



October 28, 2022

# INSIDE CHARLESTON CATHOLIC HIGH SCHOOL

Teaching character, compassion, and confidence to the youth of West Virginia for over 90 years

Dear parents,

As the fall athletic postseason heats up, it's important to remember why we encourage our young people to participate in extracurricular activities and athletics specifically. Research has shown that adolescents who participate in extracurricular activities have greater academic success, increased time management and leadership skills, higher levels of community involvement, and more positive social development. In other words, extracurricular activities help our young people become well-rounded individuals.

Participation in group activities teaches students the importance of working together, supporting one another, and cooperation. Young people learn the advantages of compromise and problem solving. They experience the joy of winning after pouring their hearts into a challenge, and they learn how to pick themselves up after a devastating loss. They learn that sometimes you lose the games you are expected to win, and sometimes the calls don't go your way.

As the adults in their lives, we have the important role of letting our young people experience the highs and lows and supporting them as they navigate the resulting emotions. We have a responsibility to be their example of winning with grace and losing with dignity. We need to demonstrate sportsmanship and not imitate negative behavior of others. We have to help them understand that things don't always go our way and don't always seem fair. We also have to model how to celebrate our victories in ways that are positive and uplifting to all. By being their examples of how to face life's triumphs and disappointments, we can help them grow up and be ready for the joys and setbacks they may face down the road. We are helping them prepare for the roller coaster of life.

May we share our Irish pride as we cheer on our young people in their extracurricular endeavors this year.

Warmly,  
Colleen Hoyer

**CONDOLENCES** -- We express our sympathy to our students and their families who have lost loved ones recently. May the souls of the departed rest in peace: Joseph Ward's paternal uncle; and Andrew and Annaleigh O'Neal's father. Please keep these families in your thoughts and prayers.

## TABLE OF CONTENTS

Academic Updates.....1-3	Community Service and Giving.... .....7-8
Upcoming Events.....3-4	Athletic Updates.....8-9
From the School Office .....4-5	Handbook Reminders.....9-10
Notes from the Academic Advisor.....5	Many Thanks.....10
Notes from the PVA.....6	Congratulations.....11
Campus Ministry.....6-7	Calendar.....11

## ACADEMIC UPDATES

**FIRST QUARTER REPORT CARDS ARE ON THE WAY** – First quarter report cards were mailed today. Please take some time to review all aspects of the report card with your child(ren). Look over and discuss quarter grades, conduct grades, and teacher comments. Consider whether any relationship exists between behavior and achievement. Ask your child(ren) to consider what they found challenging and where they were successful. Quarter grade point averages are included at the bottom of the quarter one column. The cumulative GPA is based solely on semester grades.

The cumulative GPA reported on the current report card is a student's grade point average as of June 2022. Remember, students must have an **unweighted 2.0 semester GPA (not cumulative)** in order to be eligible to participate in athletics. Freshmen and middle school students do not have cumulative GPAs at this time. Earlier this week, teachers provided students with printouts that include details of first quarter grades which should offer additional information about their grades.

**PLAN FOR SECOND QUARTER ACHIEVEMENT**— The beginning of a new quarter provides you and your child(ren) with an opportune time to celebrate achievements and identify areas for growth. It is important to recognize the effort that students put in and to commend them for their hard work. However, it is also time to evaluate what didn't go as well as hoped. The information in the detailed gradesheets sent via RenWeb email and provided to students by their teachers this week is valuable. Do you see zeros or points recorded for one-half of the total possible? Zeros often indicate that an assignment/homework/paper/etc. was not turned in at all or was turned in more than one day late. Look at test grades and determine if study habits are working. Students should consider how hard they worked and what results they saw. Are they paying attention in class? Are they doing the reading assignments? Are they completing written assignments? Allow students to identify what is working for them and what is not. Help them come up with new strategies for areas of difficulty. Using this reflection, they will be able to set realistic goals for the grades they would like to earn in each class in the second quarter.

**STUDY SKILLS THAT MAY SUPPORT ACADEMIC SUCCESS** – As we move into the second quarter, it may be helpful to think about some things that students can do to be more successful in their academics. Please review this list and work with your children to make sure they're doing all they can (and should!) be doing.

- 1) Student should read the sections of the chapter BEFORE it is taught in class. By doing so, they develop mental hooks to hang information on during class presentations. Students sometimes consider reading assignments unnecessary- this couldn't be further from the truth!
- 2) Students should turn in ALL assignments. Often they haven't written them down in their assignment books so they completely forget they have them and fail to turn them in.
- 3) Students should take good notes in class. In many cases, they write down the outline a teacher has posted on the board, but they don't add the extra details that were discussed or presented in class. Sometimes they believe that they can absorb the information just by sitting in class and listening. **Research shows that students are more likely to remember information when they take notes in their own handwriting.** Their notes should be meaningful to them and often need to be much more detailed than the teacher's general outline.
- 4) Students should review their notes before tests and quizzes. Similarly, they should use corrected past quizzes and tests as resources to review so that missed material is learned. They should also review completed worksheets and other class activities.
- 5) Studying is an active process. Staring at a textbook or notebook will not help students learn information. Try highlighting, making flash cards, creating graphic organizers, working problems, or writing and taking practice tests with the information.
- 6) Students **must** ask their teachers for help. If your child doesn't ask questions in class, then teachers will not know if or why the child is confused.

**STUDENT BEHAVIOR** – Expectations for students—academically and behaviorally—are appropriately high. Teachers have established clear guidelines for students' in class and school behavior. Students who receive Ns or Us in conduct on their report cards are not meeting school behavioral expectations. Administrators may add behavioral consequences and follow up with students when such incidents occur in order to set expectations for behavior improvements.

**FIRST SEMESTER EXAM SCHEDULE** – Though it is hard to believe, exams will be here before we know it. We will administer exams before Christmas, but the semester does not close until January 13. From January 3 (when classes resume) through January 13, teachers will be covering new material which will be calculated into the second quarter and first semester grade. All classes have exams and exams must be taken at the scheduled times. Students should prepare for exams by reviewing past tests and quizzes, using study guides, rereading notes and homework/class assignments, reworking math problems, and so on (see some of the study tips listed above!).

6 <sup>th</sup> grade:	Wednesday, 12/14 Thursday, 12/15 Friday, 12/16	exams for periods 1 and 2; 11:15 dismissal exams for periods 3 and 5; 11:15 dismissal exams for periods 7 and 8; 11:15 dismissal
7 <sup>th</sup> /8 <sup>th</sup> grades*:	Tuesday, 12/13  Wednesday, 12/14 Thursday, 12/15 Friday, 12/16	exam for period 4 (8:00 – 9:30 a.m.); 2:45 dismissal exams for periods 3 and 5; 11:00 dismissal exams for periods 7 and 8; 11:00 dismissal exams for periods 1 and 2; 11:00 dismissal

\*Please note that 7<sup>th</sup> and 8<sup>th</sup> grade students will NOT take an exam in their foreign language or exploratory class. During that scheduled exam time, they will use the period to prepare for other exams.

High school:	Tuesday, 12/13  Wednesday, 12/14 Thursday, 12/15 Friday, 12/16	exam for period 4 (8 – 9:30 a.m.); 2:45 dismissal exams for periods 3 and 6; 11:15 dismissal exams for periods 7 and 8; 11:15 dismissal exams for periods 1 and 2; 11:15 dismissal
--------------	--	---

**MAP TESTING-** Family Reports with student achievement information from the September MAP tests for sixth through tenth graders are included in the report card mailing. The Family Report provides details on each student’s national percentile and RIT score. They also include details on the student’s growth from fall 2019 to fall 2022 if they took MAP last year at any school (not just at CCHS). Students will test again at the end of January and again at the end of April. If you have questions about your child’s MAP scores, please contact Meredith Aubel at [Meredith.aubel@charlestoncatholic.org](mailto:Meredith.aubel@charlestoncatholic.org) or 304-342-8415.

**2022 SAT SCHOOL DAY-** Senior families will find a printed score report from last spring’s SAT School Day are enclosed in the report card mailing. Scores have been accessible online for several months, but we recently received the printed reports.

**SCIENCE NATIONAL HONOR SOCIETY--** CCHS will be restarting their chapter of the Science National Honor society in early November. The Honor society will be providing social media updates for the science department, tutoring, and guest speakers throughout the school year. For news and updates you can follow the science department on Instagram ([cchs.science](https://www.instagram.com/cchs.science)). Science tutoring will be offered on Tuesdays from 3 pm to 4 pm starting in mid-November. Students who want more information about SNHS should contact Ms. Arnold for more information.



**UPCOMING EVENTS**

**PARENT-TEACHER CONFERENCES** -- Parent conferences for all grades are scheduled on Thursday, November 3, for all students and on Tuesday, November 8, from 1-5 pm for seventh and eighth grade students. **There will be NO SCHOOL for students on November 3. Seventh and eighth graders will be dismissed at 11:30 am on November 8. Assignments for their afternoon classes will be posted in Google Classroom.**

Parents will meet with teachers for 10 minutes. Conferences between 8 and 12 pm will be virtual using Meet the Teacher. Specific details for running a video conference are attached to this email. Meet the Teacher times the conferences and automatically ends each conference at the 10 minute mark. Conferences between 1 and 5 pm and 6 and 9 pm will be in person in each teacher’s classroom. Seventh and eighth grade conferences on November 8 will be virtual from 1-2:40 and in person from 3-5 pm in the teachers’ classrooms.

Teachers will begin conferences by asking you what you would like to know about your child. You will have just received the first quarter report card so your questions might focus on comments made on the report card, or on academic achievement, organizational skills (e.g., is child prepared for class, submitting work on time, etc.), or social aspects (e.g., getting along socially, asking content-specific questions, etc.).

**SAT PREP CLASS**—This fall we will be offering a one-day SAT prep session for high school students with Greg Owens of Stars Prep based in Toledo, Ohio. This opportunity for high school students, facilitated by the Diocesan Department of Catholic Schools, will be at Charleston Catholic on Wednesday, November 9, from 5-8 pm. Students from Huntington St. Joe’s will also be invited to participate. The cost of attendance is \$100. A sign up will be sent in the next week. You can learn more about the organization at [starsprep.net](http://starsprep.net). We will continue to offer the CCHS SAT prep course for juniors this winter, leading up to the SAT School Day.

**FLU SHOT CLINIC-** The Kanawha Charleston Health Department will visit school on Thursday, November 10, to offer a flu shot clinic for interested students and staff. The required paperwork was sent home this week and is attached to this email. Parents will need to complete the form in its entirety. We will **not** be able to call parents on the day of the clinic for verbal permission. Additionally, please complete the insurance information on the back of the form. If you fill the form out online, it needs to be printed and signed. Typed signatures will be not be accepted for parental consent.

**FREE MATH TUTORING--** As a service to Charleston Catholic students, our school's chapter of Mu Alpha Theta provides free math tutoring. This year, the tutoring service will take place in the Commons on Tuesdays from 3:00 - 4:00 p.m. Just drop in, no appointments necessary! If you have any questions, email Mrs. Walter at [jean.walter@charlestoncatholic-crw.org](mailto:jean.walter@charlestoncatholic-crw.org), Mrs. Griffith at [sarah.griffith@charlestoncatholic-crw.org](mailto:sarah.griffith@charlestoncatholic-crw.org), or Ms. Elliott at [sarah.elliott@charlestoncatholic-crw.org](mailto:sarah.elliott@charlestoncatholic-crw.org).

## FROM THE SCHOOL OFFICE

**IF YOUR LAST NAME IS DIFFERENT FROM YOUR CHILD’S NAME** – please put the child’s full name on all checks issued to CCHS and to any correspondence sent to the school.

**GLOVES? GLOBE?**—Our high school science classes would welcome the donation of disposable gloves to be used during lab work. Additionally, Mrs. Arnold could use some student globes in her classroom. Please contact Mrs. Arnold to coordinate a donation or drop off any gloves in the office.

**SCHOOL SPIRIT SHOP**— Cold weather--and outdoor state tournaments!-- are coming. We have a variety of gear available in the school spirit shop. Check out the hats and scarves (pictured below!) and sport your CCHS gear while staying warm. If you are interested in ordering any spirit wear, please submit the order form and payment to the school or call the office at 304-342-8415. Go Irish!



**VIRTUS**– Be sure you're able to help! All parents or other adults who volunteer, coach, drive students, chaperone, etc., are required by the Diocese to complete the diocesan sexual abuse awareness training before being allowed to work with our students. Training is available online or at sessions periodically scheduled. To begin, visit the VirtusOnline.org and choose the online option. Allow 1- 1½ hours to complete the program.

There will be a new process for the remaining two components of compliance. They will be completed using digital forms through the Virtus system (virtus.org). A background check and sign off on the Form Policy Relating to Sexual Abuse of Children MUST be completed online before you are able to volunteer. You must add Charleston Catholic as a location where you will be volunteering. If you have forgotten your password, or your user name, you can also call the Virtus help desk at 1-888-847-8870.

**Additionally, adults who volunteer, coach, or chaperone, may be asked to update background and policy forms. Background checks must be updated every three years. Policy questionnaires should be updated if they were signed before 2014. Current Diocese guidelines do not require volunteers to update the training portion of VIRTUS. Please contact Mr. Villers with any questions about how to update your forms.**



**WANT YOUR PHOTOS IN THE YEARBOOK?** - Students, parents, and teachers can contribute content to the yearbook staff by uploading photos directly to our app for potential use in the book. You can share photos of sporting events and practices, school & community events, or other school events. Start sharing today! **Share images directly from your phone by downloading the FREE Yearbook Snap app from the App Store or Google Play Store and using school code: goirish**

Be sure to share photos as soon as possible so that our staff can integrate them prior to their quarterly deadlines!

## NOTES FROM THE ACADEMIC ADVISOR

- 1.) **SAT and ACT** testing and registration information is available online at --[www.collegeboard.org](http://www.collegeboard.org) and [www.act.org](http://www.act.org) (CCHS code: 490-205). All juniors should take each test at least once this year.
- 2.) **College Visits**- Mrs. McLaughlin handles college visit requests. Students should pick up the forms from her or the office and return the completed forms to her at least 2 days before the trip. Seniors are allowed 2 college visit days; juniors are allowed 2 college visit days. All college visits must be made before May 1.
- 3.) **FINE ARTS/HUMANITIES REQUIREMENTS** – All students should submit their fine art/humanities critiques using the Google Form posted to their English teachers' Google Classrooms. Paper forms will no longer be accepted. If you have any questions, please contact your child's English teacher.
- 4.) **The PROMISE Scholarship Application** ([www.cfww.com/promise](http://www.cfww.com/promise)) and **2023-2024 FAFSA** ([www.fafsa.gov](http://www.fafsa.gov)) are now available; both are due by March 1, 2023. Seniors must apply by the March 1 deadline, even if they do not currently meet the test score or GPA requirements. The PROMISE application and tutorial link are available at [cfww.com/promise](http://cfww.com/promise). Students can contact the WVHEPC office with questions at 304-558-4618 or [PROMISE@wvhepc.edu](mailto:PROMISE@wvhepc.edu).
- 5.) There will be a **FAFSA workshop** led by the WV Higher Education Policy Commission for all senior families on November 10th from 6-8 pm. Contact Mrs. Aubel with any questions.



## NOTES FROM THE PARENT VOLUNTEER ASSOCIATION (PVA)

**All volunteers must be 100% VIRTUS compliant.**

- 1.) **PVA Polos and Fleece** - Our next order period for white polos and uniform jackets will open NEXT WEEK-- October 31, 2022, and closes on November 11, 2022. Order forms for CCHS logo jackets (including the new green quarter zip fleece jacket, the heavier weight grey jacket, and also a lighter weight black jacket, both in full zip and quarter zip), white uniform polo shirts, and green athletic/academic competition polo shirts are available on the CCHS website. For questions, please contact Carrie Groom (304-546-4927) for jackets, Kristina Whiteaker (304-610-5544) for green polos, and Sara Frame (304-389-1241) for white polos. **OFFICIAL UNIFORM POLOS MUST BE PURCHASED THROUGH PVA.** Please note that students who are members of athletic teams and academic competition teams are permitted to wear an official CCHS kelly green polo shirt with khaki pants to school on designated dates – normally home games and post-season games designated by the principal.
- 2.) Many thanks to those of you who have volunteered to help serve lunch. It's not too late to get on the second semester schedule. Please take notice of the weekly reminder emails as the lunch times may vary based upon mass schedules and alternate bell schedules. If there is a change in schedule, it will be noted in the reminder email. All cafeteria volunteers should be COVID vaccinated and have a food handler card (see below).
 

\*\*The Kanawha-Charleston Health Department requires all cafeteria volunteers to have a food handler card. Cards must be renewed every two years. In order to be in compliance with this requirement, all CCHS cafeteria volunteers must complete a 75 minute online training course and 30 question assessment with a score of 70%. The PVA will pay the registration cost and will provide volunteers with an access code to participate in the course. Please contact Tina Caldwell at (304) 546-3081 or [tina.caldwell1987@gmail.com](mailto:tina.caldwell1987@gmail.com) for an access code. **Upon completion please submit a copy to the office which will be kept on file at the school and Athletic Facility.** \*\*
- 3.) **Parent involvement** is necessary for the successful operation of the CCHS athletic program. Helping drive students to games and practices, working gates, working concession stands, being supportive of the players and coaches, and attending games are just a few ways that parents help. EVERY parent of an athlete is needed to support the teams!
- 4.) **Athletic family passes** are available through the PVA. These passes are good for immediate family members only (not cousins, in-laws, ex-in-laws, grandparents, fiancées, etc.) to attend CCHS home games. **The passes do not cover away games, tournaments played at home, homecoming games, or any SSAC tournaments.** Cost is \$175 for all home middle school games only, \$200 for all home high school games only, and \$250 for all home games (both levels). A \$100 student or senior citizen pass for all home games is also available. Passes may be purchased during registration days at the PVA table. An order form for sports passes is also in the PVA Parent Registration Packet so you may order them later in the semester. Please contact Kerri Linton 304-228-4138 or [klinton@pc solutions.com](mailto:klinton@pc solutions.com) if you have questions about these passes.
- 5.) **PVA packets** including volunteer forms and all ordering forms for logo jackets, white polos, and green polos are available on the school website ([www.charlestoncatholic-crw.org](http://www.charlestoncatholic-crw.org)). Forms should be submitted electronically or to the school.

**CATHOLIC SCHOOLS WEEK**—Please note the information attached to the email regarding the Catholic Schools Week service project sponsored by PVA. Additional information will be sent in November and December, but you can start your planning now. We look forward continuing the tradition of service to our neighbors.



- 1.) The CCHS Annual Woodcutting day to Big Laurel in Mingo County will be Friday, Nov. 11<sup>th</sup> (Veteran's Day) this year! This is a day of outdoor work of splitting wood and delivering wood to elderly residents in Mingo County who use it to heat their houses. Regardless of weather, volunteers enjoy the opportunity to be outside, to

work hard, and to see tangible tasks that serve those in need. This special needs service opportunity is open to juniors and seniors. See Mrs. Linehan Belcher for more details.

- 2.) We are thrilled to bring retreats back to our theology program this year. The sixth grade retreat will be on Monday, November 7, at Blessed Sacrament Parish. On that day, sixth graders will need to be dropped off at Blessed Sacrament at 8:30 am and picked up at 2:15. The seventh grade retreat will be on Friday, November 18, at Blessed Sacrament Parish. On that day, seventh graders will need to be dropped off at Blessed Sacrament at 8:30 am and picked up at 2:15. More information and permission forms will be shared the week before the retreat.
- 3.) Our neighbor, First Presbyterian Church has held Hope Village for over a decade, and Charleston Catholic has been a long term supporter of this effort. This is not a fund-raising venture for the church; rather Hope Village seeks out vendors who are lifting their artisans out of poverty, marginalization, and sex trafficking. Hope Village obtains beautiful, hand-crafted items on consignment, sells them and returns the proceeds to the vendors. The vendors pay a living wage to the artisans and support programs to educate and train others to engage in work that empowers them. We encourage this intentional Christmas shopping in First Presby's Recreation Room of the activities building (the building on the Boulevard). They will be open November 17th, 18th, and 19th from 10 am-3 pm; November 20th from 12 pm-3 pm; Saturday November 26th from 10 am-3 pm; Sunday November 27th from 12 pm-3 pm; December 1st, 2nd, 3rd from 10 am-3 pm, and; December 4th from 12 pm-3 pm. You can also find them at the ARTWALK November 25th in the Black Sheep Party Room from 12 pm – 8 pm.
- 4.) Sacred Heart is starting Confirmation classes for all interested students from ninth grade and above. Registration forms are available on the parish website or by contacting Linda Bobinger (304-610-2559) or Angie Hodges in the rectory (304-342-8175).

## COMMUNITY SERVICE AND GIVING

**CLAY COUNTY CHRISTMAS PROJECT**— Plans are progressing for our Clay County Christmas this year. Approximately 400 children and their families will again be served through this project which highlights the bond between families in Clay County and the CCHS/ SHGS community. Parents and businesses willing to donate goods or funds should contact the school office -- cash donations are needed to assist with extra stocking stuffers and miscellaneous needs. The entire school is involved in the project: getting stockings, providing gifts for specific children, stuffing stockings, bagging gifts by family, loading trucks, and on and on. The gift delivery will take place in Clay County on Saturday, December 3. Plans for December 3 are yet to be determined.



The timetable for the Clay County Christmas Project is:

- 1.) **Tuesday, November 22 (at the latest)**- Students will receive the name and other information about their Clay County children. Students are asked to purchase a \$45 gift. Please do not exceed the \$45 limit but buy as much as you can for \$45. Try to hit right at the mark! It is very difficult on families when children within the same family do not receive "equitable" gifts. If a CCHS student is unable to participate in this aspect of the Clay County Christmas Project, please alert Mrs. Hoyer. Parents wishing to help with gifts for additional children are encouraged to inquire in the office.
- 2.) **Tuesday, November 29** – Stockings and stocking stuffers are due to theology teachers. We try to fill 400-500 stockings, so we count on each student to bring in the requested items. Each student needs to follow the directions below for their grade level's stocking stuffer assignment. The dollar store is a great resource for these items. We are providing this information now so you can keep an eye out for bargains!

Each 6th, 7th, and 8th grader: Two 12 to 14 inch stocking to be filled, 4 small boxes of crayons (8 or 16 count), 4 thin coloring books, 5 mechanical pencils and 2 pairs of stretchy gloves-one size fits all.

Each high school student: One 12 to 14 inch stocking to be filled, 2 hairbrushes, 2 tubes of toothpaste, 2 toothbrushes individually packaged, 2 chapsticks and 1 pair of stretchy gloves-one size fits all.

EXTRA ITEMS ARE ALWAYS WELCOME!

3.) **Tuesday, November 29-** Food items are due -- Each homeroom will be preparing food boxes. Each student will be asked to provide specific food items. The majority of the food boxes are being provided by Sacred Heart Grade School children. CCHS students help fill the remainder of the boxes required by the number of families participating. Students will sign up for food items in their homerooms.

4.) **Wednesday, November 30** - Wrapped gifts are due with the family number and Clay County child's name securely taped on the front.

5.) **Friday, December 2-** Bags of wrapped gifts are collected and trucks are packed with gift bags and food boxes.

6.) **Saturday, December 3-** Items are delivered to Risen Lord Parish in Maysel. Details for the day will be decided and announced at a later date.

Any family unable to participate our Clay County Christmas project should email Colleen Hoyer at [admin@charlestoncatholic-crw.org](mailto:admin@charlestoncatholic-crw.org).

Thank you for your kindness to the children of Clay County and your participation in this most important project!

**SUPPORT CCHS AS YOU SHOP—**For those of you starting to think about holiday shopping, please keep Charleston Catholic in mind. It's easy to do! Thanks to all of you who are supporting CCHS in this way.

- 1) It is simple to use the **Kroger Community Rewards program, and it greatly benefits the school.** To enroll, go to [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com) and use the Charleston Catholic organization number **LH615**. Be sure you have your Kroger Plus card available when you register. Kroger Plus Cards are available at the Customer Service desk at any Kroger. To participate in the program, just register your **Kroger Plus Shopper's Card (as outlined above)**, use the card when you checkout, and Charleston Catholic will receive a check from Kroger on a quarterly basis.
- 2) When you shop at Amazon.com, the **AmazonSmile program** will donate 0.5% of your purchases to CCHS when you log in to your Amazon account using the address <http://smile.amazon.com/ch/55-0630688> (or by clicking on the link on the School Home section of RenWeb) to enroll in the program.

## ATHLETIC UPDATES

**FALL SPORTS UPDATE-** Fall sports are coming to the close but there is still plenty of excitement yet to come!

- The **high school cross country teams** have had a very impressive year. The Lady Irish won the Kanawha County Championship and won the Regional Championship. The boys were runner up once again in the County Championship but this year they were able to win the Regional Championship. Both teams will compete at the State Meet which will be Saturday, October 29<sup>th</sup>, at noon at Cabell Midland High School! Bella Boggs was voted Rookie of the Year and Runner of the Year in Kanawha County. Bella also finished 1<sup>st</sup> in the regional championship along with her teammate Isaac Collins who won first on the boys' side! Aurelia Kirby and Hannah Fisher finished 2<sup>nd</sup> and 3<sup>rd</sup> for the girls in the regional meet. Hunter Perry and Will Barton finished 2<sup>nd</sup> and 3<sup>rd</sup> in the regional meet! Also placing in the top ten at regionals were Lucia Okuno, Dickinson Gould, and Ewan Becher. Once again coach Hilton Ingraham was Kanawha Girls Coach of the Year! Good luck to the Irish at States!
- **The middle school boys' cross country** finished a terrific season as County Champions for the 2<sup>nd</sup> year in a row! Peter Basdekis finished as County Champion! Colton Tawney finished 4<sup>th</sup>, Luke Passmore 5<sup>th</sup> and Teddy Passmore 6<sup>th</sup> in the Kanawha County Championship Meet.
- The **middle school girls' cross country** only had 3 runners but completed well all season with some amazing finishes along the way!
- The **high school soccer teams** both finished the regular season undefeated. This week, the girls won regionals by defeating Shady Spring by a score of 9-0! They will play Oak Glen in the semifinal round of the

State Tournament on Friday, November 4, in Beckley. The boys team triumphed over Pike View 3-0 in regionals and advance to the State Tournament to face Grafton on Friday in Beckley.

- In the Kanawha County Conference, the **middle school girls' soccer team** finished the season undefeated and finished as Regular Season Champions! However, the Lady Irish lost in the semi-finals of the Kanawha County Tournament to Elkview. It was a great season. The **middle school boys' soccer team** fought hard to make the tournament once again in a very talented league this season. They also lost in the semi-finals vs John Adams. The Irish are bringing some talented 8<sup>th</sup> graders on both teams to the high school next year. Congratulations to the teams and the coaching staffs on great seasons.
- The **middle school volleyball team** made history this season!!!! The Lady Irish won the Kanawha County Championship for the 1<sup>st</sup> time in school history! They only lost one game in the regular season. The Irish ran through tournament play and didn't even lose a set. The Irish will lose one 8<sup>th</sup> grader who will bring her skills to high school next year. However, watch out for this team next year who have all the pieces to repeat. Congratulations, Coach Pleska and the Lady Irish on a historic season.
- The Lady Irish high school volleyball team will begin the sectional tournament on Monday, October 31<sup>st</sup> and will enter the tournament as a #2 seed. The Irish will host Webster County at the Athletic Facility at 6:00 p.m. They are looking to make the State Tournament once again after their appearance last season.
- The **golf team** finished their season as Regional Champions and 5<sup>th</sup> in the State! The big story this season was freshman Will Gruse who finished runner-up in the State Tournament! Congratulations to the Irish and their coaches on a great year! The Irish say goodbye to Jake Jordan who had a great career here, but he will be the only senior leaving this group. Watch out next season as the Irish and coaching staff look to build on this successful year!

**WINTER SPORTS ARE HERE**—Practices will be starting soon for winter sports. Please contact the coaches listed below if you are interested in a sport this season.

Middle School Cheerleading- Sophie DeLong – [sophiagracedelong@gmail.com](mailto:sophiagracedelong@gmail.com)

Middle School Boys' Basketball-Josh Shindle- [josh.shindle@charlestoncatholic-crw.org](mailto:josh.shindle@charlestoncatholic-crw.org)

Middle School Girls' Basketball- Dennis Thornburg- [dthornburg1340@gmail.com](mailto:dthornburg1340@gmail.com)

High School Boys' Basketball- Hunter Moles- [coach.moles@yahoo.com](mailto:coach.moles@yahoo.com)

High School Girls' Basketball- Wes Hevener - [wdhevener@gmail.com](mailto:wdhevener@gmail.com)

High School Swimming- Katie Paulson- [katie.paulsonwv@gmail.com](mailto:katie.paulsonwv@gmail.com)

Follow our athletic programs by checking out the athletic website at [charlestoncatholicirish.com](http://charlestoncatholicirish.com).



## HANDBOOK REMINDERS

**MAKING UP WORK MISSED AND CONSEQUENCES OF ABSENCES--** Absence for sufficient reason entitles the student to an opportunity to make up the work missed. **It is the student's responsibility to obtain make-up assignments from teachers.** In general, the following guidelines will apply for making up work missed due to absence. Failure to make up work will result in zeros. Any work assigned prior to the absence and due during the absence must be submitted on time to receive full credit. To ensure that a student has no outstanding assignments it is recommended that the student check in with teachers on the day the student returns.

1. **Students who are in the building for any part of the day are required to turn in all assignments due that day to all of their classes.** Exceptions may be made by administration. Otherwise, late penalties shall

apply. For example, students who arrive late or leave early must turn in all work due that day. (e.g., students leaving for appointments or school sponsored athletic events).

2. Long-range assignments (as designated by the teacher) made previously by a teacher (i.e., prior to a student's absence) are due **on the date assigned**. Otherwise, late penalties shall apply. Illness or appointments are not exceptions. Arrangements must be made to submit assignments on the day they are due.

3. Previously assigned homework is due the day the student returns. Otherwise, late penalties shall apply.

4. Students who were absent must talk to their teachers about completing work missed during their absence. Failure to complete these assignments on time will result in a zero for each un-submitted assignment. Students must submit make-up work as follows:

**One-day absence:** work is due the day after returning to school.

**Two-day absence:** work is due two days after returning to school.

**Three or more day absence:** work is due three days after returning to school.

5. Students who are absent are encouraged to check Google classroom and contact their teachers to learn what material was covered in class as well as what assignments are due. For prolonged absences (more than three days), students may request homework and other class assignments from the Assistant Principal for Student Support. Upon their return to school, students should check with their teachers about missing assignments.

6. Parents of children absent from school for extended periods of time due to major illnesses should contact the principal to discuss assignments from teachers. Parents should encourage their children to work on an appropriate amount of schoolwork so that, upon return to school, students' progress will not be jeopardized.

7. Students **suspended** from school/class are required to turn in previously made assignments on time, including those assignments due during the course of their suspension. While suspended, students are expected to make up class work/tests and will be given credit for the work submitted.

8. Students absent (for any reason including appointments, illness or other family circumstances, or being more than 10 minutes tardy to class) from a class period for five (5) or more days per semester may lose credit for that class or classes. The principal and assistant principal for operations shall examine students' attendance records at the end of each semester. In addition to completing make up work, in order for credit to be granted for each course, students must stay after school to make up time missed during excessive absences (5 or more), regardless of the reason for the absences.

## MANY THANKS

- to the PVA for their ongoing support. Teachers have been receiving Wish List items which brings such excitement! Thank you for granting our wishes!

- to our fall coaches for the many opportunities they provide our student athletes to learn about success and failure and the importance of sportsmanship and dedication. They teach lifelong lessons.

- to all who supported the junior class fundraiser. The pepperoni rolls will be distributed to juniors on November 17. Juniors will deliver the items to their customers.

-to the guest speakers who visited the senior World Religions course and helped us see the great human traditions in a lived, personal way: Ravi Jaishankar shared about his deepening journey within Hinduism. Former CCHS parent Thad Settle, art teacher and co-founder of the Meditation Circle in Charleston, shared about how the Buddha's teachings have informed his daily life and perspective; and, most recently, Bill and Diana Mehle shared about their experience and impressions of living in Japan for our unit on Confucianism, Taoism, and Shinto. Our gratitude for each of our speakers joining us over ZOOM and once again in the classroom!

- to the Head of Reference Services at the main branch of the Kanawha County Public Library, Elizabeth Fraser, who spoke with our Advanced Honors STEM students about resources for science research and writing and also gave the students a tour of the Idea Lab.

- to Brent Webster, Public Works Director for the city of Charleston, who spoke with over seventy high school students at the first science seminar of the 2022-2023 school year on the topic of recycling.

## CONGRATULATIONS

-to senior Annie Cimino who was selected by the WVSSAC as the High School Female Athlete award winner in the WVSSAC Academic Achievement Award program for the 2022-23 school year. Annie will be recognized in Wheeling during the Super Six Playoffs on December 3.



## CALENDAR

**UPDATED CALENDAR** --Please use this calendar in your planning. Please remember that exams must be taken on scheduled exam days, and students who are absent more than 5 days in a semester will have to make up those days at the end of the semester. Please note that, as is the case each school day, teachers administer tests/quizzes, have assignments due, and teach lessons on the days immediately preceding and following school holidays. Students who take extended holidays run the risk of affecting their grades.

Thursday, November 3	Parent Teacher Conferences
Tuesday, November 8	Parent Teacher Conferences for 7 <sup>th</sup> and 8 <sup>th</sup> grade only; 11:30 dismissal for 7 <sup>th</sup> and 8 <sup>th</sup> grade ONLY
Wednesday, November 9	SAT prep class for high school students, 5-8 pm
Thursday, November 10	KCHD flu shot clinic at CCHS
Friday, November 11	FAFSA workshop for senior families, 6-8 pm
Wednesday, November 23	Veterans Day-no school
Thurs/ Friday, November 24- 25	e-day for students
Saturday, December 3	Thanksgiving Break
Wed/ Thurs/ Friday, December 14- 16	Clay County Christmas Project
Monday, December 19-	exams, 11:15 dismissal
Monday, January 2	Christmas Break
Tuesday, January 3	classes resume
Friday, January 13	end of second quarter, first semester
Monday, January 16	Martin Luther King, Jr. Day-no school
Tuesday, January 17	e-day for students, professional development for teachers
Monday, January 30- Friday, February 3	Catholic Schools Week
Monday, February 20	Presidents Day-no school
Friday, March 17	end of third quarter
Friday, April 7-	Easter Break
Friday, April 14	
Monday, April 17	classes resume
Monday, May 1- Friday, May 12	AP tests
Saturday, May 20	prom
Thursday, May 25	Baccalaureate, in evening
Friday, May 26	graduation and Project Graduation
Monday, May 29	Memorial Day-no school
Wed/Thurs/Friday, May 31- June 2	exams, 11:15 dismissal
Friday, June 2	8 <sup>th</sup> grade moving up night