in the semester. Please contact Stephanie Hopkins (304-807-0052) if you have questions about these passes.
5. **PVA packets** including volunteer forms and all ordering forms for logo jackets, white polos, and green polos are available on the school website ([www.charlestoncatholic-crw.org](http://www.charlestoncatholic-crw.org)). Completed forms are still being accepted in the school office.



1. All Saints Day is November 1 and All Souls Day is November 2. Charleston Catholic celebrates these days with our Book of Remembrance which contains the names of many of our deceased loved ones. The book is brought up during the offertory procession at all of our liturgies during the month of November. To prepare, the Book of Remembrance is in the chapel during the month of October. Students can stop in the chapel before and after school or with their theology class to add names of those who have passed that they would like remembered. Our loved ones will be kept in our prayers throughout November.
2. Blessed Sacrament will host Cardboard City on October 12 & 13. Cardboard City is an overnight experience for high school and middle school youth in which students sleep in cardboard boxes to simulate the experience of homelessness. The event is supplemented with powerful guest speakers and witness testimonies. Some hours count as service. Participants will be constructing homeless sleeping mats; assembling homeless "goodie bags"; baking cookies for the KAIROS prison ministry; serving at the church pancake breakfast; and begging for money to raise for charity. Adult help is always welcome. To sign up, please contact Mark Haas directly at markhaascatholic@gmail.com.
3. TEC (Teens Encounter Christ) is a three-day, two-night (overnight) retreat weekend designed for high school sophomores, juniors and seniors as well as freshmen in college. The weekend will take place November 9-11 (Veterans' Day Weekend so no school is missed!) at John XXIII Pastoral Center. Mark Haas, Molly Linehan, Theresa O'Leary and Fr. Leon Alexander are just some of the impressive adults who will lead the retreat. TEC applications will be available in theology classes soon.

## COMMUNITY SERVICE AND GIVING

**CLAY COUNTY CHRISTMAS PROJECT**—Plans are already underway for our annual Clay County Christmas party. Each year approximately 500 children and their families are served through this project which highlights the bond between families in Clay County and the CCHS/ SHGS community. Parents and businesses willing to donate goods or funds should contact the school office -- cash donations are needed to assist with extra stocking stuffers, a special something extra for the food boxes, and miscellaneous needs. The entire school is involved in the project: getting stockings, providing stocking stuffers and gifts for specific children, stuffing stockings, bagging gifts by family, loading trucks, and on and on. The party will take place in Clay County on Saturday, December 7. Two groups of seniors actually go to the party: 1) morning helpers -- truck unloaders and organizers (who leave CCHS



around 7 a.m. and then return midmorning to CCHS); 2) day-long helpers -- seniors who represent a variety of clubs and have specific tasks to perform. We'd like to take more students but the church facility in Maysel is very small. The timetable for the Clay County Christmas Project is:

- 1) **Friday, November 22 - \$2 jeans day** - to raise money for photo paper and ink -- each Clay County child gets his/her picture taken with Santa during our party!
- 2) **Tuesday, November 26 (at the latest)**- Students will receive the name and other information about their Clay County children. Students are asked to purchase a \$35 gift. Please do not exceed the \$35 limit but buy as much as you

can for \$35. Try to hit right at the mark! It is very difficult on families when children within the same family do not receive "equitable" gifts. If a CCHS student is unable to participate in this aspect of the Clay County Christmas Project, please alert Mrs. Hoyer. Parents wishing to help with gifts for additional children are encouraged to inquire in the office.

3) **Tuesday, November 26** - Stockings and stocking stuffers are due to theology teachers. We try to fill 500 stockings, so we count on each student to bring in the requested items. Each student needs to bring a 12-14 inch stocking (about \$2) along with their grade level's stocking stuffer assignment. The dollar store is a great resource for these items. We are providing this information now so you can keep an eye out for bargains!

Each 6th, 7th, and 8th grader: One 12 to 14 inch stocking to be filled, 3 small boxes of crayons (8 or 16 count), 2 thin coloring books, 5 mechanical pencils, 2 chapsticks and 1 pair of stretchy gloves-one size fits all.

Each high school student: One 12 to 14 inch stocking to be filled, 2 hairbrushes, 2 tubes of toothpaste, 2 toothbrushes individually packaged, 2 chapsticks and 1 pair of stretchy gloves-one size fits all. **EXTRA ITEMS ARE ALWAYS WELCOME!**

4) **Tuesday, December 3**- Food items are due -- Each homeroom will be preparing food boxes. Each student will be asked to provide specific food items. The majority of the food boxes are being provided by Sacred Heart Grade School children. CCHS students help fill the remainder of the boxes required by the number of families participating. Students will sign up for food items in their homerooms.

5) **Wednesday, December 4** - Wrapped gifts are due with the family number and Clay County child's name securely taped on the front.

6) **Various dates** -- Our student activity groups, service clubs, and other student groups are also participating by donating cookies, candy canes, etc. These students will receive specific information from their sponsors.

Thank you for your generosity to the children of Clay County!

**SUPPORT CCHS AS YOU SHOP**— Please keep Charleston Catholic in mind when you shop. It is easy to do!

- 1.) The **Kroger Community Rewards is a simple but beneficial program.** To enroll, go to [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com) and use the Charleston Catholic organization number **LH615**. **If you are already enrolled, you do not need to update your account.** Be sure you have your Kroger Plus card available when you register. Kroger Plus Cards are available at the Customer Service desk at any Kroger. To participate in the program, just register your **Kroger Plus Shopper's Card (as outlined above)**, use the card when you checkout, and Charleston Catholic will receive a check from Kroger on a quarterly basis.
- 2.) When you shop at Amazon.com, the AmazonSmile program will donate 0.5% of your purchases to CCHS when you log in to your Amazon account using the address <http://smile.amazon.com/ch/55-0630688> (or by clicking on the link on the School Home section of RenWeb) to enroll in the program.

**HOPE 2019 RECAP** – During the week of June 23-28, 2019, Charleston Catholic students, teachers, parents and alumni, helped make the homes of **four** Wayne and Mingo County low-income families **warmer, safer and drier**. Participating from Charleston Catholic were 12 junior and senior class members and 13 adults. For the first time our group from Charleston Catholic partnered with Bill and Addie Likens who coordinate the Cabwaylingo Appalachian Mission in Dunlow, WV, an outreach center sponsored by the Presbyterian Church. For the past 16 years the Likens have offered a variety of community services through the Dunlow Community Center. Services include a food bank that serves 300-400 families a month; an after-school program for area children; and a home repair and new home construction program for low income families.

Cabwaylingo Appalachian Mission hosted 5 weeks of volunteers for the home repair/construction program over the summer. The Likens made it possible to offer our HOPE project as one of these five weeks. They were gracious hosts who, together with volunteers from the local community, provided delicious meals and met the other needs of our group.

Cabwaylingo Appalachian Mission provided us the structure to make significant repairs at the homes of three families and to assist in the **construction of a new home for a family with two young children**. Along with mass Wednesday evening at St. Jude in Louisa, Kentucky and our evening programs offering an opportunity for reflection and prayer, Bill Likens shared his own story of growing up in a very low income family in southern Wayne County.

**Significant work done by two of our work teams aided the completion of the construction of a new home for a mom and her two young daughters:**

- The house was framed and under roof by other volunteers over the two weeks prior to our arrival. One of our teams plumbed the house from the ground up, both water lines and sewer drains.

- Our other work team installed drywall on all ceilings and walls and completed the taping of the joints and one coat of drywall compound.
- The family is now living in the house. A dedication and blessing of the house will be in October 2019.

**Substantial repairs were made at 3 houses including:**

- New metal roofing installed on a double wide trailer for a couple with a teenage daughter.
- Replacement of all windows at the house of senior citizen couple who care for their grandchildren.
  - Complete renovation of a storage building on a family's property to use as a dwelling for a young woman returning home from a drug rehabilitation program – installation of windows, siding, insulation in order to make it a suitable dwelling.
  - A chimney repair was made to house of an elderly couple.



**All repairs and new construction were completed at no cost to the families.** All labor was donated. Funds for the building materials were provided by donations from members of the Charleston Catholic community and direct fundraisers by student participants. We made a **\$20,000** donation for the cost of building materials to Cabwaylingo Appalachian Mission. We have committed ourselves to raising **\$25,000 by next summer to construct a new house for a family** served by the Cabwaylingo Appalachian Mission, which our HOPE volunteers will help build in June 2020. **Nick Casey**, CCHS class of 1971, Advisory Board member and long-time HOPE work team leader, shared this reflection on HOPE 2019:

“The opportunity to collaborate with our hosts, Bill and Addie Likens and their array of volunteers was a real addition to the overall HOPE experience for me. The dogged and joyous way they worked for their community and with us was refreshing to see. Other good people doing hard things in tough circumstances, but getting results, inspired by Christian principles, inspires me to keep trying to make a difference. Saving the world one nail at a time might get us there someday.”

## ATHLETIC UPDATES

**SPORTSMANSHIP AT CCHS** – With almost 100% of CCHS students involved in extracurricular activities, athletics play a role in the lives of many of our families. Students learn valuable lessons about teamwork, competition, hard work, and sportsmanship through their participation. Because of the consistent success of our program, there is often increased attention on our athletes, coaches, and families. When representing CCHS, we must consistently uphold the Charleston Catholic High School values of scholarship, integrity, respect, and community. It is easy to get carried away in the emotion of the moment; however, our athletes, coaches, parents, and fans should remain positive and focus on supporting our student athletes and our coaches. Charleston Catholic is committed to ensuring that sportsmanship is always a part of our athletic programs. We will require participation in the National Federation of State High School Association's sportsmanship course in the event that a student athlete, student, parent, or fan is ejected from a contest by an official of the sport. The course must be completed for further participation or admittance to athletic contests. In addition, the person ejected from a game must sit out 10% or more of the total number of regular season games (e.g., 2 soccer/basketball, 3 baseball/softball, etc.) following the ejection. For more information about the NFHS course, which gives a better understanding of sportsmanship and how it impacts the educational process, go to [www.nfhslearn.com](http://www.nfhslearn.com).

**FALL SPORTS UPDATE**-- The fall sports teams are mid-season and are enjoying success!

- The **high school golf team** has been posting very low scores this season. They will be competing in Regionals in Lewisburg on Monday, September 30. The State Tournament will be October 8 and 9 in Wheeling.
- The **cross country teams** have been running very well at both the middle and high school levels. The high school girls are ranked #10 in the state and have placed first in two meets and second in two meets so far this season. The middle school girls have placed first twice already and are running extremely well. The high school boys have placed in the top three four times this season. The middle school boys' team is very young but

improving as the season progresses. The Middle School County Championship Meet will be October 16 at Coonskin. High school regionals will be October 24 at West Side High School.

- The **high school girls' soccer team** is 11-0 so far this season and has not been scored on in 9 consecutive games despite facing a tough schedule! The **high school boys' soccer team** is currently 9-0 and is proving that their new offensive attack is working early on. Both teams are playing at an exceptional level so far this season. Soccer sectionals will be October 21-26. In the Kanawha County Conference, the **middle school girls' soccer team** is 5-0 at this point and has yet to be scored on this season. The **middle school boys' soccer team** is currently 3<sup>rd</sup> in Kanawha County standings with a record of 5-1-1. The County Championship Tournament will be October 28- October 30.
- Both the **middle and high school volleyball** programs have welcomed new coaches this year with Mary Beth Smith leading the high school team and Amy Monday coaching the middle school head players. The **high school volleyball** team is facing one of the toughest schedules in Single A, so the Irish look to be ready when Sectionals start. The **middle school volleyball** team is 5-0 and currently tied for first place in Kanawha County!

Best wishes to the fall athletes as they approach the end of the season tournament play! Go Irish!



**SPORTS-RELATED CONCUSSIONS AND MOVEMENT ASSESSMENTS** –This year the Charleston Catholic Athletic Department is partnering with Generations Physical Therapy to provide athletic training coverage for all high school soccer, basketball, baseball, and softball home games this season. Additionally, Generations will provide concussion testing for our student athletes. Student athletes will take a concussion baseline test every two years. Generations will also administer a physical assessment to collect baseline data on movements while healthy to be used for return to play decisions in the case of any leg injuries. Tests will be administered before each athletic season. Information gained from the assessment can be used by the doctor to help determine severity of the injury.

## HANDBOOK REMINDERS

**UNIFORM UPDATE** – Uniform shorts will be permitted until October 15. As the weather gets cooler, remember that team apparel (including sweatshirts and jackets) is not an approved part of the uniform and should not be worn in the building during school hours. Uniform jackets are available through the PVA.

**REMINDER: CONSEQUENCES OF TARDIES** -- Any student tardy for the day (i.e., arriving after 8 a.m.) is expected to serve lunch detention on the day the tardy occurs. Students failing to report to detention will receive additional consequences. The only exception granted to this consequence of lunch detention applies to students who, upon arrival at school, submit a written doctor's excuse/appointment slip for the morning, thus verifying the reason for their tardiness. **Parent notes and phone calls, while appreciated, will not excuse the tardy.**

## CONGRATULATIONS

- to junior Jenna De'Temple for participating in the second WVSSAC Girls' High School Golf Championship at Mingo Bottom Golf Course earlier in the month. Jenna finished 16<sup>th</sup> out of 69 competitors.



## MANY THANKS

- to the dedicated cadre of PVA volunteers for their ongoing commitment to CCHS! Their willingness to jump into any task, from working tables at registration to providing a terrific first day of school lunch for teachers, to serving lunch every day to working the gate and concession stand at sporting events, helps make Charleston Catholic the special community that it is.
- to sixth grade parents who provided the fantastic treats for parents and teachers at the Back to School Night reception.
- to the parent drivers who transported seniors home from their retreat at the beginning of the school and freshmen to and from Ninth Grade Outdoor Day earlier this month.
- to our fall coaches for starting off the year with enthusiasm and dedication and for challenging our student athletes to be the best they can be, both in skill and in effort and attitude.
- to Dr. Surendra Verma for his recent presentation on the Hindu Tradition with the seniors in their Religions of the World course.
- to members of the India Center in South Charleston for hosting a number of our seniors at a recent Puja.

## CALENDAR

**FAMILY TRIPS, APPOINTMENTS, ETC.** -- Please avoid taking students out of school for vacations, family trips, appointments, etc. If students miss school for any reason (including illness), it is their responsibility to find out what they missed. The policies for making up work are included in the Parent-Student Handbook. If your child is ill or will miss school for any reason, please notify the school office by 8:30 a.m. In addition, at the end of the semester students will have to stay after school to make up any time missed during excessive absences/tardies.

Please use this calendar in your planning. Please remember that exams must be taken on scheduled exam days, and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester.

Please note that, as is the case each school day, teachers administer tests/quizzes, have assignments due, and teach lessons on the days immediately preceding and following school holidays. Students who take extended holidays run the risk of affecting their grades.

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|--|--|
| Saturday, September 28                 | Homecoming   |
| Monday, September 30                   | senior picture day for the yearbook  |
| Tuesday, October 1                     | picture day; dress guidelines posted on CCHS website   |
| Thursday, October 3                    | FAFSA Completion Workshop, 6-8 p.m.  |
| Friday, October 4                      | 7th and 8th grade dance, Commons, 7:30 -10:00 p.m.   |
| Wednesday- Friday, October 9-11        | Camp Magis for 7th grade   |
| Monday, October 14                     | NO SCHOOL for students, professional development for teachers                                |
| Wednesday, October 16                  | PSAT for 8 <sup>th</sup> , 9 <sup>th</sup> , 10 <sup>th</sup> , and 11 <sup>th</sup> graders |
| Wednesday, October 23                  | HS science seminar, 7:00 p.m.  |
| Friday, October 25                     | end of first quarter   |
| Friday-Saturday, October 25-26         | fall play, Commons, 7:30 p.m.  |
| Thursday, November 7                   | parent-teacher conferences, NO SCHOOL for students   |
| Monday, November 11                    | Veterans' Day holiday- NO SCHOOL   |
| Thursday, November 14                  | 6th grade retreat  |
| Wednesday/Friday, November 27-29       | Thanksgiving holiday   |
| Saturday, December 7                   | Clay County Christmas party  |
| Wed/ Thurs/ Friday, December 18-20     | exams  |
| Saturday, December 21                  | beginning of Christmas vacation  |
| Monday, January 6                      | classes resume   |
| Friday, January 17                     | end of the first semester  |
| Monday, January 20                     | Martin Luther King, Jr. holiday- NO SCHOOL   |
| Monday, January 27- Friday, January 31 | Catholic Schools Week  |

|  |  |
|--|--|
| Friday/Saturday, January 31-February 1 | Winter Play  |
| Monday, February 17                    | Presidents' Day holiday- NO SCHOOL                   |
| Thursday, February 27                  | 8th grade Golden Horseshoe Test                      |
| Friday, March 20                       | end of 3rd quarter                                   |
| Monday, April 6                        | beginning of Easter Vacation                         |
| Tuesday, April 14                      | classes resume                                       |
| Friday, May 1                          | freshman retreat                                     |
| Friday/Saturday, May 1-2               | Spring Play  |
| Monday-Friday, May 4-15                | AP Testing   |
| Saturday, May 16                       | prom   |
| Thursday, May 21                       | Baccalaureate, in evening                            |
| Friday, May 22                         | Graduation and Project Graduation, in evening        |
| Monday, May 25                         | Memorial Day holiday                                 |
| Mon/ Tues/ Wed, June 1-3               | exams for 6 <sup>th</sup> - 11 <sup>th</sup> graders |
| Wednesday, June 3                      | Moving Up Ceremony for 8th graders                   |

## LUNCH

**LUNCH PROGRAM** –We continually make adjustments to our school lunch program, hoping to encourage students to follow the healthful eating practices established in their homes. If you have suggestions, please share them with us! The school lunch program offers a variety of foods -- salads, sandwiches, microwavable items, fruit, cereal, etc. -- on a daily basis in addition to a rotating menu. We do not sell sodas – our drink selection includes milk, water, flavored water, and juice. Middle school students have a snack time during the course of the day at which time they may eat snacks brought from home or purchased in the Commons. **Students are not permitted to have food deliveries (e.g., pizza, fast food) made to the school.** The average cost of a sandwich, drink, and chips is \$4. Prices will be adjusted throughout the school year to reflect the changes in market prices. If you have questions about the food program, please contact Mr. Villers.

## OCTOBER MENU

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| 30 - Biscuits and gravy, sausage, French toast         | 1 - Hot ham and cheese on pretzel bread, smiley fries<br><br>Christie Staun<br>Courtney Lohri<br>Amy Monday | 2- Stuffed shells and garlic bread<br><br>Wendy Johnson<br>Jodie Breitreutz<br>Joanne Kirby | 3- meatball subs, tater tots<br><br>Barb Haynes<br>Susan Jarvis<br>Yolanda Tam         | 4- Spicy chicken, cheesy potatoes<br><br>Tina Caldwell<br>Kerri Linton<br>Susan Veazey                         |
| 7- Pizza<br><br>Kip Wilcox<br>Alex Macia<br>Kim Javins | 8- Chicken noodle soup, chicken Caesar salad<br><br>Sara Frame<br>Jessica Griffith<br>Chris Hayslip         | 9- Bacon cheeseburger, French fries<br><br>Jennifer Haynes<br>Pat McCutcheon<br>George Metz | 10 - Baked spaghetti, breadsticks<br><br>Rick Lough<br>Kim Lough<br>Stephanie Sullivan | 11 - Hot turkey and cheese on ciabatta, fresh fruit plate<br><br>Tracy Zachwieja<br>Sheila Moran<br>Kim Javins |

|   |   |  |   |   |
|---|---|--|---|---|
| 14- No School   | 15- Chili, cornbread<br><br>Paula Durst<br>Karrah Pauley<br>Julie Carew                     | 16- Cold Italian sub,<br>mozzarella sticks<br><br>David Mitchell<br>Sandra Mitchell<br>Gail Carter | 17- Chicken and veggie<br>stir fry, wild rice, corn<br><br>Fletcher Arnold<br>Heather Harrison<br>Emilie Love                           | 18- Corn dogs, mac<br>and cheese<br><br>Shawna Meeks<br>Kerri Linton<br>Betsy Cimino    |
| 21- Pizza<br><br>Wendy Young<br>Cindy Keith<br>Jodie Breitreutz                       | 22- Beef tacos, nachos<br>and cheese<br><br>Alison Corbin<br>Jaime Bowman<br>Chris Williams | 23- Baked potatoes,<br>fruit plate<br><br>Jennifer Wright<br>Jeff Wright<br>Emilie Love            | 24- Chicken alfredo,<br>green beans<br><br>Larra Winter<br>Stephanie Sullivan<br>Ben Sullivan   | 25- BBQ, slaw, French<br>fries<br><br>Tara Hayslip<br>Cary Charbonniez<br>Ron Rushworth |
| 28- Calzones, Bosco<br>sticks<br><br>Cassidi Wriston<br>Nat Namsupak<br>Chris Hayslip | 29- Chicken nuggets,<br>buttered noodles<br><br>Amy Hill<br>Amy Monday<br>Tracy Wilkerson   | 30- Hamburgers,<br>French fries<br><br>Brandy Messer<br>Annette Reynolds<br>Pam Delgra             | 31- Batty mashed<br>potatoes with slime,<br>spider legs, ghostly<br>rolls, sting things<br><br>Greg Bolles<br>Cindy Keith<br>Trish Lusk |   |

**Volunteers 1 and 2: 10:30- 1:00**  
**Volunteer 3: 11:15- 1:00**

**Mass Day-**

**Volunteers 1 and 2: 11:00- 1:15**  
**Volunteer 3: 11:45- 1:15**